



The City Bridge Trust Committee

Date: THURSDAY, 25 SEPTEMBER 2014
Time: 1.00 pm
Venue: COMMITTEE ROOMS, 2ND FLOOR, WEST WING, GUILDHALL

- f) Friendship Society - Recommended Grant £51,300 (Pages 1 - 8)
- g) Training Link - Recommended Grant £34,500 (Pages 9 - 18)
- h) Sonshine Club - Recommended Grant £33,700 (Pages 19 - 28)
- i) Thames21 Ltd - Recommended Grant £108,000 (Pages 29 - 38)
- j) Trees for Cities - Recommended Grant £150,000 (Pages 39 - 48)
- k) Choices Islington - Recommended Grant £48,600 (Pages 49 - 58)
- l) Food Chain - Recommended Grant £48,100 (Pages 59 - 66)
- m) Open Door, Young People's Consultation Service - Recommended Grant £138,000 (Pages 67 - 76)
- n) Positive East - Recommended Grant £86,000 (Pages 77 - 86)
- o) Respond - Recommended Grant £144,500 (Pages 87 - 96)
- p) Victim Support - Recommended Grant £112,200 (Pages 97 - 106)
- q) Back-Up Trust - Recommended Grant £165,600 (Pages 107 - 116)
- r) Bikeworks CIC - Recommended Grant £90,000 (Pages 117 - 124)
- s) Over The Wall - Recommended Grant £102,100 (Pages 125 - 134)
- t) Resources for Autism - Recommended Grant £120,600 (Pages 135 - 142)
- u) Sutton's Hospital in Charterhouse - Recommended Grant £100,000 (Pages 143 - 154)
- v) Galop (Registered as Lesbian, Gay, Bisexual Anti-violence and Policing Group) - Recommended Grant £150,000 (Pages 155 - 164)
- w) National Society for the Prevention of Cruelty to Children - Recommended Grant £180,000 (Pages 165 - 174)
- x) Adfam - Recommended Grant £153,000 (Pages 175 - 184)

- y) Age UK Merton - Recommended Grant £158,300 (Pages 185 - 194)
- z) Ballet Rambert Ltd - Recommended Grant £124,000 (Pages 195 - 204)
- aa) Geffrye Museum Trust - Recommended Grant £120,000 (Pages 205 - 214)
- bb) Green Candle Dance Company - Recommended Grant £105,000 (Pages 215 - 224)
- cc) Harrow Carers - Recommended Grant £78,000 (Pages 225 - 234)
- dd) Irish In Britain - Recommended Grant £68,900 (Pages 235 - 242)
- ee) St Luke's Hospice (Harrow and Brent) - Recommended Grant £124,000 (Pages 243 - 252)
- ff) Asylum Aid - Recommended Grant £90,000 (Pages 253 - 262)
- gg) Bell Farm Christian Centre - Recommended Grant £97,100 (Pages 263 - 270)
- hh) FoodCycle - Recommended Grant £122,200 (Pages 271 - 280)
- ii) Limehouse Project - Recommended Grant £70,800 (Pages 281 - 288)
- jj) Redbridge Foodbank - Recommended Grant £58,200 (Pages 289 - 298)
- kk) Sutton Borough Citizens Advice Bureaux - Recommended Grant £85,400 (Pages 299 - 310)
- ll) Turkish Cypriot Women's Project - Recommended Grant £63,300 (Pages 311 - 320)
- mm) Camden Volunteer Bureau - Recommended Grant £125,300 (Pages 321 - 330)
- nn) Ethical Property Foundation - Recommended Grant £147,500 (Pages 331 - 340)
- oo) Hackney Council for Voluntary Service - Recommended Grant £157,000 (Pages 341 - 350)
- pp) HAVCO - Recommended Grant £156,500 (Pages 351 - 360)
- qq) Timebanking UK - Recommended Grant £132,100 (Pages 361 - 370)

John Barradell
Town Clerk and Chief Executive

The City Bridge Trust

Investing In Londoners: Application for a grant



About your organisation

Name of your organisation: Friendship Society	
If your organisation is part of a larger organisation, what is its name?	
In which London Borough is your organisation based? Bexley	
Contact person: Mrs. Galina Clark	Position: Director
Website: http://www.druzhba.org.uk	
Legal status of organisation: Charitable company	Charity, Charitable Incorporated Company or company number: 1121095
When was your organisation established? 23/10/2003	

Grant Request

Under which of City Bridge Trust's programmes are you applying? English for Speakers of Other Languages
Which of the programme outcome(s) does your application aim to achieve? More people with improved English language skills More people participating in the wider community
Please describe the purpose of your funding request in one sentence. Two years towards part-time outreach worker and running cost of community ESOL classes for migrants, refugees and elders who are unable to reach other classes.
When will the funding be required? 15/06/2014
How much funding are you requesting? Year 1: £27,537 Year 2: £27,537 Year 3: £0 Total: £55,074

Aims of your organisation:

Advance the education of all ages and abilities of the public. Relieve poverty in particular for russian speaking community by the provision or assisting in the provision of information, advice, assistance, counselling.

Relieve isolation and improve the condition of life of the russian speaking community through the provision of facilities for recreational and other leisure time occupation in the interest of social welfare.

Main activities of your organisation:

Provision of educational classes for children, young people and adults.

Provision of recreational time through music, art and sport

Relieve isolation of people from Russian speaking community by providing information, assistance and advice.

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
0	1	3	52

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Rented	Ongoing

Summary of grant request

Friendship Society works with young people and families of Eastern European communities. The families come from a range of backgrounds. Previous opportunities for education differ widely, as do their life experience. Most of women have very little or no formal experience of formal education, cultural reasons, having young children, lack of confidence may all be significant barriers for them to learn English. Ineligibility for fee-reduction because of immigration status may also prevent woman to join any other group. English language tuition will be delivered in two streams:

Community ESOL classes at Youth and Family center and home tuition by volunteers to most needed, who due to disabilities or other issues can not travel to classes.

The project aims to achieve: significant language skills improvement in migrant community, especially women.

Women will be able to access mainstream services for themselves and their young children.

It will increase participation of migrant families in the wider community and their knowledge of how other people live in Bexley and their ways of doing things. The participants will learn a lot about the English language and join a group doing the same thing, meeting up regularly. It is fun, but it is also very worthwhile, learning English leads to a real change in learners, and their abilities to connect with local people.

Friendship Society was founded to meet needs of migrant community and involve service-users in the management and running of the services. Society welcome people of all backgrounds and value diversity. Friendship society is heavily relies on volunteers and support volunteers.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

n/a

Do you have a Vulnerable Adults policy? **No**

What Quality Marks does your organisation currently hold?

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

To set up and run 2 x ESOL classes including Level 2 per week in two locations: Bexley and Newham, delivered by ESOL qualified tutors. The community classes will provide a much-needed foundation before learners move into mainstream provision. ESOL classes will help to develop a more cohesive London.

To identify 5 most needed learners every 12 months for home tuition: disability learners, women with young children. It is hoped that , after a time, most learners will be able to go to classes of English language, where they will be able to follow the course leading to qualification.

To provide training programme for volunteers, including one that have been born overseas, provide ongoing support for volunteers by running supportive group. To help volunteers to aim for employment.

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

By providing migrant people (majority women) with the chance to learn English, Friendship Society hopes to enable them to communicate fully with others and to encourage their participation in local and national activities.

Women will gain self-confidence in English for every day life in England. Learners will be able to access mainstream services: will be able to communicate with teachers, doctors, health visitors and others.

Learners will have social English, so they can chat to neighbours or make new friends from different communities. Learners become more able to help themselves and their families understand, adapt and participate in life in the UK.

Learners can gain confidence and aim for employment for a qualification. Project officer with their local knowledge can signpost the way to information and to formal education. With improved English, learners become more able to support themselves and their families.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

Friendship Society plans to carry English language classes beyond the period of project by building up numbers of volunteers, tutors and offering service to other organisation to build up revenue.

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year? 50
In which Greater London borough(s) or areas of London will your beneficiaries live? Bexley (50%) Newham (50%)
What age group(s) will benefit? 16-24 25-44 45-64
What gender will beneficiaries be? Female
What will the ethnic grouping(s) of the beneficiaries be? A range of ethnic groups White (including English/ Welsh/ Scottish/ Northern Irish/ British; Irish; Gypsy, Traveller or Irish Traveller; Any other White background) Other ethnic group (including Arab) If Other ethnic group, please give details: Easter European
What proportion of the beneficiaries will be disabled people? 11-20%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Part time salary for outreach worker	11,232	11,232	0	22,464
ESOL tutors fee	14,400	14,400	0	28,800
Volunteers training	1,155	1,155	0	2,310
Volunteers expensis	750	750	0	1,500
	0	0	0	0
Rent of YFC and RDC School for ESOL lessons	4,800	4,800	0	9,600
	0	0	0	0
	0	0	0	0
	0	0	0	0

TOTAL:	32,337	32,337	0	64,674
---------------	---------------	---------------	----------	---------------

What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
Friendship Society will provide use of YFC and RDCS	4,800	4,800	0	9,600
	0	0	0	0
	0	0	0	0
	0	0	0	0

TOTAL:	4,800	4,800	0	9,600
---------------	--------------	--------------	----------	--------------

What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0
	0	0	0	0

TOTAL:	0	0	0	0
---------------	----------	----------	----------	----------

How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Part time salary for outreach worker	11,232	11,232	0	22,464
ESOL tutors fee	14,400	14,400	0	28,800
Volunteers training	1,155	1,155	0	2,310
Volunteers expenses	750	750	0	1,500
	0	0	0	0
	0	0	0	0

TOTAL:	27,537	27,537	0	55,074
---------------	---------------	---------------	----------	---------------

Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: March	Year: 2013
-----------------------	---------------------	-------------------

Income received from:	£
Voluntary income	72,719
Activities for generating funds	0
Investment income	0
Income from charitable activities	111,423
Other sources	0
Total Income:	184,142

Expenditure:	£
Charitable activities	181,314
Governance costs	2,122
Cost of generating funds	0
Other	0
Total Expenditure:	183,436
Net (deficit)/surplus:	706
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	0

Asset position at year end	£
Fixed assets	12,105
Investments	0
Net current assets	2,436
Long-term liabilities	0
*Total Assets (A):	14,542

Reserves at year end	£
Endowment funds	0
Restricted funds	14,085
Unrestricted funds	456
*Total Reserves (B):	14,542

* Please note that total Assets (A) and Total Reserves (B) should be the same.

Statutory funding

For your most recent financial year, what % of your income was from statutory sources? 0%
--

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts: N/A

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	0	0	0
London Councils	3,969	7,047	6,500
Health Authorities	0	0	0
Central Government departments	0	0	0
Other statutory bodies	0	0	0

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
BBC children in need	0	7,730	6,975
Heritage Lottery fund	14,041	5,158	26,200
Sport for England	0	10,000	0
Big Lottery fund	0	0	9,994
Lloyds TSB Grant	19,583	0	0

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Galina Clark**

Role within **Project Manager**
Organisation:

The City Bridge Trust

Investing In Londoners: Application for a grant



About your organisation

Name of your organisation: Training Link	
If your organisation is part of a larger organisation, what is its name?	
In which London Borough is your organisation based? Camden	
Contact person: Mr. Peter Lush	Position: Director
Website: http://www.traininglink.org.uk	
Legal status of organisation: Registered Charity	Charity, Charitable Incorporated Company or company number: 1051662
When was your organisation established? 01/04/1985	

Grant Request

Under which of City Bridge Trust's programmes are you applying? English for Speakers of Other Languages
Which of the programme outcome(s) does your application aim to achieve? More people with improved English language skills More people participating in the wider community
Please describe the purpose of your funding request in one sentence. To provide ESOL classes to help basic and advanced learners develop English language skills for work and/or to be active in positive community activities.
When will the funding be required? 01/09/2014
How much funding are you requesting? Year 1: £15,260 Year 2: £15,565 Year 3: £15,877 Total: £46,702

Aims of your organisation:

To relieve poverty, advance education and advance employment opportunities for black and ethnic minority and socially excluded people, by facilitating access to training to enhance employment opportunities.

To provide a variety of courses for different groups of learners.

To provide an access point into adult education for learners who have not previously been involved.

To enable learners to increase their self-confidence and aspirations.

To provide a supportive environment for learners.

To encourage learners to study further courses after studying at Training Link.

To work in partnership with other local community groups.

To encourage volunteers to be involved in the organisation.

Main activities of your organisation:

Training Link provides basic skills and vocational training on topics including:

- 'ESOL Entry Level 2' including reading, writing and speaking & listening classes;
- An 'Adult Literacy project' using volunteer tutors for 1-1 weekly sessions with a learner to improve participants' reading and/or writing skills;
- Level 2 Business Administration;
- Food Safety & Hygiene;
- Customer Care;
- Introduction to First Aid;
- Introduction to Computers; and
- Touch typing;
- A 'Get into Catering' project which includes the Food Safety & Hygiene and Customer Care courses, targeted employment advice and work placements;
- A 'Listening Skills' course facilitated once a year in partnership with the 'South Sudan Women's Development Trust';
- In partnership with 'Camden Adult Community Learning' we facilitate a range of computer classes one day a week;
- We also run 'Free Internet Cafe and Drop-in' sessions once a week.

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
0	5	11	25

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Leased	20 years

Summary of grant request

TL has over 20 years experience of running English language courses, including ESOL, Literacy (Level 1), Adult Literacy, Business English and a Reading Group. We have a good reputation as an 'entry point' for learners accessing adult education, including vocational training, for the first time. We cater for a diversity of low-income learners including southern and eastern Europeans and women of African, Bangladeshi and other BAME heritage. Many of our learners have limited educational experience, networks, 'know-how' and time through which to improve their prospects. Most classes are run in school hours while our adult literacy sessions link low-income learners with volunteers who describe it as 'a unique opportunity to meet neighbours and Londoners from a range of backgrounds with whom we would not otherwise engage'.

Our strength lies in our small, flexible and friendly services benefiting from extensive grass-root networks. Learners are actively involved in shaping services through formal and informal feedback. 25 Adult Literacy volunteers and IT learning assistants currently volunteer weekly with learners. Three current Trustees/Management Committee members, including our Treasurer, are former volunteers; 10 of 12 are of BAME backgrounds and are from a mix of ages, abilities and backgrounds.

TL policies and practices meet PQASSO, NOCN and British Computer Society quality standards. The latter two assess the quality of courses we run, and we have been highly rated by both groups. We aim to act as role models by encouraging learners to help maximise our energy efficiency, reduce paper use, recycle toner, paper and plastics, and travel by foot or public transport to reduce our collective carbon footprints.

We work in partnership with statutory and community organisations to cross-refer learners, jointly facilitate projects and share insights about engaging with some of London's most disenfranchised communities. Extensive networks enable us to refer learners and their families to services for advice, to help overcome family, housing, health, benefit and immigration barriers to learning. Our director has wide experience of working with voluntary and statutory services.

Demand for ESOL from low-income Londoners and ethnically diverse residents from Somers Town, between Euston and St Pancras stations, is constant. Our existing provision has helped residents become volunteers, engage in work experience and enter part-time and full-time employment. Given demand from our current learners completing ESOL Entry 2 in July 2014 and individuals asking for Entry 3 classes, we now wish to offer an Entry 3 class in September 2014; with progression to Level 1 and then Level 2 over 3 years.

We have funding from UK Online starting in May 2014 for 'Beginners' English' and would recruit from the first group of these learners for an ESOL Entry 1 class to start in September 2014. Their progress would be through Entry 2 and Entry 3 over three years.

We would also recruit new learners through our website, mail-outs to 150 BAME and community groups, employment advisors, hostel and key workers; local newspaper adverts, Open Days and leafleting in the local area. The classes will be delivered by our CELTA-qualified tutor with seven years' experience in community settings and accredited by National Open College Network (NOCN).

Our ESOL programme will enable students to apply for basic jobs, enter further education and vocational training such as Level 1 Health & Social Care, access services to manage family members' health, education, personal development and participate in community activities.

Our proposal to empower learners through an inclusive ESOL programme leading to nationally-recognised qualifications, further confidence, language skills, networks and links to mainstream employment, training, volunteering and community resources through which to further develop their potential therefore positively meets City Bridge's ESOL provision objectives.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Not applicable

Do you have a Vulnerable Adults policy? **No**

What Quality Marks does your organisation currently hold?

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

An ESOL class of 12 learners for three years, starting in September 2014 with Entry 1 (Reading, Writing, Speaking & Listening) to Entry 2, then Entry 3. Each course would have 33 weeks of classes and be registered with National Open College Network (NOCN).

An English class of 12 learners for three years, starting in September 2014 with ESOL Entry 3, then studying ESOL Level 1 and then ESOL Level 2 (GCSE equivalent). Each course would have 33 weeks of classes and be registered with National Open College Network (NOCN).

The provision of advice and support for all learners engaging with the courses in finding further education and training. This would include advice to overcome barriers of health, housing and benefits which currently stop them or their families from engaging with learning.

Support for learners seeking work by referring them to local employment advice projects which will support them with job search, interviewing techniques, CV preparation and in drafting job applications, as well as access to our own 'free internet café drop in' sessions which are supported by IT learning assistant volunteers.

Support for all learners, who wish to volunteer through referrals to local volunteer centres; support in applying for volunteering opportunities and in filling our own openings for volunteering.

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

Learners in ESOL Entry 1 to Entry 3 classes gain further confidence, and nationally-recognised qualifications. This will demonstrate achievement of a level of English that enables them to apply for jobs, access services and further training. They will also be able to develop wider family welfare and well-being.

We hope that learners in the ESOL Entry 1 to Entry 3 classes will achieve a level of English that enables them to participate in wider community activities. This could include volunteering which can help them gain skills and experience to enhance their employment opportunities.

Learners in the ESOL Entry 3 to ESOL Level 2 classes gain nationally-recognised qualifications demonstrating a good standard of English enabling them to apply for office-based jobs or jobs in health & social care and catering sectors and for Level 1 or Level 2 vocational education courses.

Learners in the ESOL Entry 3 to Functional English Level 2 classes gain nationally-recognised qualifications and can volunteer to gain experience to enhance their employment opportunities.

Learners in the ESOL Entry 3 to ESOL Level 2 classes can become more involved in wider community activities and are empowered to better support family members in achieving their personal potential through educational, training and recreational activities.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

We will apply for further support from charities to continue the classes.

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

24

In which Greater London borough(s) or areas of London will your beneficiaries live?

Camden (85%)

Islington (10%)

Westminster (5%)

What age group(s) will benefit?

16-24

25-44

45-64

What gender will beneficiaries be?

All

What will the ethnic grouping(s) of the beneficiaries be?

A range of ethnic groups

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

1-10%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
ESOL tutors	7,938	8,097	8,259	24,293
Course accreditation & internal verification	1,380	1,408	1,436	4,223
Costs for rooms at Training Link and off site	5,148	5,251	5,356	15,755
Publicity	80	82	83	245
Office Manager (administration)	198	202	206	606
Director	416	424	433	1,273
Materials	100	102	104	306
	0	0	0	0
	0	0	0	0

TOTAL:	15,260	15,565	15,877	46,702
---------------	---------------	---------------	---------------	---------------

What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
None	0	0	0	0
	0	0	0	0

TOTAL:	0	0	0	0
---------------	----------	----------	----------	----------

What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
None	0	0	0	0
	0	0	0	0

TOTAL:	0	0	0	0
---------------	----------	----------	----------	----------

How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
ESOL tutors	7,938	8,097	8,259	24,293
Course accreditation & Internal Verification	1,380	1,408	1,436	4,223
Costs for rooms at Training Link and off site	5,148	5,251	5,356	15,755
Publicity	80	82	83	245
Office Manager (administration)	198	202	206	606
Director	416	424	433	1,273
Materials	100	102	104	306
	0	0	0	0
	0	0	0	0

TOTAL:	15,260	15,565	15,877	46,702
---------------	---------------	---------------	---------------	---------------

Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: March	Year: 2013
-----------------------	---------------------	-------------------

Income received from:	£
Voluntary income	452
Activities for generating funds	0
Investment income	34
Income from charitable activities	64,679
Other sources	0
Total Income:	65,165

Expenditure:	£
Charitable activities	69,274
Governance costs	1,362
Cost of generating funds	0
Other	0
Total Expenditure:	70,636
Net (deficit)/surplus:	-5,471
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	-5,471

Asset position at year end	£
Fixed assets	0
Investments	0
Net current assets	17,953
Long-term liabilities	0
*Total Assets (A):	17,953

Reserves at year end	£
Restricted funds	1,727
Endowment Funds	0
Unrestricted funds	16,226
*Total Reserves (B):	17,953

*** Please note that total Assets (A) and Total Reserves (B) should be the same.**

Statutory funding

For your most recent financial year, what % of your income was from statutory sources? 11-20%
--

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts: We have received a grant for £7,500 for one year from May 2014 to run a Beginners English project for 60 learners.
--

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	13,883	12,738	9,554
London Councils	0	0	0
Health Authorities	0	0	0
Central Government departments	0	0	0
Other statutory bodies	0	0	0

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
Big Lottery Fund	50,838	47,656	48,281
Emmanuel Vincent Harris Trust	13,500	0	0
Lloyds TSB Foundation	0	0	9,200
Richard Reeve's Foundation	4,350	0	0
Fred Wolffing legacy	4,000	0	0

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Peter Lush**

Role within **Director**
Organisation:

This page is intentionally left blank

The City Bridge Trust

Investing In Londoners: Application for a grant



About your organisation

Name of your organisation: Sonshine Club	
If your organisation is part of a larger organisation, what is its name?	
In which London Borough is your organisation based? Hackney	
Contact person: Mrs Rachel Gruber	Position: Chair
Website: http://n/a	
Legal status of organisation: Registered Charity	Charity, Charitable Incorporated Company or company number: 1124803
When was your organisation established? 10/05/2004	

Grant Request

Under which of City Bridge Trust's programmes are you applying? Improving London's Environment
Which of the programme outcome(s) does your application aim to achieve? More people reporting improved wellbeing through greater use of open spaces and through growing and greening initiatives More young people understanding the benefit of growing local food and its nutritional value
Please describe the purpose of your funding request in one sentence. Grow2Eat Eat2Grow Healthy is an environmental project empowering children to improve their wellbeing by growing their own food and enjoying green eco-active projects.
When will the funding be required? 01/05/2014
How much funding are you requesting? Year 1: £9,890 Year 2: £12,890 Year 3: £10,890 Total: £33,670

Aims of your organisation:

The SONshine Club endeavours to improve the education, health and wellbeing of all children within the community of Stamford Hill, by providing access to a number of well designed recreational, educational and healthy lifestyle activities regardless of health, financial or social status.

Since its establishment, the SONshine club has worked tirelessly to successfully break down a number of barriers to access, and as a result has been able to provide much required input to the hard to reach parts of the community.

A significant factor in the charity's success to date is its steadfast ambition and ability to integrate a diverse spectrum of children and families, from 'mainstream' children, to those with a wide variety of needs into its activities.

The SONshine club is unique in its approach to providing both a fun and educational component to all of its groups, seeking the help of specialists e.g. qualified gardeners, specialist teachers, where it is felt this could enhance the service.

Main activities of your organisation:

Summer gardening club
 Happy 2B Active exercise classes
 Motor Skill groups for children with motor/movement delay

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
0	5	4	8

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Rented	5 years

Summary of grant request

This project is targeted at 80 children aged 8-13 years on low income, living in overcrowded housing from the Orthodox Jewish community in Hackney. During the summer months, weekly sessions will take place in Springfield Park where children will learn how to grow fruits, herbs and vegetables from seed. Environmental activities introducing them to the natural world, and the importance of using natural resources such as energy, water and waste in a sustainable way will be incorporated into the sessions. They will learn the importance of healthy eating and a healthy lifestyle, including physical activity and healthy ingredients.

Harvesting and eating food that they themselves have grown and sharing it with their families who will be encouraged to join them in these activities as supporting volunteers, to inspire their children to achieve wellbeing particularly families in poverty. They will learn the importance of earthworms, waste matter will be composted, with fertiliser sourced from the Edmonton Waste Centre, reducing the unsustainable use of peat-based fertilisers and encouraging the children to use the Council's food waste recycling service.

The Volunteer adults working with the children will include older members of the community, making the project intergenerational, with older/younger community members enjoying healthy activities together thus supporting and promoting health and wellbeing for all and supporting independent living.

There is growing evidence that contact with the natural environment, including food growing and wildlife engagement, provides multiple benefits in terms of education, health and community cohesion.

Over 20% of Hackney's school population has special educational needs, the most common being behavioural, social and emotional difficulties. The term 'nature deficit disorder' has been used to link these problems with a lack of contact with the natural environment, particularly in urban areas. Children today spend less time in natural places than previous generations. This project is promoting more use of outside spaces and natural habitats.

We have consulted with our current users about this project, and the way it has been designed is a direct result of their input at focus groups and questionnaires we have organised. These focus groups will continue to direct the running and implementation of the project, i.e. which activities will be prioritised, which kind of foods will be grown, and how the groups will be organised.

This project would directly deliver on a number strategies and reports at the local, regional and national scale including the following:

Mayor of Hackney's Manifesto Commitments:

"We will support those Hackney residents who wish to grow their own food by increasing the spaces available for food-growing, including on our estates"

*The Joint Strategic Needs Assessment 2009 noted the links between the natural environment and health and specifically called for:

- 'Green' activities involving a combination of physical activity and practical conservation such as allotments and 'Green gyms' to benefit mental health.

*Short Review of Local Food Growing 2010 recommended supporting and promoting local food growing in Hackney. This report included an evaluation of current food growing in Hackney and the associated benefits.

*The 2006 report 'A Lot to Lose' by the London Assembly's Environment Committee notes that the benefits of local food growing are not just environmental and health-related. They also found significant social, financial, and community benefits- where growing brought together residents from a diverse variety of backgrounds and interests.

*Natural England Position Statement has called for Local Authorities to use contact with the natural environment to deliver their social, economic and environmental priorities (NB Natural England is the Government's advisor on the Natural Environment).

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

We have permission from Hackney council to use the bowling green in Springfield park for our project

Do you have a Vulnerable Adults policy? ~~No~~ **YES**

What Quality Marks does your organisation currently hold?

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

16 gardening sessions per year for 80 young people who have limited/no access to a garden. Young people learn how to plant and harvest sweetcorn, beetroots, carrots, tomatoes, potatoes, leeks and are able to carry over their newfound knowledge to continue planting at home eg. windowsill containers, grow bags.

8 interactive Environmental Awareness workshops per year for 80 young people, incorporating composting, recycling, beast hunts, and identifying a variety of trees.

Weekly/fortnightly outdoor sport sessions for 40 young people, trying out a range of sports including football, netball, aerobics.

80 young people enhance biodiversity in a local park by planting flowers and CREATING loggeries, miniature gardens, bookmarks from their favourite leaves.

6-8 older volunteers lead the gardening sessions, sharing their knowledge and experience with the young people in a hands-on, fun setting.

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

80 young people increase their awareness of healthy living, and have the skills and knowledge to make a healthy lifestyle a reality for themselves and their families/friends. Enjoying the fruits (and veg!) of their labour, boosts their confidence and motivates them to continue growing and eating their own fruit/vegetables.

80 young people become eco-aware and are committed to conserving and improving their local environment. They have learnt how to recycle, compost and grow their own fruit/vegetables, leading to a reduction of waste and an increase in use of local green spaces such as Clapton/Stoke Newington Common and Springfield Park.

80 young people enjoy improved well-being by becoming more active and regularly using local open spaces to exercise. Young people know about the risks associated with obesity and the dangers of a sedentary lifestyle.

Young people connect with local elderly people, forging healthy relationships based on their common interests. The inter-generational aspect of this project leads to improved physical and emotional wellbeing of elderly people, some of whom live alone and have little social/physical opportunities.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

We are committed to continue this project due to its huge popularity amongst local children and young people. We have a fundraising strategy in place that we review on an annual basis. We also receive an annual donation (£1,000) from the Panton Trust and reduce our costs by involving older volunteers in running the project.

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year? 88
In which Greater London borough(s) or areas of London will your beneficiaries live? Hackney (80%) Haringey (20%)
What age group(s) will benefit? 0-15 65-74 75 and over
What gender will beneficiaries be? Male Female
What will the ethnic grouping(s) of the beneficiaries be? Other ethnic group (including Arab)
If Other ethnic group, please give details: Orthodox Jewish
What proportion of the beneficiaries will be disabled people? 11-20%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Team leaders x 2 x £30 ph x 48 hrs = 2880	2,880	2,880	2,880	8,640
8 Volunteers cost inc travel/refreshments=1920	1,920	1,920	1,920	5,760
Material for project/ongoing costs = 1200	1,200	1,200	1,200	3,600
Equipment for project/windmill ect/glasshouse=800	800	2,800	800	4,400
Administration insurance tel stationery = 1200	1,200	1,200	1,200	3,600
Grand farewell barbeque = 350	350	350	350	1,050
Coordinator £15 ph x 6 hrs pw x 16 wks=1440 (inc after hrs maintenance)	1,440	1,440	1,440	4,320
Participants transport to site = 600	600	600	600	1,800
Marketing and publicity = 500	500	500	500	1,500

TOTAL:	10,890	12,890	10,890	35,470
---------------	---------------	---------------	---------------	---------------

What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
Pantion trust	1,000	0	0	1,000
	0	0	0	0
	0	0	0	0
	0	0	0	0

TOTAL:	1,000	0	0	0
---------------	--------------	----------	----------	----------

What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0

TOTAL:	0	0	0	0
---------------	----------	----------	----------	----------

How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Team leaders x 2 x £30 ph x 48 hrs	2,880	2,880	2,880	8,640
8 Volunteers cost inc travel/refreshments=1920	1,920	1,920	1,920	5,760
Material for project/ongoing costs = 1200	1,000	1,200	1,200	3,400
Equipment for project/windmill ect/glasshouse=800	0	2,800	800	2,400
Administration insurance tel stationery = 1200	1,200	1,200	1,200	3,600
Grand farewell barbeque = 350	350	350	350	1,050
coordinator 6 hrs pw x 16 wks includes after	1,440	1,440	1,440	4,320

hrs				
participants transport to site	600	600	600	1,800
Marketing and publicity	500	500	500	1,500
TOTAL:	9,890	12,890	10,890	33,670

Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: September	Year: 2013
-----------------------	-------------------------	-------------------

Income received from:	£
Voluntary income	1,747
Activities for generating funds	0
Investment income	0
Income from charitable activities	46,918
Other sources	0
Total Income:	48,665

Expenditure:	£
Charitable activities	32,201
Governance costs	250
Cost of generating funds	0
Other	0
Total Expenditure:	32,451
Net (deficit)/surplus:	16,214
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	16,214

Asset position at year end	£
Fixed assets	570
Investments	0
Net current assets	26,809
Long-term liabilities	0
*Total Assets (A):	27,379

Reserves at year end	£
Restricted funds	23,477
Endowment Funds	0
Unrestricted funds	3,902
*Total Reserves (B):	27,379

*** Please note that total Assets (A) and Total Reserves (B) should be the same.**

Statutory funding

For your most recent financial year, what % of your income was from statutory sources? 11-20%
--

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts: nothing specific
--

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	0	0	4,040
London Councils	0	0	12,000
Health Authorities	0	0	0
Central Government departments	0	0	0
Other statutory bodies	2,000	0	0

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
BBC children in need	0	0	10,000
awards for all	10,000	0	8,800
Lloyds TSB	0	7,800	7,800
Haringey council	0	0	4,040
Young Hackney	0	0	12,000

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Rachel Gruber**

Role within **Chair**
Organisation:

The City Bridge Trust

Investing In Londoners: Application for a grant



About your organisation

Name of your organisation: Thames21 Ltd	
If your organisation is part of a larger organisation, what is its name?	
In which London Borough is your organisation based? City	
Contact person: Mr. Vincent Mok	Position: Fundraising Officer
Website: http://www.thames21.org.uk	
Legal status of organisation: Registered Charity	Charity, Charitable Incorporated Company or company number: 1103997
When was your organisation established? 19/03/2004	

Grant Request

Under which of City Bridge Trust's programmes are you applying? Improving London's Environment
Which of the programme outcome(s) does your application aim to achieve? More Londoners with a greater knowledge and understanding of the 'green' environment and biodiversity More people reporting improved wellbeing through greater use of open spaces and through growing and greening initiatives
Please describe the purpose of your funding request in one sentence. Develop further our training programme with a more strategic emphasis to engage Londoners with their waterways and take pride in looking after their local waterway.
When will the funding be required? 01/06/2014
How much funding are you requesting? Year 1: £52,988 Year 2: £54,894 Year 3: £0 Total: £107,882

Aims of your organisation:

Thames21's purpose is to conserve London's rivers and canals, to improve public knowledge and appreciation of their heritage, ecology and amenity value, and how they might be protected from pollution and improved to benefit people and wildlife.

Thames21 uses London's waterways as a powerful focus for community action, motivating and organising individuals and groups to work together to transform their local rivers and canals through a range of practical volunteering, conservation and education activities. Practical programmes are delivered throughout Greater London's extensive network of rivers and canals. These waterways provide a wildlife corridor running through urban landscape and important green space enabling Londoners to lead more active, outdoor lives. Thames21's programmes bring Londoners together to turn neglected rivers and canals into assets for people and for wildlife.

Main activities of your organisation:

- Leading stakeholder and community partnerships to improve waterway environments on rivers across London, including Chairing the Catchment Partnerships forum in London. Thames River Watch: engaging local volunteers to get involved and monitoring the health of the river Thames
- Cross-London Waterway Clean Up Events: bringing together corporate groups, community groups and individuals to improve London's waterways
- Waterway Training: training and supporting volunteers to organise groups of other people to clean up local waterways.
- Wildlife Habitat: practical enhancements to increase biodiversity on urban waterways including river restoration.
- Education projects: linking schools to rivers through practical education activities.
- Campaigning to change attitudes and behaviour
- Healthy River Challenge: improve the water quality in the Salmons Brook Catchment using Sustainable Drainage Systems.
- Fixing broken Rivers: focuses on the water pollution of the rivers in the Lea Catchment. This project engages local young people in an education programme, introduces new reedbeds to process pollution, and creates sustainable drainage systems.
- Only rain in rivers: Awareness campaign about misconnections

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
18	2	11	12,000

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Rented	Tenancy at Will

Summary of grant request

"Despite London's prestigious status in the world economy, its residents experience some of the country's worst local environmental quality." (keepBritainTidy) by developing our training programme further to engage even more people in environmental activity Thames21 will improve London's environmental quality for many years and generations to come.

Thames21 has been running its training project for three years now and thanks to the support of the City Bridge Trust has done so very successfully. Demand from London's community for the training is very high and we have delivered our training course on leading a waterway clean up to over 350 people. We are now looking to develop our training project more strategically and engage even more people by offering additional training options. The EA and the Rivers Trust have both contacted us and asked us to deliver further training. The EA has specifically asked us to help them with their volunteer management programme. The high demand for additional training courses clearly shows that there is a need to continue this project. Many people in the UK learn about the environment from secondary sources such as TV, newspapers and the Internet, rather than going out to experience and learn about the local environment first hand. Unless people are familiar with their neighbourhood, it is difficult for them to develop a sense of belonging and pride in that place. People are motivated by the relevance of learning about the people and places on their doorstep. The first-hand knowledge of their environment helps to give people a sense of belonging and can inspire them with ideas on how to care for and improve the area, and the quality of life for the whole community.

There are also environmental needs such as decreasing water pollution and increase biodiversity that need to be addressed.

The aim of the project is to engage people to care for their local waterway and empower them to take actions to stop and tackle pollution. Through consultation with local groups we have found that most people would like to get involved in the development of their local river and parks but that often they do not have the knowledge and skills to do so. Other aims are:

- Providing opportunities to learn about waterways and the environment, citizenship and science
- Providing opportunities for practical activity for people to make a positive contribution to quality of life in their community through the waterways, developing their sense of social responsibility
- Increasing the understanding of the value of the River Thames, tributaries and canals, and of the relationship between the waterways and the community
- Improving the appreciation of safety issues and importance of responsible behaviour on and beside open water.
- Preparing younger participants for citizenship and introducing them to stewardship.
- Generate a better understanding of the complex interaction of urban nature.
- Promote responsible citizenship amongst Londoners.

New funding would be used to develop and deliver additional training modules. We would like to develop a training that enables groups or individuals to be batched. Modules would include: Leading a waterway Clean Up, Invasive Species, Water Quality Testing, Fundraising for small groups, how to become constituted and additional subjects as required.

Another aim is to expand the diversity of our target audience for training, specifically focusing on youth groups, angling clubs and minorities groups. We have already started to work with the NCS Trust. *

* = National Citizenship Service

Thames21 has over 10years of experience delivering environmental educational projects. Last year we delivered over 1000practical education sessions involving over 12000 volunteers from different London boroughs which confirms our knowledge and expertise in delivering our objectives in a professional and timely manner.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

no

Do you have a Vulnerable Adults policy? **No**

What Quality Marks does your organisation currently hold?

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

Deliver 80 training events per year (160 in total over two years), sessions will include different modules such as leading a waterway clean up, spotting and recording non-native species, water sample testing and recording, fundraising for small groups and how to become constituted and additional subjects as required

Expand the diversity of our target audience through engaging youth groups, minority groups and angling club to engage 100 more leaders

Provide information materials in schools, community centres and local supermarkets to attract another 150 participants

Develop volunteer programmes in partnership with the Environment Agency (EA) to develop and deliver training sessions for volunteers of how to spot, report and investigate environmental incidents

Introduce a new 'badging' system to build sustainable links with trained groups and expand the training to tributaries and non tidal sections.

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

Understanding of the local environment by Londoners will increase. Participants will be empowered to improve river environments and also act as advocates for greener and more responsible London citizenship.

Increase in people learning new skills and becoming physically active due to outdoor activity.

Significant improvements to the environment will be made through increased awareness and clean up events

Community cohesion will increase as people with different backgrounds learn and work together

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

Yes, we are planning to include training elements in every future funding application we are producing integrating the programme completely with the charity's suite of activities. In addition, the charges we make to organisations to attend the training courses are starting to develop. That will make the project sustainable after the funding from CBT has ended.

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

1,000

In which Greater London borough(s) or areas of London will your beneficiaries live?

London-wide (100%)

What age group(s) will benefit?

16-24

25-44

45-64

65-74

What gender will beneficiaries be?

All

What will the ethnic grouping(s) of the beneficiaries be?

A range of ethnic groups

White (including English/ Welsh/ Scottish/ Northern Irish/ British; Irish; Gypsy, Traveller or Irish Traveller; Any other White background)

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

1-10%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Project Officer Cost	30,206	31,112	0	61,318
Planning and development of additions modules	6,737	6,737	0	13,474
Travel and expenses	2,500	2,500	0	5,000
Equipment for volunteering activity	3,000	3,000	0	6,000
Facilities hire	2,000	2,000	0	4,000
Overheads and line management	11,663	11,663	0	23,326
Marketing	5,000	5,500	0	10,500
Community engagement events	2,000	2,500	0	4,500
Training to run other activities	5,882	5,882	0	11,764
TOTAL:	68,988	70,894	0	139,882

What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
Thames Water	16,000	16,000	0	32,000
	0	0	0	0
TOTAL:	16,000	16,000	0	32,000

What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0
	0	0	0	0
TOTAL:	0	0	0	0

How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Project Officer Cost	28,429	29,335	0	57,764
Planning and development of additions modules	4,970	4,970	0	9,940
Travel and expenses	723	723	0	1,446
Equipment for volunteering activity	1,223	1,223	0	2,446
Facilities hire	235	213	0	448
Overheads and line management	9,885	9,885	0	19,770
Marketing	3,196	3,723	0	6,919
Community engagement events	223	722	0	945
Training to run other activities	4,104	4,100	0	8,204
TOTAL:	52,988	54,894	0	107,882

Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: March	Year: 2013
-----------------------	---------------------	-------------------

Income received from:	£
Voluntary income	361,945
Activities for generating funds	0
Investment income	246
Income from charitable activities	1,310,377
Other sources	0
Total Income:	1,672,568

Expenditure:	£
Charitable activities	1,638,098
Governance costs	8,656
Cost of generating funds	18,812
Other	440
Total Expenditure:	1,666,006
Net (deficit)/surplus:	6,562
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	6,562

Asset position at year end	£
Fixed assets	11,094
Investments	0
Net current assets	69,959
Long-term liabilities	-13,084
*Total Assets (A):	67,969

Reserves at year end	£
Restricted funds	0
Endowment Funds	0
Unrestricted funds	67,969
*Total Reserves (B):	67,969

* Please note that total Assets (A) and Total Reserves (B) should be the same.

Statutory funding

For your most recent financial year, what % of your income was from statutory sources? 51-60%
--

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts: None
--

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	5,000	5,000	5,000
London Local Authorities	26,900	37,851	46,676
London Councils	0	0	0
Health Authorities	0	0	0
Central Government departments	0	66,528	91,471
Other statutory bodies	0	0	0

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder		2012 £	2013 £	2014 £
Big Lottery	61,901	104,409	104,345	
Cory	43,555	71,954	104,208	
Thames Water	93,333	93,333	85,000	
Goldman Sachs	33,002	39,216	34,959	
Thames River Capital	0	40,000	0	

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Verena Gielen**

Role within **Fundraising Officer**
Organisation:

This page is intentionally left blank

The City Bridge Trust

Investing In Londoners: Application for a grant



About your organisation

Name of your organisation: Trees for Cities	
If your organisation is part of a larger organisation, what is its name?	
In which London Borough is your organisation based? Lambeth	
Contact person: Ms. Sharon Johnson	Position: Chief Executive
Website: http://treesforcities.org	
Legal status of organisation: First Contact	Charity, Charitable Incorporated Company or company number: 1032154
When was your organisation established? 24/11/1993	

Grant Request

Under which of City Bridge Trust's programmes are you applying? Improving London's Environment
Which of the programme outcome(s) does your application aim to achieve? More young people understanding the benefit of growing local food and its nutritional value
Please describe the purpose of your funding request in one sentence. Create Edible Playgrounds in 20 of the most deprived urban primary schools across London, so children learn to grow, nurture, harvest and eat good food.
When will the funding be required? 01/09/2014
How much funding are you requesting? Year 1: £50,000 Year 2: £50,000 Year 3: £50,000 Total: £150,000

Aims of your organisation:

Trees for Cities was established to advance the education of the public in the appreciation of trees and their amenity value, and in furtherance of this, the planting and protection of trees everywhere, and in particular inner city areas.

Through our community-led tree planting and greening initiatives we grow stronger communities, enhance urban spaces and streets, and improve health and happiness in the parts of cities that need it most. We:

- Beautify and transform neglected, unused areas in deprived parts of cities into thriving community spaces
- Educate and inspire children, young people and adults about trees in the urban environment
- Train disadvantaged and vulnerable adults in green skills, proving opportunities for them to get back into employment and on the right track in life
- Foster a sense of community spirit and increased cohesion in disadvantaged communities
- Bring people back in touch with trees and the natural world and bring about increased environmental awareness

Main activities of your organisation:

We improve neglected urban spaces through tree planting and landscaping, focussing on three main themes:

Edible Playgrounds. We transform outdoor spaces in inner city schools, teaching children to grow, harvest and cook healthy food linked to the national curriculum.

Neighborhood Trees. We plant trees to ensure the most desolate streets and barren estates are turned into well-used community hubs.

Urban Woodlands. We plant 100,000 trees each year to create new urban woodlands to provide wildlife habitats, and mitigate against pollution.

People are at the heart of our work. We:

- Consult - local communities to input into the design and decision making process of their project.
- Educate - young people about the importance of trees to the environment.
- Train - disadvantaged adults in arboriculture and horticulture through certified, work-based training placements.
- Sustain - provide community activities enabling local people to transform outdoor spaces themselves, learn new skills to maintain their project, and meet others in their community.

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
14	9	7	1,800

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Leased	19 years of 25 year lease

Summary of grant request

The UK is facing a serious health crisis caused by bad diet. Almost 20% of children are obese on leaving primary school. In London food poverty is a growing concern; the London Assembly reports over 95% of teachers have pupils coming to school hungry, with more than 40% giving food to pupils at their own expense regularly. Hunger is shown to seriously affect children's health, attainment and life chances. Academic research and our experience shows, enabling children to grow food, learn about nutrition, and engage in physical activity, helps address this issue.

Edible Playgrounds directly addresses the new National Curriculum (2014) which stipulates that Key Stage 2 pupils must understand the principles of a healthy and varied diet. The majority of head teachers already believe good food is vital to children's health and academic achievement but many feel they need a practical solution, which engages and excites children. This is what Edible Playgrounds provides.

Edible Playgrounds provides a range of services to create food growing spaces in 20 schools, through 2 main routes:

- 1) Hub schools. Trees for Cities will work with two 'flagship Hub' schools in the first year (increasing to four in the 3rd year) to create and maintain their Edible Playground. We provide the school with a full scale, on-site implementation service including design, build, planting, use, educational workshops and maintenance for a year. As a hub school, they will inspire and share their learning with our Sow and Grow Schools.
- 2) Sow and Grow schools. Trees for Cities will support three schools in the first year (increasing to five in the 3rd year) to create, maintain and fundraise for their Edible Playground. We will aim to find a local business and hub school to partner and share their skills, and support their delivery of their own Edible Playground through our teacher training workshops and online resources.

We ascertain the school's level of need based on amount of outdoor space, and the needs of the school. For all schools we will undertake a site survey and draft a design plan. Students, parents and volunteers lead on planting and landscaping and all work will be supervised by TfC staff. The physical installation is supported by an education programme including assemblies, classroom based activities and outdoor learning. We change student's understanding of food growth and healthy eating by providing a space in which learning can be achieved that previously was unavailable.

We have developed indicators to measure the impact of Edible Playgrounds covering children's:

- knowledge of science, natural environment; gardening and social skills
- excitement about growing food, attitudes towards healthy eating
- consumption of fruit and vegetables
- overall motivation to learn and enjoyment of school
- school enrolment trends

Edible Playgrounds began on a small scale, working with schools to plant fruit and nut trees in their school grounds. Kids didn't know where food came from, they were losing connection with nature, and food. We have now successfully delivered over 20 Edible Playgrounds and demand continues to rise. We were established in London 20 years ago, and understand the needs of the city and are well-connected to the schools within it.

Edible Playgrounds provides a practical solution which meets City Bridge Trust's view that there is a need for more young people understand the benefit of growing food and its nutritional value. Throughout our work we involve local people and volunteers to deliver our projects. We welcome people from all backgrounds and actively recruit in areas of high deprivation with 'hard to reach' populations. We have a robust environmental policy in keeping with our primary objectives.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

We do not need any statutory consents, however we sign a Memorandum of Understanding with each partner school prior to starting the work which outlines the responsibilities of each party.

Do you have a Vulnerable Adults policy? **Yes**

What Quality Marks does your organisation currently hold?

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

Deliver 20 Edible Playgrounds in London schools over 3 years and provide a practical, hands-on, feet on the ground, this-is-how-you-do-it solution for Head Teachers to successfully implement the National Curriculum changes which addresses the need, and engages children in an exciting, fun and practical way.

Provide a high quality outdoor learning education programme linked to the national curriculum that improves children's knowledge of science, the natural environment and gardening whilst building their confidence and social skills. Finalise and continually update the on line educational resources.

Build the capacity of schools to fully utilise, develop and maintain their Edible Playground through training and online resources. Encourage schools to work together, inspire each other, share best practice. Assess the viability of developing a 'share-economy' so schools without land to create their own garden, share with our schools.

Develop an online fundraising platform so in the longer term the project will become self sustaining with schools fundraising more themselves. Over the 3 years, more costs will be met by the schools, increasing from 45% in Year 1, 50% in Year 2 and 58% in Year 3.

Build upon the Social Impact Analysis survey and follow up research undertaken by Oliver Wyman Management Consultants to develop further monitoring and evaluation tools to measure the longer term changes in children's understanding, attitudes and knowledge of growing food, healthy eating and impacts on obesity and food poverty.

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

New Edible Playgrounds created in 20 schools that are fully embedded into the new Curriculum with ongoing support from the Head so that it is NOT an optional item for teaching. All children across all year groups take part in continuing to develop and maintain the garden.

Children gain knowledge and awareness about gardening, local foods, seasonality, and awareness of healthy eating. Children demonstrate willingness to take part in gardening activities, consume and try more fruits and vegetables,, choose the healthier options at lunchtime . Children engage in positive lifestyle changes such as daily exercise.

Project becomes more financially sustainable as schools increase their fundraising capacity and ability to raise funds for their Edible Playground. More schools can access the project and be supported to create Edible Playgrounds.

Schools share resources, best practice and consider a 'share-economy' allowing schools without their own land to share their Edible Playground. Schools gain positive PR by creating an edible playground leading to parents wanting to send their children to the school which results in improvements such as school enrolment trends etc.

Greater knowledge of and evidence for the longer term improved health of children and reduced obesity as a result of increased consumption of fruit and vegetables and a more active outdoor lifestyle.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

Edible Playgrounds is central to Trees for Cities' longer term vision. We currently have a Consultant seconded to us and external partnerships in place to help us develop a longer term funding strategy, including supporting the schools to raise more funding themselves through developing a online 'fundraising platform' and undertake further research into social impact.

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

3,000

In which Greater London borough(s) or areas of London will your beneficiaries live?

London-wide (100%)

What age group(s) will benefit?

0-15

What gender will beneficiaries be?

All

What will the ethnic grouping(s) of the beneficiaries be?

A range of ethnic groups

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

1-10%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Site surveys and design	10,000	12,000	18,000	40,000
Materials (trees, soil etc) and equipment (tools etc)	16,500	22,500	31,500	70,500
Build and maintenance costs	34,000	46,500	65,000	145,500
Consultation and education	11,500	15,000	21,500	48,000
Project management and Overheads	18,000	24,000	34,000	76,000
Programme development	20,000	15,000	15,000	50,000
	0	0	0	0
	0	0	0	0
	0	0	0	0

TOTAL:	110,000	135,000	185,000	430,000
---------------	----------------	----------------	----------------	----------------

What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
Hitherfield Primary School	18,000	0	0	18,000
Copenhagen Primary School	15,000	0	0	15,000
Greater London Authority	3,000	0	0	3,000
Businesses A&O, Goldman Sachs, Marsh	14,500	10,000	0	24,500

TOTAL:	50,500	10,000	0	60,500
---------------	---------------	---------------	----------	---------------

What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0

TOTAL:	0	0	0	0
---------------	----------	----------	----------	----------

How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Site surveys and design	2,500	2,500	2,500	7,500
Materials (trees, soil etc) and equipment (tools etc)	9,500	9,500	9,500	28,500
Build and maintenance costs	11,500	11,500	11,500	34,500
Consultation and education	4,500	4,500	4,500	13,500
Project management and overheads	7,000	7,000	7,000	21,000
Programme development	15,000	15,000	15,000	45,000
	0	0	0	0

TOTAL:	50,000	50,000	50,000	150,000
---------------	---------------	---------------	---------------	----------------

Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: March	Year: 2013
-----------------------	---------------------	-------------------

Income received from:	£
Voluntary income	105,805
Activities for generating funds	430,877
Investment income	397
Income from charitable activities	866,857
Other sources	0
Total Income:	1,403,939

Expenditure:	£
Charitable activities	1,245,477
Governance costs	51,856
Cost of generating funds	193,414
Other	0
Total Expenditure:	1,490,747
Net (deficit)/surplus:	-86,811
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	-86,811

Asset position at year end	£
Fixed assets	24,390
Investments	2
Net current assets	440,881
Long-term liabilities	0
*Total Assets (A):	465,273

Reserves at year end	£
Restricted funds	0
Endowment Funds	0
Unrestricted funds	465,273
*Total Reserves (B):	465,273

*** Please note that total Assets (A) and Total Reserves (B) should be the same.**

Statutory funding

For your most recent financial year, what % of your income was from statutory sources?
31-40%

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

Following the planned operating deficit for 2012-13, an internal re-structuring process was carried out to reduce fixed costs in the longer term. Subject to final auditing of the 2014/15 accounts, the charity is expected to end the 2013/14 financial year with a small surplus. This was achieved without compromising activities, and the Trees for Cities Board feels it is in a robust position going forward.

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	500	7,300
London Local Authorities	133,200	131,613	243,134
London Councils	0	0	0
Health Authorities	0	0	0
Central Government departments	419,927	344,849	391,298
Other statutory bodies	0	0	0

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
Ecominds	14,089	39,947	0
Garfield Weston Foundation	25,000	0	0
Trust for London	11,750	11,250	2,750
Walcot Foundation	23,045	0	0
Salters Company	0	0	20,000

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Sharon Johnson**

Role within **Chief Executive**
Organisation:

This page is intentionally left blank

The City Bridge Trust

Investing In Londoners: Application for a grant



About your organisation

Name of your organisation: Choices Islington	
If your organisation is part of a larger organisation, what is its name? Not applicable	
In which London Borough is your organisation based? Islington	
Contact person: Mrs Celia Wyatt	Position: Executive Director
Website: http://www.choicesislington.org	
Legal status of organisation: Registered Charitable Incorporated	Charity, Charitable Incorporated Company or company number: 1124209
When was your organisation established? 29/01/2000	

Grant Request

Under which of City Bridge Trust's programmes are you applying? Improving Londoners' Mental Health
Which of the programme outcome(s) does your application aim to achieve? More offenders and ex-offenders receiving help and support to improve their mental health
Please describe the purpose of your funding request in one sentence. Providing constructive counselling to women inmates at HMP Holloway to help them healthily grieve their baby or child losses and thereby improve their mental health.
When will the funding be required? 01/08/2014
How much funding are you requesting? Year 1: £14,144 Year 2: £14,427 Year 3: £14,716 Total: £43,287

Aims of your organisation:

Our aims are to:

Help reduce distress for local women facing a crisis pregnancy and facilitate informed decision making in a non-judgemental manner.

Facilitate resolution for local women and men troubled by a past abortion.

Empower local young people to make healthy choices about relationships and sexual activity; thereby reducing teenage pregnancy and sexually transmitted infection rates in Islington.

Our objectives are:

For women struggling with post abortion, adoption or other pregnancy/child loss issues to:
Enable them to find acceptance of past events.

Grieve their losses in a healthy way.

Recover lost self-respect and raise feelings of self-worth.

Increase their ability to take control of their lives.

Increase their recognition of steps they can take to handle their emotions.

Provide them with tools to help them handle other issues of loss in their lives

For women facing an unplanned pregnancy to:

Reduce distress by offering support.

Facilitate informed decision making.

Increase their ability to take control of their lives.

Main activities of your organisation:

Our services include:

Unplanned Pregnancy Support providing information, a listening ear and options discussion.

Post-Abortion (and other types of pregnancy loss) Support offering a ten-step counselling programme.

HMP Holloway Pregnancy and Child Loss Counselling Project providing caring, compassionate counselling to support female prisoners with unplanned pregnancy or pregnancy/child loss issues including women whose children have been compulsorily adopted.

Community Relationships and Sexual Health Education (RSHE) Project working across the community using a range of creative methods to explore the dynamics of relationships and build skills to form positive relationships (a similar RSHE project is also provided at HMP Holloway).

Befriending Service offering support and friendship for vulnerable women who continue their pregnancies including free loan of baby clothing and equipment.

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
1	4	6	20

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Leased	Expired 07/14. To be renewed

Summary of grant request

Need for the Project

This project has a significant demand (150 referrals in 2013). Grief over their lost children and pregnancies is one of the deepest and most abiding themes for women in prison. Our experience has shown that women have often turned to substance abuse to deal with the pain of their child losses, an activity which directly contributes to their offending behaviour and has a deleterious effect on their mental health.

How the work will be delivered

This work will be delivered by a team of volunteers who are qualified counsellors or counsellors-in-training. In addition they are trained in-house in the use of our specific bereavement material. Volunteers are managed by the Director of Choices, a qualified counsellor with ten years' experience.

Why we are the right organisation to deliver the work

Choices has an established track record at HMP Holloway. We have built a reputation for delivering a quality service which is highly appreciated by staff and inmates. Choices' Prison Project is part of the Healthcare Department at HMP Holloway and line-managed by the Mental Health Manager. We have a service level agreement with CNWL (Central and North West London NHS Trust) which is commissioned to provide all healthcare for Holloway prison. We work very closely with the Mental Health and Psychological Therapies Teams and play a recognised role in the overall mental healthcare provision for the inmates. We are the only team providing dedicated unplanned pregnancy support and counselling for pregnancy and child loss issues.

How we will meet the Trust's programme outcome of more offenders and ex-offenders receiving help and support to improve their mental health

Choices aims to help women struggling to deal with their baby and child losses in an environment where serious psychological implications are inevitable without specific support. This includes women whose children are subject to enforced adoption (up to 40% of our clientele). This project aims to make a difference to women prisoners by enabling them to tackle painful issues of grief and responsibility in relation to their lost pregnancies and children. Once in prison and able to soberly reflect on events, participating in a programme which enables them to deal with some of their principal losses from the past, improves female prisoners' long term mental health and reduces the risk of self-harm or substance abuse. Combined with an improved self-respect learned through the counselling relationship their risk of reoffending is also reduced.

We recently added a Relationships and Sexual Health (RSHE) project. This encourages participants to develop the skills they need to ensure that when released they make and maintain healthy relationships, and are empowered with the information they need to keep themselves sexually and relationally healthy. This is particularly important for a population particularly at risk of sexual coercion and violence which is known to be associated with depression and anxiety.

How our project meets the Trust's 'Principles of Good Practice'

We use the Hospital Anxiety and Depression Scale to score clients before and after counselling. We involve service users in the management and running of the service through quantitative and qualitative evidence gathered from satisfaction questionnaires and programme evaluations. Annual reports of statistics and client work is produced as part of our service level agreement with CNWL and disseminated to key stakeholders within and outside the prison. We continually adapt our material to suit our client's needs; hence the recent introduction of the RSHE project. We plan to offer training and support to other groups so that similar projects can commence in other women's prisons around the UK.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Not applicable

Do you have a Vulnerable Adults policy? ~~NO~~ YES 

What Quality Marks does your organisation currently hold?

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

Consolidate the prison counselling service by raising the necessary funds and then recruiting an additional paid counsellor Year 1. In Year 2, continue to have three paid counsellors on the team.

Provide crisis pregnancy and pregnancy/child loss counselling to 100 women inmates at HMP Holloway in Year 1 and 120 in Year 2 and 3.

Recruit, train and maintain 4 volunteer counsellors making an optimal team size of 7 in order to keep waiting times to a minimum and increase the numbers of women we reach.

Introduce our services to local Probation, drugs intervention projects and other agencies to facilitate working with ex-offenders in the community as well as continuing with counselling 'through the gate' with released clients who are local.

Review our monitoring and evaluation procedures.

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

By avoiding fluctuations in the size of our team we will be able to provide better service delivery and guarantee the sustainability of the service for the future.

Through the increased provision of this service women inmates at HMP Holloway will receive appropriate support for one of the most significant and sensitive issues for female prisoners; providing resolution for women troubled by the loss of their child.

Through the retention of a small volunteer team we will be able to maximise the opportunity to build individual relationships between counsellors and inmates. This will create a trusted and stable environment in which our work can flourish prior to their release.

Improving the mental health of ex-offenders by helping them to healthily grieve their child losses thereby offering support at a critical juncture and reducing the risk of reoffending or returning to substance abuse.

Women will benefit from a service which is tailored to their needs and one which they contribute to shaping the delivery of.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

Our Prison Counselling Project is funded partly through grants and partly through Choices' own fundraising efforts and through private donations. We will continue to fund this work from these sources but are always looking for sustainable funding solutions for our work.

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

120

In which Greater London borough(s) or areas of London will your beneficiaries live?

Islington (100%)

What age group(s) will benefit?

16-24

25-44

45-64

What gender will beneficiaries be?

Female

What will the ethnic grouping(s) of the beneficiaries be?

White (including English/ Welsh/ Scottish/ Northern Irish/ British; Irish; Gypsy, Traveller or Irish Traveller; Any other White background)

Mixed/ Multiple ethnic groups (including White and Black Caribbean; White and Black African; White and Asian; Any other Mixed/ Multiple ethnic background)

Asian/ Asian British (including Indian; Pakistani; Bangladeshi; Chinese; Any other Asian background)

Black/ African/ Caribbean/ Black British (including African; Caribbean; Any other Black/ African/ Caribbean background)

If Other ethnic group, please give details: **Non-British white**

What proportion of the beneficiaries will be disabled people?

1-10%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Project Manager Salary	12,240	12,485	12,735	37,460
Employers NI Liability	628	640	653	1,921
Prison Counsellor Salary I	4,992	5,092	5,194	15,278
Prison Counsellor Salary II	4,992	5,092	5,194	15,278
Materials and Resources	750	750	750	2,250
Supervision	3,328	3,395	3,462	10,185
Volunteer Expenses	500	600	650	1,750
Training and Volunteer Development	1,000	1,200	1,400	3,600
Other costs (broken down as a full breakdown in proposal)	9,500	9,500	10,000	29,000

TOTAL:	37,930	38,754	40,038	116,722
---------------	---------------	---------------	---------------	----------------

What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
Hinchley Charitable Trust	7,500	0	0	7,500
Leaver Family Charitable Trust	500	0	0	500
Barnabas Trust	500	0	0	500
Other trusts (broken down as full breakdown in supporting information)	10,000	0	0	0

TOTAL:	18,500	0	0	18,500
---------------	---------------	----------	----------	---------------

What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
Hilden Charitable Fund	5,000	0	0	5,000
	0	0	0	0

TOTAL:	5,000	0	0	5,000
---------------	--------------	----------	----------	--------------

How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Prison Counsellor Salary I	4,992	5,092	5,194	15,278
Prison Counsellor Salary II	4,992	5,092	5,194	15,278
Supervision	3,328	3,395	3,462	10,185
	0	0	0	0
	0	0	0	0

TOTAL:	13,312	13,579	13,850	40,741
---------------	---------------	---------------	---------------	---------------

Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: December	Year: 2013
-----------------------	-----------------	------------

Income received from:	£
Voluntary income	125,277
Activities for generating funds	20,098
Investment income	19
Income from charitable activities	156
Other sources	6,642
Total Income:	152,192

Expenditure:	£
Charitable activities	102,905
Governance costs	2,437
Cost of generating funds	14,527
Other	
Total Expenditure:	119,870
Net (deficit)/surplus:	32,323
Other Recognised Gains/(Losses):	
Net Movement in Funds:	32,323

Asset position at year end	£
Fixed assets	
Investments	
Net current assets	98,969
Long-term liabilities	
*Total Assets (A):	98,969

Reserves at year end	£
Endowment funds	
Restricted funds	7,728
Unrestricted funds	91,241
*Total Reserves (B):	98,969

* Please note that total Assets (A) and Total Reserves (B) should be the same.

Statutory funding

For your most recent financial year, what % of your income was from statutory sources?
0%

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

Choices' Treasurer resigned in 2013 and so far we've had two unsuccessful recruitment drives to source a replacement. We currently have another person considering the post. In the meantime, our Finance Subcommittee (Chaired by our Chair of Trustees) together with our very competent Bookkeeper have been covering the Treasurer's duties and the 2013 Accounts and Report have been successfully produced and approved. Bimonthly financial reviews at the Board have continued and the Bookkeeper will attend the Board AGM on 30 July to speak to the accounts and Choices' current financial situation.

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	0	0	0
London Councils	0	0	0
Health Authorities	0	0	0
Central Government departments	0	0	0
Other statutory bodies	0	0	0

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
Henry Smith Charity	0	30,000	30,000
Joseph Rank Trust	12,000	12,000	12,000
Sir Halley Stewart	0	0	20,000
Seedbed Trust	0	5,000	2,500
Hinchley Charitable Trust	0	0	7,500

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Celia Wyatt**

Role within **Executive Director**
 Organisation:

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

Activity 1: All women admitted to HMP Holloway with an unplanned pregnancy and unsure what to choose, be offered one-to-one pregnancy choices counselling within two weeks of referral in order to facilitate their own informed decision-making. This output to be the same for Years 1 - 3.

Activity 2: At least 100 inmates at HMP Holloway receive one-to-one pregnancy/child loss counselling with 600 sessions delivered in Year 1, and 120 women with 650 sessions in Years 2 and 3 respectively.

Activity 3: To recruit, induct, train and support two volunteer counsellors and two paid counsellors to provide one-to-one pregnancy/child loss counselling and bring the team size up to seven in Year 1. Further volunteers inducted, trained and supported as required in Years 2 and 3 to maintain an optimal team size of seven.

Activity 4: To provide 'through the gate' pregnancy/child loss counselling for 5 -10 ex-offenders in Year 1, rising to 8 – 12 and 10 – 15 in Years 2 and 3 respectively.

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

Difference 1: All unplanned pregnancy clients at HMP Holloway have a reduced risk of adverse psychological consequences regarding their pregnancy through the experience of supported decision-making.

Difference 2: At least 80% of clients at HMP Holloway who complete the programme of one-to-one counselling for pregnancy/child loss in Years 1, 2 and 3 respectively, achieve an improvement in their mental health by reducing their anxiety and depression levels and report an improvement in their psychological well-being through raising their self-esteem and reducing their distress levels by healthily grieving their lost pregnancies/children and where appropriate through re-establishing letterbox contact with their adopted children.

Difference 3: At least 50% of clients in Year 1 will benefit from rapid relief of psychological distress through a timely counselling response in less than one month from date of referral and receive at least five sessions thereby improving therapeutic outcomes. This figure to rise to 60% and 70% in Years 2 and 3 respectively.

Difference 4:

Improving the mental health of 5 – 10 ex-offenders in Year 1 by:

- a) helping them to healthily grieve their child losses
- b) providing professional consistency

Thereby offering support at a critical juncture and helping them maintain mental health gains achieved in prison and reducing the risk of reoffending or returning to substance abuse. This number to rise to 8 – 12 in Year 2 and 10 – 15 in Year 3.

The City Bridge Trust

Investing In Londoners: Application for a grant



About your organisation

Name of your organisation: Food Chain	
If your organisation is part of a larger organisation, what is its name?	
In which London Borough is your organisation based? Camden	
Contact person: Ms Siobhán Lanigan	Position: Chief Executive Officer
Website: http://www.foodchain.org.uk	
Legal status of organisation: Registered Charity	Charity, Charitable Incorporated Company or company number: 1003014
When was your organisation established? 25/12/1988	

Grant Request

Under which of City Bridge Trust's programmes are you applying? Improving Londoners' Mental Health
Which of the programme outcome(s) does your application aim to achieve? More LGBT people accessing mental health services resulting in improved mental health and reduced mental distress More people from BME communities accessing appropriate mental health services, resulting in them receiving the right care and treatment
Please describe the purpose of your funding request in one sentence. The purpose of our Eating Together service is to tackle social isolation and related depression and anxiety among people living with HIV in London
When will the funding be required? 01/09/2014
How much funding are you requesting? Year 1: £48,100 Year 2: £0 Year 3: £0 Total: £48,100

Aims of your organisation:

The Food Chain exists to provide access to food and nutrition support services at times of particular need or crisis to enable people living with HIV to get well, stay well and sustain independent living.

Working together since 1988, we are a supportive and nurturing community of volunteers, staff, supporters, organisations and people living with HIV.

The Food Chain offers a range of tailored services for anyone living with HIV in London who is in need of nutrition support because of ill health, economic need, experiencing social isolation or lack of nutrition knowledge and cookery skills. Services are organised and delivered by hundreds of volunteers and a small team of paid staff.

Main activities of your organisation:

The Food Chain provides

One to one dietetic assessment and advice provided by trained dietitians

A home meal delivery service to cover 7 days per week for those who are too unwell to cook for themselves

6 weeks of grocery hampers tailored to meet the nutritional requirements of service users

A series of 4 Eating Positively cookery and nutrition classes

Weekly Eating Together communal lunches during a service user's time on service (up to 3 months)

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
9	0	11	500

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Rented	7 years

Summary of grant request

We are requesting continuation funding for our Eating Together service that was supported by the City Bridge Trust with a two year grant for 2012-2014. The key aims of the service are to reduce the isolation of vulnerable People Living with HIV (PLHIV) in London, help service users live more independently by combating the cycle of poor nutrition leading to reduced energy and well-being, and to empower PLHIV to feel more in control of their lives, break down barriers, share knowledge and better cope with the challenges they face. The target was to reach 49 service users per year. In total we have reached 155 unique service users. The demand for the service and attendance rates have grown steadily throughout the period. Continuation funding would help us continue the momentum of the service and support a further 100 people. It would also assist us with securing matched and additional funding from other sources.

Continuing need for the service

The prevalence of psychological and psychiatric problems among people living with HIV is substantially higher than in the general population. People with HIV are about twice as likely to be diagnosed with depression as matched controls in the general population. HIV tends to be concentrated in vulnerable and stigmatised populations who are already at greater risk of mental health problems than the general population and HIV exacerbates this health inequality. Psychological difficulties can also result from receiving an HIV diagnosis and the challenges of living with HIV.

The service enables PLHIV to meet once a week at our King's Cross kitchen to share a nutritious hot meal. Guest speakers provide information and signposting to other services and service users have the opportunity to go on to volunteer with The Food Chain at the end of their service if they wish to.

Building on the success of the first two years we want to sustain and further develop Eating Together. Over the next 12 months we plan to offer additional sessions, some on Sundays. We will also promote the service to our network of health and social care professionals and other HIV support organisations and work collaboratively to reach people with HIV who are particularly vulnerable to isolation and poor mental health including single parents, those with existing mental health problems, as well as new arrivals to the UK and older gay men.

Track record

The Food Chain has 25 years' experience of delivering nutritional support services to people living with HIV in London. The Eating Together service was first piloted in 2011 and subsequently expanded during 2012 and to date, with the move to our own kitchen/dining facility in King's Cross

Principles of Good Practice

Service users attending Eating Together are regularly consulted on the nature of the service and asked for input on guest speakers to invite and any changes they would like to see to the service.

The service is attended by people with a very diverse range of backgrounds - 60% are male, 59% female and 1% Transgender; 26% are gay men and 89% are from BME communities.

We depend on the input of some 500 volunteers for the delivery of all our services, including Eating Together and a number of service users have progressed from attending to volunteering for the service. All volunteers receive induction and appropriate skills training and are supervised by a more senior volunteer or a staff member. All receive appropriate paid expenses.

We recycle all appropriate materials and take all our food waste to the Calthorpe Project to turn into compost. Service users travel to Eating Together by public transport.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

n/a

Do you have a Vulnerable Adults policy? **Yes**

What Quality Marks does your organisation currently hold?

We do not currently hold a quality mark

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

100 unique individuals attending Eating Together sessions in a 12 month period

The provision of 52 Eating Together sessions in a 12 month period

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

HIV+ people attending Eating Together are less isolated and have an increased level of self confidence

HIV+ people attending Eating Together have an improved nutritional intake and increased well being

HIV+ people attending Eating Together have a greater sense of control of their lives

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

The Eating Together service is now an integral part of our offer. In the current year we are allocating unrestricted income to sustain the Eating Together service and we are approaching a number of small and medium sized charitable trusts to support the future development and expansion of the service.

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year? 100
In which Greater London borough(s) or areas of London will your beneficiaries live? London-wide (100%)
What age group(s) will benefit? 16-24 25-44 45-64 65-74
What gender will beneficiaries be? All
What will the ethnic grouping(s) of the beneficiaries be? A range of ethnic groups
If Other ethnic group, please give details:
What proportion of the beneficiaries will be disabled people? 91-100%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Running costs	31,686	0	0	0
Salaries costs	75,428	0	0	0
Kitchen support costs	7,076	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0

TOTAL:	114,190	0	0	0
---------------	----------------	----------	----------	----------

What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
Reserves/unrestricted income	32,000	0	0	0
MAC Aids fund	25,000	0	0	0
	0	0	0	0
	0	0	0	0

TOTAL:	57,000	0	0	0
---------------	---------------	----------	----------	----------

What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
16 x small charitable trusts	10,000	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0

TOTAL:	0	0	0	0
---------------	----------	----------	----------	----------

How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Direct running costs	21,700	0	0	0
Salaries costs	26,400	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0

TOTAL:	48,100	0	0	0
---------------	---------------	----------	----------	----------

Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: March	Year: 2013
-----------------------	---------------------	-------------------

Income received from:	£
Voluntary income	175,181
Activities for generating funds	54,877
Investment income	0
Income from charitable activities	599,675
Other sources	1,937
Total Income:	831,670

Expenditure:	£
Charitable activities	694,744
Governance costs	15,567
Cost of generating funds	81,800
Other	0
Total Expenditure:	792,111
Net (deficit)/surplus:	39,559
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	0

Asset position at year end	£
Fixed assets	63,039
Investments	0
Net current assets	383,079
Long-term liabilities	0
*Total Assets (A):	446,118

Reserves at year end	£
Restricted funds	284,035
Endowment Funds	0
Unrestricted funds	162,083
*Total Reserves (B):	446,118

*** Please note that total Assets (A) and Total Reserves (B) should be the same.**

Statutory funding

For your most recent financial year, what % of your income was from statutory sources?
0%

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

In response to the changing needs of service users we have introduced a home meal delivery service to cover 7 days a week using an external provider of meals. We have consequently brought to an end our volunteer Sunday meal delivery service that operated for just one day per week.

Our Fundraising and Communications Manager is vacant due to sabbatical leave.

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	0	0	0
London Councils	0	0	0
Health Authorities	0	0	0
Central Government departments	0	0	0
Other statutory bodies	0	0	0

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
Elton John Aids Foundation	301,942	422,343	159,693
MAC Aids Fund	70,000	80,000	90,000
Big Lottery Fund	0	83,361	83,361
Henry Smith Charitable Trust	0	0	30,000
Monument Trust	0	0	75,000

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Siobhán Lanigan**

Role within **chief Executive**
Organisation:

The City Bridge Trust

Investing In Londoners: Application for a grant



About your organisation

Name of your organisation: Open Door, Young People's Consultation Service	
If your organisation is part of a larger organisation, what is its name?	
In which London Borough is your organisation based? Haringey	
Contact person: Ms Julia Britton	Position: Director
Website: http://www.opendooronline.org	
Legal status of organisation: Registered Charity	Charity, Charitable Incorporated Company or company number: 299707
When was your organisation established? 01/01/1976	

Grant Request

Under which of City Bridge Trust's programmes are you applying? Improving Londoners' Mental Health
Which of the programme outcome(s) does your application aim to achieve? More children and young people receiving specialist help, resulting in improved mental health A reduction in suicide and self-harm amongst the recognised at risk groups
Please describe the purpose of your funding request in one sentence. To develop Open Door Tottenham -- a comprehensive therapy service for vulnerable and marginalised young people aged 12-24 in an area of significant deprivation.
When will the funding be required? 01/07/2014
How much funding are you requesting? Year 1: £45,000 Year 2: £46,000 Year 3: £47,000 Total: £138,000

Aims of your organisation:

- To improve the well-being and mental health outcomes of young people aged 12-24 through delivering effective, evidence- based psychological therapies.
- To reduced the risk of suicide and self harm and alleviate the effects of abuse, trauma and mental ill health.
- To enhance the educational achievement and employment opportunities of young people experiencing mental health problems.
- To enable young people to feel more in control of their lives and to make positive choices.
- To improve young people's capacity to develop and sustain relationships.
- To provide consultation and support to parents, carers and professionals concerned with young people.
- To ensure delivery of evidence-based services through monitoring, evaluation and research.
- To provide an inclusive service that works to remedy discrimination on any grounds.
- To deliver the 'Every Child Matters' targets.

Main activities of your organisation:

Young people aged 12-24 are offered a range of fully evaluated psychological interventions delivered by highly trained professionally accredited clinicians. We currently offer:

- Counselling
- Psychotherapy
- Cognitive Behaviour Therapy (CBT)
- Mindfulness Based Therapy
- Dynamic Interpersonal Therapy (DIT)
- Specialist Psychotherapy for young people with disabilities
- Group Therapy
- Family Therapy

Therapy is offered on a brief, medium and longer-term basis, from a few sessions of crisis work to two years of weekly psychotherapy.

We have a separate service for parents/carers concerned about their adolescent and young adult children called the 'Parenting Teenagers Project' which offers brief and longer term interventions. We also have therapy services operating in a number of secondary schools throughout Haringey.

Additionally offer work placements for clinical trainees and volunteering opportunities.

We undertake evaluation and research with a view to improving service provision for young people and their families and disseminate this work more widely through presentations and publications.

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
0	17	8	8

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Owned	

Summary of grant request

Haringey is one of the most socially, ethnically and economically diverse Boroughs in London. It is home to some of the most affluent as well as the most deprived communities in the UK, reflected geographically in a split between west and east. Rates of physical and mental ill health, unemployment, family breakdown, teenage pregnancy, gang related violence and other indicators of poorer outcomes for children and young people are significantly higher in the more impoverished east. 5 of London's 25 most deprived wards are located in East Haringey. Anxiety about the massive social divide in the borough was heightened following the riots in 2011 giving a sense of urgency to the need for the development of services for children, young people and families in the east.

Based in Crouch End, West Haringey, since its inception in 1976, Open Door has been supported over the years by funders including City Bridge, to improve access to its services across the borough through outreach work in schools and other community based settings. Last year we received 3 years funding from Haringey Council's Voluntary Sector Investment Fund for organisational transformation and are aiming to achieve something more ambitious - not an outreach service, nor a satellite service but a permanent presence in the heart of Tottenham, East Haringey.

We have secured premises within the 639 Enterprise Centre, a flagship regeneration project funded by the GLA and opened by the Mayor of London in May 2013. 639 is a hub for youth training, employment and enterprise. We were welcomed in to this new venture to facilitate a more supportive and holistic approach to issues of youth employment, inclusion and emotional well-being and to provide an easily accessible, non-stigmatising mental health service for local young people and their families.

Having established the infrastructure we are looking to build a clinical team of highly trained professionals and volunteers to deliver the full range of Open Door's services as well as piloting new interventions in response to local need.

We aim to deliver:

- Counselling and psychotherapy for 12-24 year olds from a few sessions of crisis work to 2 years weekly therapy
- Cognitive Behaviour Therapy (CBT)
- Mindfulness Based Therapy
- Specialist psychotherapy in our service for young people with disabilities
- Family Therapy & Parent Work in our Big Lottery funded Parenting Teenagers Project
- New targeted therapy services for teenage parents; care leavers and young people not in education, employment or training to be delivered with local partners based in and around the 639 Enterprise Centre including First Rung, The Princes Trust and local Children's Centres.

Over the past 38 years, Open Door has worked with thousands of young people facing emotional and mental health difficulties in their transition from childhood to adulthood. Our interventions are evidence-based and outcomes monitored.

Our latest evaluation showed:

- 89% improvement in mood
- 77% reduction in self-harm
- 86% reduction in anxiety
- 84% improvement in functioning

We also listen to service users and it was their feedback about the need for locally based services that led us to the idea of establishing a permanent home in Tottenham, an area that presents particular challenges for its young people but also holds within it so much creative potential. We hope that City Bridge Trust will support the development of Open Door Tottenham and contribute to improving the mental health outcomes and life chances of local young people.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? **No**

What Quality Marks does your organisation currently hold?

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

Carry out comprehensive mental health needs assessments to establish the most appropriate therapeutic intervention or package of interventions. The educational, employment and social needs of the young person will also be assessed.

Highly trained clinicians will deliver evidence-based psychological therapies on an individual and group basis -- counselling, psychotherapy, CBT, Mindfulness and Dynamic Interpersonal Therapy (DIT). Interventions will range from a few sessions of crisis work to 2 years weekly therapy. Personalised packages of interventions will be offered where appropriate.

Pilot targeted services for particularly disadvantaged young people -- those not in education, employment or training; care leavers, young parents and young people from BME communities. Working with local partners we will deliver flexible multi-level interventions -- to meet the therapeutic, educational, training and social needs of young people.

Alongside the work in our Young People's Service, we will deliver Open Door's fully evaluated model of therapeutic support for parents and carers concerned about their teenage and young adult children as well as family therapy in our Big Lottery funded Parenting Teenagers Project.

We will recruit, train and support voluntary therapists and other frontline volunteers to increase capacity and to provide high quality work experience in an established, highly professional organisation undergoing an exciting period of change and development.

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

Young people using our service will experience improved mental health and emotional well-being -- indicators would include reduction in rates of depression, anxiety, self-harm, suicidal ideation and eating difficulties as well as reduced 'externalising behaviours' including violence, delinquency, alcohol and substance misuse

Particularly marginalised and at risk young people will have access to a local service and become engaged in mental health treatment. These will include young people from BME communities, those not in education, employment or training, care leavers, pregnant teenagers and young parents.

Young people will feel more confident and able to engage with education, employment and training and be less socially isolated.

Young people will experience improved family, peer and partner relationships crucial to sustaining improved mental health, emotional well-being and resilience.

Volunteer therapists and front line support workers will gain essential experience and training - equipping them to go on to employment, taking with them the necessary skills and understanding to be able to work effectively with vulnerable and marginalised young people.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

Our project very much fits the local strategy of developing targeted services in the Tottenham area. We would therefore hope that the service would be integrated into our overall work after 3 years with financial support from local commissioners. As you will understand, we cannot get guarantees at this stage given constraints on public expenditure.

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

62

In which Greater London borough(s) or areas of London will your beneficiaries live?

Haringey (100%)

What age group(s) will benefit?

0-15

16-24

What gender will beneficiaries be?

All

What will the ethnic grouping(s) of the beneficiaries be?

White (including English/ Welsh/ Scottish/ Northern Irish/ British; Irish; Gypsy, Traveller or Irish Traveller; Any other White background)

Mixed/ Multiple ethnic groups (including White and Black Caribbean; White and Black African; White and Asian; Any other Mixed/ Multiple ethnic background)

Asian/ Asian British (including Indian; Pakistani; Bangladeshi; Chinese; Any other Asian background)

Black/ African/ Caribbean/ Black British (including African; Caribbean; Any other Black/ African/ Caribbean background)

If Other ethnic group, please give details: includes Kurdish, Turkish, Cypriot

What proportion of the beneficiaries will be disabled people?

11-20%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
STAFF - employed	33,512	34,357	35,224	103,093
Clinical supervision	1,790	1,790	1,790	5,370
Clinical Admin (from support service)	6,032	6,184	6,340	18,556
Contribution to core costs	5,027	5,154	5,284	15,465
Project costs	3,870	3,951	4,100	11,921
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0

TOTAL:	50,231	51,436	52,738	154,405
---------------	---------------	---------------	---------------	----------------

What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
Open Door resources	5,354	5,488	5,626	16,468
	0	0	0	0

TOTAL:	5,354	5,488	5,626	16,468
---------------	--------------	--------------	--------------	---------------

What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0
	0	0	0	0

TOTAL:	0	0	0	0
---------------	----------	----------	----------	----------

How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
STAFF - employed	28,158	28,869	29,598	86,625
Clinical supervision	1,790	1,790	1,790	5,370
Clinical Admin (from support service)	6,032	6,184	6,340	18,556
Contribution to core costs	5,027	5,154	5,284	15,465
Project costs	3,870	3,951	4,100	11,921
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0

TOTAL:	44,877	45,948	47,112	137,937
---------------	---------------	---------------	---------------	----------------

Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: March	Year: 2013
-----------------------	---------------------	-------------------

Income received from:	£
Voluntary income	94,476
Activities for generating funds	0
Investment income	1,203
Income from charitable activities	277,030
Other sources	0
Total Income:	372,709

Expenditure:	£
Charitable activities	357,503
Governance costs	2,355
Cost of generating funds	0
Other	0
Total Expenditure:	359,858
Net (deficit)/surplus:	12,851
Other Recognised Gains/(Losses):	-728
Net Movement in Funds:	12,123

Asset position at year end	£
Fixed assets	308,657
Investments	17,620
Net current assets	86,656
Long-term liabilities	0
*Total Assets (A):	412,933

Reserves at year end	£
Restricted funds	183,730
Endowment Funds	0
Unrestricted funds	229,203
*Total Reserves (B):	412,933

* Please note that total Assets (A) and Total Reserves (B) should be the same.

Statutory funding

For your most recent financial year, what % of your income was from statutory sources?
41-50%

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

None

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	21,000	9,450	34,683
London Councils	0	0	0
Health Authorities	124,000	126,000	117,300
Central Government departments	30,376	0	0
Other statutory bodies	0	0	0

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
Big Lottery (Reaching Communities Programme)	89,660	90,825	98,564
Comic Relief	0	31,953	46,079
BBC Children in Need	0	6,623	23,736
Aardvark Trust	7,372	2,212	0
AB Charitable Trust	0	7,500	0

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Julia Britton**

Role within **Director**
Organisation:

This page is intentionally left blank

The City Bridge Trust

Investing In Londoners: Application for a grant



About your organisation

Name of your organisation: Positive East	
If your organisation is part of a larger organisation, what is its name?	
In which London Borough is your organisation based? Tower Hamlets	
Contact person: Mr Liam Clipsham	Position: Trusts and Foundations Officer
Website: http://www.positiveeast.org.uk	
Legal status of organisation: First Contact	Charity, Charitable Incorporated Company or company number: 1001582
When was your organisation established? 10/01/1991	

Grant Request

Under which of City Bridge Trust's programmes are you applying? Improving Londoners' Mental Health
Which of the programme outcome(s) does your application aim to achieve? Domestic violence survivors empowered to avoid or leave violent, abusive or exploitative situations More people from BME communities accessing appropriate mental health services, resulting in them receiving the right care and treatment
Please describe the purpose of your funding request in one sentence. Re:Assure works with HIV Positive women (and partners) who have experienced rape and sexual violence -- in particular refugee and asylum seeking women.
When will the funding be required? 01/10/2014
How much funding are you requesting? Year 1: £37,628 Year 2: £38,739 Year 3: £0 Total: £76,376

Aims of your organisation:

Positive East supports people living with and affected by HIV in East London. There are now nearly 100,000 people in the UK living with HIV with around half of them in London. We work in many of the boroughs with the highest rates. They are also some of the most economically deprived areas in the UK. We provide a range of support services to those who are unwilling or unable to access help anywhere else, due to fear of stigma or a lack of confidence and means.

We also wish to see no more onward transmission of the virus and so we carry out rapid HIV tests in more places than anyone else in London. That includes providing information in the community to reach as many people as possible and doing outreach work in community centres, churches, gay bars and clubs, gay saunas, shops, gymnasiums, libraries, schools and colleges.

Main activities of your organisation:

Positive East supports people living with HIV by providing:

Psychological help, advice and counselling, including specific groups linked to age, language, culture and gender.

Peer support led services.

Well-being courses promoting a healthy lifestyle and building social networks.

Ongoing guidance on living a healthy lifestyle making use of our own social enterprise café, gym and communal garden.

Courses promoting independence in life and fostering pathways back into employment, education and training.

Volunteering opportunities, encouraging giving back, where appropriate, with an ethos of benefiting all parties involved

Positive East promotes HIV awareness and undertakes community testing:

We focus on harder to reach and more at risk groups; examples include education and testing outreach in black faith congregations and onsite testing in gay sauna's across East London

We provide translated materials aimed at encouraging testing as well as language specific points of access for our support services; in recent years we have increased the language portfolio to include more Eastern European languages

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
16	14	12	60

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Leased	125 years+ peppercorn rent

Summary of grant request

Re:Assure is the only project in Greater London that specifically focuses on HIV Positive women, in particular refugees and asylum seekers, who have experienced rape and sexual violence. Many of these women have complex needs related to past and current traumas and many are living in difficult economic and social circumstances with immigration status being a major concern.

The project provides counselling, group work and mentoring so that the women, along with their partners and families, can overcome past traumas, current conflicts and fear of stigma and disclosure around their status. The counselling is led by a qualified and experienced clinical psychologist and will be complemented by a final year trainee. The group work is led by a Supporting Services worker who specialises in working with refugees and asylum seekers. The project naturally complements Positive East's wider supporting services that address welfare payments, housing, employment, social networks, health living etc.

The core aim of the work is to facilitate increased independence and well-being in the women with whom we work, so that they are more confident and able to live their lives and have successful relationships. Additional aims are to address fear of disclosure, discrimination and stigma, facilitate stronger relationships and to tackle domestic violence.

*

Positive East has been supporting PLWHIV across East London for nearly 25 years and we have run the Re:Assure project for the last six, after identifying an unmet need with women who had experienced sexual abuse, rape and trauma which was often related to their HIV diagnosis. The project has evolved to both confront more complex issues related to past trauma through refined counselling methods as well as tackling day-to-day challenges and links into a support package that promotes independence and well-being in life. We are the right organisation to continue this work as we have the experience and skill set to deliver it successfully, the supporting services that compliment the project and the partnerships that reach out to where the need is.

The Re:Assure project is a targeted approach aimed at improving the mental health of vulnerable women in London who are living with HIV. Specifically we work with refugee and asylum seeking women from BME communities along with their partners and families. While the majority of service users are black African Re:Assure has worked with women of other ethnicities and backgrounds and we are further investigating partnerships with charities and agencies working with recent immigrants where there might be a need for this type of intervention. The nature of living with HIV adds to the complexity and challenges making non HIV specific mental health support insufficient to address properly issues of stigma, self loathing and fear of disclosure.

We actively encourage current and ex service users to help shape the content of our Re:Assure group sessions and as a result we have spent longer on topics such as sexual relationships and dealing with abuse from partners. We has also utilised their ideas to help us fund-raise for the work and this has included craft sales with items made by the women and a Fashion Show which is being supported by MAC Cosmetics. We also encourage volunteering and in particular peer support from women that have already been through the course helping those who are embarking on it for the first time, part of our core ethos is learning from lived experience. We plan to increase volunteer delivery.

The demand for the work is still high and the challenges the women face are increasingly complex, mainly due to the increasingly hostile welfare and immigration environment that is apparent in the UK.

* = People Living With HIV

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

N/A

Do you have a Vulnerable Adults policy? **No**

What Quality Marks does your organisation currently hold?

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

Deliver one to one counselling sessions with the women focused on improving their mental health and overcoming past traumas.

Providing a structured weekly programme on sex and relationships within a group setting.

Following feedback we will be providing more therapy sessions for couples focused on addressing issues of domestic violence.

We will provide volunteer and peer support opportunities that will include training support and signposting on to further education and employment opportunities. We plan to increase the amount of work delivered by peers/volunteers from 20% to 30% over the next two years.

We will promote the work to the wider sector, in particular focusing on migrant and domestic violence charities.

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

The women who have attended the trauma intervention therapy will build up their personal resilience and coping strategies to help address the past and deal with current day-to-day challenges.

Participants are encouraged to share their stories in a non judgemental environment as well as listen to advice and tips from experts. This will enable them to have more expertise and confidence to negotiate sex and relationships with their partners.

Most of the women that are in relationships currently experience levels of domestic violence. We aim to engage with the partners in a delicate and informative way to try and reduce this and to show that it is unacceptable.

The women taking part in the Re:Assure programme will be encouraged to gain skills and qualifications with Positive East that can lead on to further education and employment opportunities, taking into account legal status and right to work.

We want to further ensure that those who would benefit from the Re:Assure project know about it and to this end we will be working more with general migrant, domestic violence and HIV charities in London to advertise and promote the project.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

Yes. We intend to fund it from alternative sources of voluntary income. We will also explore further the generation of income from social enterprise work stemming from the project such as selling hand-crafted goods made by the ladies involved in the course themselves. A fashion show event will also be explored.

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

100

In which Greater London borough(s) or areas of London will your beneficiaries live?

London-wide (100%)

What age group(s) will benefit?

16-24

25-44

45-64

What gender will beneficiaries be?

Male

Female

What will the ethnic grouping(s) of the beneficiaries be?

Mixed/ Multiple ethnic groups (including White and Black Caribbean; White and Black African; White and Asian; Any other Mixed/ Multiple ethnic background)

Asian/ Asian British (including Indian; Pakistani; Bangladeshi; Chinese; Any other Asian background)

Black/ African/ Caribbean/ Black British (including African; Caribbean; Any other Black/ African/ Caribbean background)

Other ethnic group (including Arab)

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

21-30%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Lead Clinical Psychologist	23,510	24,215	0	47,725
Women's support worker	8,518	8,774	0	17,292
Travel expenses for service users	2,000	2,200	0	4,200
Creche for service users with children	4,200	4,350	0	8,550
Volunteer expenses (training and travel + food)	3,000	3,200	0	6,400
Monitoring and evaluation costs	1,200	1,200	0	2,400
Management costs	4,400	4,550	0	8,950
	0	0	0	0
	0	0	0	0

TOTAL:	46,828	48,489	0	95,317
---------------	---------------	---------------	----------	---------------

What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
Co-operative Community fund - creche worker	1,875	0	0	1,875
Positive East Events (for volunteers and travel costs)	3,550	0	0	3,550
	0	0	0	0
	0	0	0	0

TOTAL:	5,425	0	0	5,425
---------------	--------------	----------	----------	--------------

What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
PE funding events	1,775	5,250	0	7,025
Wandsworth Oasis small grant	2,000	2,500	0	4,500
Co-operative Community Award	0	2,000	0	2,000
	0	0	0	0

TOTAL:	3,775	9,750	0	13,525
---------------	--------------	--------------	----------	---------------

How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Salary Psychologist	23,510	24,215	0	47,725
Women's support worker	8,518	8,774	0	17,292
Monitoring and evaluation costs	1,200	1,200	0	2,400
Management costs	4,400	4,550	0	8,950
	0	0	0	0
	0	0	0	0

TOTAL:	37,628	38,739	0	76,376
---------------	---------------	---------------	----------	---------------

Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: March	Year: 2013
-----------------------	---------------------	-------------------

Income received from:	£
Voluntary income	71,100
Activities for generating funds	111,297
Investment income	986
Income from charitable activities	1,421,258
Other sources	105,668
Total Income:	1,710,309

Expenditure:	£
Charitable activities	1,235,544
Governance costs	95,349
Cost of generating funds	160,526
Other	199,901
Total Expenditure:	1,691,320
Net (deficit)/surplus:	18,989
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	18,989

Asset position at year end	£
Fixed assets	121,894
Investments	125,000
Net current assets	361,433
Long-term liabilities	0
*Total Assets (A):	608,327

Reserves at year end	£
Restricted funds	0
Endowment Funds	0
Unrestricted funds	608,327
*Total Reserves (B):	608,327

* Please note that total Assets (A) and Total Reserves (B) should be the same.

Statutory funding

For your most recent financial year, what % of your income was from statutory sources?
61-70%

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

None

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	12,000	10,800	10,800
London Local Authorities	306,916	314,728	1,020,953
London Councils	0	0	0
Health Authorities	0	829,798	763,644
Central Government departments	0	0	0
Other statutory bodies	305,743	133,102	139,865

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
MAC AIDS	0	66,000	89,000
Monument Trust	40,500	50,750	66,250
Trust for London	0	17,213	17,213
Big Lottery Transitions	0	205,000	0
Gilead	13,805	0	0

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Liam Clipsham**

Role within **Trusts and Foundations Officer**
Organisation:

This page is intentionally left blank

The City Bridge Trust

Investing In Londoners: Application for a grant



About your organisation

Name of your organisation: Respond	
If your organisation is part of a larger organisation, what is its name?	
In which London Borough is your organisation based? Camden	
Contact person: Ms Deborah Lyttelton	Position: Forensic Psychotherapist & Fundraiser
Website: http://www.respond.org.uk	
Legal status of organisation: Registered Charity	Charity, Charitable Incorporated Company or company number: 800862
When was your organisation established? 02/01/1989	
Aims of your organisation: Respond aims to make a real difference to the lives of people with learning disabilities by providing effective and flexible support to help them to improve their lives. Respond works with children and adults with learning disabilities who have experienced abuse or trauma - as well as those who have abused others - through psychotherapy, advocacy, campaigning and other support. Respond also aims to prevent abuse by providing training, consultancy and research.	
Main activities of your organisation: 1. Individual psychotherapy - for children, young people and adults with learning disabilities who are victims/perpetrators of sexual abuse, who have experienced significant trauma or witnessed domestic violence. 2. Group psychotherapy - for children who have been sexually abused; young people with sexually harmful behaviours; young people using violence in intimate relationships; adult male sex offenders; adult loss and bereavement group; and a group for women who have been abused. 3. Family counselling - mother and child groups for those who have experienced domestic violence; family therapy for children and parents; advice and support. 4. Psychotherapy in schools - groups and individual therapy in 6 schools 5. Training and consultancy for professionals 6. Forensic risk assessments -- for sexually offending clients 7. Parenting assessments 8. Policy and campaigns work currently focussing on safeguarding and 'mate' crime 9. Circles of Support & Accountability for young people with sexually harmful behaviour 10. Specialist support for the victims & families of Winterbourne View	

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
5	14	7	26

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Rented	3 years

Grant Request**Details of grant request**

Under which of City Bridge Trust's programmes are you applying? Improving Londoners' Mental Health
Which of the programme outcome(s) does your application aim to achieve? More offenders and ex-offenders receiving help and support to improve their mental health More children and young people receiving specialist help, resulting in improved mental health
Please describe the purpose of your funding request in one sentence. To improve the mental health of people with learning disabilities and/or autistic spectrum disorders involved in the criminal justice system thereby reducing offending/re-offending
When will the funding be required? 01/04/2014
How much funding are you requesting? Year 1: £40,008 Year 2: £40,808 Year 3: £41,624 Total: £122,440
Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to fund it? The project will continue beyond 3 years. We will partly fund the work through income generated by fees for therapeutic work and training and by seeking funding from other trusts.
If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Summary of grant request

The Prison Reform Trust estimated in a 2007 report that 20-30% of all offenders have a learning disability and there is currently minimal specialist provision for this group (please see the project proposal attached for more details of how we have established the need for the project).

Delivery

All delivery will be to young people and adults with learning disabilities or autistic spectrum disorder who have offended or are at risk of offending.

The key activities of the project will be:

- Training, consultancy and awareness raising for professionals in the Criminal Justice System and families of offenders

We will provide training & consultancy for at least 100 professionals each year

We will provide support and training for at least 30 family members each year

- Circles of Support & Accountability

We already run a COSA project for young offenders with LD and we will extend this to include adults as well. We will support at least 6 core members in each year and train 30 volunteers.

- One to one and group therapeutic support

We will provide long-term individual psychotherapy for at least 15 people each year.

We will provide group psychotherapy to up to 8 people each year.

- Risk assessments

We will provide at least 8 12-week psychotherapeutically informed risk assessments.

Aims

The overall aim of the project is reduce offending & re-offending amongst offenders with learning disabilities/ASD. In order to achieve this aim, we will work towards the following outcomes:

1. Improved mental well-being evidenced for at least 30 offenders or those at risk of offending with learning disabilities through the use of recognised outcome measures
2. Decreased levels of risk for at least 30 offenders or those at risk of offending evidenced through the use of recognised outcome measures
3. Improved mental well-being and awareness of risk for at least 30 family members
4. Increased knowledge and skills for at least 100 professionals supporting people with sexually harmful/offending behaviours
5. Decreased levels of isolation for at least 30 offenders with LD

Why Respond?

Respond is the leading provider of therapeutic services to people with learning disabilities who have been abused and/or abused others in London and surrounding areas. We have been working for 25 years, specialising particularly in sexual abuse and trauma. Our team of therapists, advocates and case workers are skilled in working with clients who have complex needs (such as communication) and are often considered "hard to reach". We have a strong team of therapists who are expert in working forensically with young people and adults with LD who have offended or display sexually harmful behaviour.

Principles of Good Practice

- People with learning disabilities are employed to work as members of our Respond Action Group. The group is consulted about service development and deliver workshops and training to other organisations.
- All our service users are disabled and from a wide range of ethnic backgrounds. We make much of our information available in easy-read formats and employ staff from a range of backgrounds to reflect the make-up of our service users as far as possible.
- We have recently expanded our use of volunteers in all areas of the organisation. In particular we have recruited volunteers to work on our COSA project, supporting people with LD who have offended and to work on our helpline for providing support to the former residents of Winterbourne View and their families.

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

- **At least 8 risk assessments**

Assessments will address the following areas: attachment deficits, self-esteem, cognitive distortions from the abuse, sexualised behaviour, self-harm, aggression, guilt, shame, post-traumatic stress disorders (amongst other factors).

At least 15 individual psychotherapeutic interventions of a minimum of one year

Training

We will run at least 10 training events for at least 100 professionals and front-line workers to raise awareness around the vulnerability and risks of this group. We will provide support and training for up to 30 family members each year

Circles of Support & Accountability

We already run COSAs for young offenders with LD and we will extend this to include adult offenders with LD as well (known as the "core member"). We will support 6 core members in each year and train 30 volunteers to work with core members

Enhancing skills in the field and developing partnerships

We will work with partners such as the Ann Craft Trust, Prison Reform Trust, Institute of Psychotherapy and Disability, NSPCC and Barnardos in order to create a broader understanding of the needs of young people and adults with learning disabilities.

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

Improved community participation and understanding of the needs of isolated offenders with LD living in the community

A reduction of sexual offending amongst men with learning disabilities

Offenders with learning disabilities will be less isolated and have improved mental health

Professionals working with offenders with learning disabilities will be more able to provide appropriate interventions and support

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year? 130
In which Greater London borough(s) or areas of London will your beneficiaries live? London-wide (100%)
What age group(s) will benefit? 0-15 16-24 25-44 45-64 65-74
What gender will beneficiaries be? Male
What will the ethnic grouping(s) of the beneficiaries be? A range of ethnic groups
If Other ethnic group, please give details:
What proportion of the beneficiaries will be disabled people? 91-100%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Forensic Services Development Lead	40,008	40,808	41,624	122,440
Case manager	35,198	35,901	36,619	107,718
Administrator	10,266	10,471	10,680	31,417
Consultant Clinical Supervisor (1 day)	8,043	8,302	8,468	24,813
Forensic Psychotherapist (2 days)	15,212	15,516	15,826	46,554
Travel, publicity & resources	3,500	3,570	3,600	10,670
Training	2,000	2,040	2,081	6,121
Overheads (15%)	17,134	17,491	17,789	52,114
	0	0	0	0

TOTAL:	131,361	134,099	136,687	402,147
---------------	----------------	----------------	----------------	----------------

What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
Therapy & risk assessment fees	70,000	70,000	75,000	215,000
Training & consultancy fees	20,000	20,000	23,000	63,000
	0	0	0	0
	0	0	0	0

TOTAL:	90,000	90,000	98,000	278,000
---------------	---------------	---------------	---------------	----------------

What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
None as yet	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0

TOTAL:	0	0	0	0
---------------	----------	----------	----------	----------

How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Forensic Services Development Lead	40,008	40,808	41,624	122,440
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0

TOTAL:	40,008	40,808	41,624	122,440
---------------	---------------	---------------	---------------	----------------

Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: March	Year: 2013
-----------------------	---------------------	-------------------

Income received from:	£
Voluntary income	28,173
Activities for generating funds	0
Investment income	182
Income from charitable activities	599,712
Other sources	0
Total Income:	628,067

Expenditure:	£
Charitable activities	584,866
Governance costs	16,069
Cost of generating funds	30,180
Other	0
Total Expenditure:	631,115
Net (deficit)/surplus:	-3,048
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	(3,048) JM

Asset position at year end	£
Fixed assets	22,882
Investments	0
Net current assets	80,234
Long-term liabilities	9,168
*Total Assets (A):	93,948

Reserves at year end	£
Endowment funds	0
Restricted funds	10,741
Unrestricted funds	83,207
*Total Reserves (B):	93,948

* Please note that total Assets (A) and Total Reserves (B) should be the same.

Statutory funding

For your most recent financial year, what % of your income was from statutory sources?
21-30%

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:
None

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2010 £	2011 £	2012 £
City of London (except City Bridge Trust)	22,500	22,500	29,000
London Local Authorities	0	0	0
London Councils	58,852	53,392	53,371
Health Authorities	0	0	0
Central Government departments	113,691	104,456	127,994
Other statutory bodies	0	0	0

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2010 £	2011 £	2012 £
Comic Relief	77,582	80,239	70,231
Tudor Trust	0	2,833	34,500
John Lyons	29,600	29,600	29,600
Trust for London	0	0	29,000
Esmee Fairbairn	0	0	26,900

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Deborah Lyttelton**

Role within **Psychotherapist & Fundraiser**
Organisation:

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Forensic Services Development Lead (0.8)	39,374	40,161	40,965	120,500
Psychotherapist/Case Manager (0.6 in Y1&2 0.8 in Y3)	20,536	21,291	28,955	70,782
Administrator (0.4 in Y1&2 0.6 in Y3)	7,240	7,385	11,299	25,924
Consultant Clinical Supervisor (0.4)	15,836	16,153	16,476	48,465
Advocate/Family Worker (0.4 in Y1&2 0.6 in Y3)	13,915	14,193	21,716	49,824
Travel	1,000	1,020	1,040	3,060
Publicity	2,000	2,040	2,081	6,121
Training	2,000	2,040	2,081	6,121
Therapeutic resources	500	510	520	1,530
Overheads (12% of salary costs)	11,628	11,902	14,329	37,859
Evaluation	15,000	12,000	9,000	36,000
TOTALS	129,029	128,695	148,462	406,186

What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
Individual therapy fees	24,000	48,000	72,000	144,000
Group therapy fees	5,000	5,000	5,000	15,000
Risk assessment fees	16,000	40,000	76,000	132,000
Training & consultancy fees	4,000	6,000	8,000	18,000
TOTALS	49,000	99,000	161,000	309,000

How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Consultant Forensic Psychotherapist (4 days)	39,374	40,161	40,965	120,500
Contribution to cost of Evaluation (66% of total cost)	10,000	8,000	6,000	24,000
TOTAL:	49,374	48,161	46,965	144,500

This page is intentionally left blank

The City Bridge Trust

Investing In Londoners: Application for a grant



About your organisation

Name of your organisation: Victim Support	
If your organisation is part of a larger organisation, what is its name?	
In which London Borough is your organisation based? Westminster	
Contact person: Miss Clare Williamson	Position: Senior Service Delivery Manager,
Website: http://www.victimsupport.org.uk/	
Legal status of organisation: Registered Charity	Charity, Charitable Incorporated Company or company number: 298028
When was your organisation established? 01/01/1974	

Grant Request

Under which of City Bridge Trust's programmes are you applying? Improving Londoners' Mental Health
Which of the programme outcome(s) does your application aim to achieve? More homeless and transient people having access to mental health services and reporting improved well-being More children and young people receiving specialist help, resulting in improved mental health
Please describe the purpose of your funding request in one sentence. The Reach Out project, a floating support service to young homeless victims of crime in Westminster, in partnership with CentrePoint including a service user forum.
When will the funding be required? 01/09/2014
How much funding are you requesting? Year 1: £37,174 Year 2: £37,205 Year 3: £37,727 Total: £112,106

Aims of your organisation:

Victim Support is an independent charity, we are the oldest and largest victims organisation in the world. We believe that all victims of crime have a right to:

- receive respect, recognition and support
- get information and an explanation about the progress of their case
- be protected in any way necessary
- receive compensation

Since 1974 we've been helping people affected by crime find the strength to carry on. Our 5,600 professionally trained volunteers support people both emotionally and practically. This can range from something as simple as helping to fill in a form, to supporting people to get re-housed or access medical treatment.

We also provide a Witness Service in every criminal court. Our volunteers support witnesses to take the stand confidently and give evidence which helps bring offenders to justice.

Working with over a million victims, witnesses and families every year means that we understand their concerns, issues and needs better than any other single agency.

Main activities of your organisation:

Victim Support provides emotional support, information and practical help, over the phone or face-to-face.

Our national Supportline gives immediate help over the phone, and can put callers in touch with our local services.

Our national network of victim care teams offer victims a structured needs assessment, with access to core services including face-to-face support in victims homes, our offices or outreach sites.

Based in every criminal court, our Witness Service offers pre-trial visits and on-the-day support, helping witnesses to cope with the demands of giving evidence. This includes specialist support for witnesses identified as vulnerable and intimidated.

More than 1 million crime victims were referred to us this year for support.

We supported more than 204,000 witnesses through the process of going to court.

We provided 68,000 support visits and made 434,000 phone calls.

We also support witnesses at General Medical Council hearings and support bereaved family through our ground breaking national Homicide Service

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
1,277	428	12	56,000

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Rented	Until 2020

Summary of grant request

The Reach Out project working with Centrepoint is to support homeless young people in Westminster, aged 16-24, who have been victims of crime, or at risk. CentrePoint in 2013/14 surveyed new service users, 34% (33/96) self-identified, as victims of crime. However, CentrePoint had 378 users in total, and many do not recognise that they have had crime committed against them, crime becomes normalised. Many have additional support needs in terms of mental health, substance misuse.

Working in four Centrepoint hostels in Westminster, the project will support 100 users per year. To achieve this service the project worker will recruit and support 15 volunteers to do the following

- To provide support and advocacy, with a tailored needs assessment to ensure that support packages meet their individual needs.
- Work collaboratively with mental health organisations, by existing referral arrangements including Mind, to provide a holistic care package that caters for service users mental health needs.
- Deliver early interventions of support and advocacy that will alleviate some of the issues aggravating mental health issues.
- To support all vulnerable victims, in particular domestic and sexual abuse, hate crime, child exploitation, child abuse, honour based violence, female genital mutilation, forced marriage
- Monitor by our service user, survey reports for how people who use our services feel before and after interventions by measuring emotional well-being, feelings of safety, confidence and being back on track
- Work in partnership with the other agencies, including the Police, Crown Prosecution Service, Probation Service, Social Services, Health
- To reduce repeat victimisation by the delivery of prevention sessions working alongside Centrepoint
- To develop and enhance local key stakeholder relationships, and preventative strategies working alongside Centrepoint

Victim Support has a well-developed volunteer recruitment and training programme. Ongoing recruitment will maintain 15 volunteers, who will be given intensive core training, followed by specialist courses, e.g. mental health, domestic abuse and safeguarding. Volunteers are regularly supervised.

CentrePoint is one of the key organisations supporting homeless young people in the central London, with a wealth of experience supporting complex needs.

By providing this specialist support the service users will be empowered to improve their wellbeing and ultimately their mental health

By the development of the Centrepoint user victim forum we would seek to shift power to the service users and ensure that they are consulted in any proposed changes or can have input to relevant issues affecting them as victims of crime.

The user forum would ensure that there are developments to better support the service users which would be steered and directed by the users themselves. The Victim Support worker will facilitate the forum to ensure that actions plans agreed are taken forward and also will advocate in relation to any victim issues they have at any time.

The project will carry out an evaluation at the end of the project to share good practice with the wider community to influence changes for this client group.

We see this project as a practical next step following the recent reports commissioned by the Metropolitan Police regarding Mental Health & Policing and the Victim Support Research "At risk yet dismissed" 2013, where we help and support service users from the homelessness community who are affected by crime to access the support and help they require.

The project will be open to all CentrePoint users, and value the diversity of backgrounds and experiences they bring, as do our volunteers. The project will involve travelling by foot or public transport, we are committed to continuous improvement in our environmental performance, as outlined in the Environmental Policy Statement

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Not applicable.

Do you have a Vulnerable Adults policy? **No**

What Quality Marks does your organisation currently hold?

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

Provide face to face support to 100 young homeless people each year (16 to 25 years of age) - 300 over the time line of the project, who have been affected by crime and are being supported by Centrepont

Implement a service user forum which involves young homeless people (16 to 25 years of age) who have been affected of crime and are being supported by Centrepont. Involvement in the development and delivery of services for young victims.

Quarterly service user forum meeting -- 4 per year- 12 over the timeline of the project

Delivery of 12 awareness sessions per year, 36 over the project timeline, that will increase safety with the service users and reduce fear of crime

Recruitment of 15 specialist volunteers to provide continuity of care , ongoing recruitment will be in place to maintain this figure for the project

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

Reduce the fear of crime amongst homeless people supported by the project.

User involvement in the project, will increase participation skills of homeless people involved, increasing confidence and

health and wellbeing, including mental health. We will conduct service user surveys with the clients so we will be able to report back on the difference the project made.

Better identification of mental health issues, amongst homeless victims of crime, supported by the project

Increasing safety awareness amongst homeless community with strategies to prevent repeat victimisation

Volunteer training and support will lead to better skills, which will enable future work and study. we will aim to recruit former users as volunteers to benefit from this experience.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

We would like to continue the project however we would need to apply to further funding from other available grants/trusts. We will explore the option of adapting the project, to see if it can be entirely a volunteer service, as we will have many trained and experienced at the end of the three year period.

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year? 100
In which Greater London borough(s) or areas of London will your beneficiaries live? Westminster (100%)
What age group(s) will benefit? 16-24
What gender will beneficiaries be? All
What will the ethnic grouping(s) of the beneficiaries be? A range of ethnic groups
If Other ethnic group, please give details:
What proportion of the beneficiaries will be disabled people? 1-10%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Salary (including on costs)	30,339	31,240	32,169	93,748
Travel, subsidence & mobile phone	300	300	300	900
Training costs	1,000	1,000	1,000	3,000
Volunteer travel	200	200	200	600
Management/supervision	4,335	4,465	4,058	12,858
Computer equipment	500	0	0	500
Publicity, publications and promotion	500	0	0	500
	0	0	0	0
	0	0	0	0

TOTAL:	37,174	37,205	37,727	112,106
---------------	---------------	---------------	---------------	----------------

What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0
	0	0	0	0

TOTAL:	0	0	0	0
---------------	----------	----------	----------	----------

What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0
	0	0	0	0

TOTAL:	0	0	0	0
---------------	----------	----------	----------	----------

How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Salary (including on costs)	30,339	31,240	32,169	93,748
Travel, subsidence & mobile phone	300	300	300	900
Training costs	1,000	1,000	1,000	3,000
Volunteer travel	200	200	200	600
Management/supervision	4,335	4,465	4,058	12,858
Computer equipment	500	0	0	500
Publicity, publications and promotion	500	0	0	500
	0	0	0	0
	0	0	0	0

TOTAL:	37,174	37,205	37,727	112,106
---------------	---------------	---------------	---------------	----------------

Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: March	Year: 2013
-----------------------	---------------------	-------------------

Income received from:	£
Voluntary income	1,135,000
Activities for generating funds	245,000
Investment income	549,000
Income from charitable activities	46,142,000
Other sources	0
Total Income:	48,071,000

Expenditure:	£
Charitable activities	46,191,000
Governance costs	435,000
Cost of generating funds	585,000
Other	0
Total Expenditure:	47,211,000
Net (deficit)/surplus:	860,000
Other Recognised Gains/(Losses):	280,000
Net Movement in Funds:	1,140,000

Asset position at year end	£
Fixed assets	3,152,000
Investments	12,620,000
Net current assets	7,027,000
Long-term liabilities	-500,000
*Total Assets (A):	22,299,000

Reserves at year end	£
Restricted funds	5,365,000
Endowment Funds	0
Unrestricted funds	16,934,000
*Total Reserves (B):	22,299,000

* Please note that total Assets (A) and Total Reserves (B) should be the same.

Statutory funding

For your most recent financial year, what % of your income was from statutory sources?
91-100%

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

None

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	3,543,968	2,346,575	1,963,706
London Councils	215,908	235,796	68,804
Health Authorities	0	0	0
Central Government departments	44,999,999	37,975,903	38,400,000
Other statutory bodies	1,173,745	942,969	1,149,387

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
Trust for London - London	70,000	73,500	31,500
John Laing Trust - London	25,000	25,000	25,000
Big Lottery Fund - London	72,089	140,609	106,202
Fair Share Trust - London	0	7,068	14,132
BBC Child in Need- London	0	18,000	0

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Clare Williamson**

Role within **Senior Service Delivery Manager**
Organisation:

This page is intentionally left blank

The City Bridge Trust

Investing In Londoners: Application for a grant



About your organisation

Name of your organisation: Back-Up Trust	
If your organisation is part of a larger organisation, what is its name?	
In which London Borough is your organisation based? Wandsworth	
Contact person: Ms Rebecca Newham	Position: Trusts Manager
Website: http://www.backuptrust.org.uk	
Legal status of organisation: First Contact	Charity, Charitable Incorporated Company or company number: 3596996 1072216
When was your organisation established? 01/02/1986	

Grant Request

Under which of City Bridge Trust's programmes are you applying? Making London More Inclusive
Which of the programme outcome(s) does your application aim to achieve? Services helping people with a newly acquired or diagnosed disability to maintain choice and control in their lives Work enabling disabled people of all ages to live independently
Please describe the purpose of your funding request in one sentence. To deliver services to enable Londoners with spinal cord injury to learn vital skills for independence and positively adjust to their injury.
When will the funding be required? 01/11/2014
How much funding are you requesting? Year 1: £64,901 Year 2: £66,199 Year 3: £67,523 Total: £198,623

Aims of your organisation:

Our vision is for a world where people with spinal cord injury can realise their full potential.

Our mission is to inspire people affected by spinal cord injury to transform their lives, challenge perceptions of disability and deliver services which build confidence and independence and offer a supportive network.

Main activities of your organisation:

Back Up is a national charity that has helped thousands of people of all ages and backgrounds rebuild their confidence and independence following a devastating spinal cord injury.

Our wheelchair skills training, mentoring services and rehabilitative activity courses are all run by people who have a spinal cord injury themselves. We also support people to overcome the challenges of returning to work or school.

We understand that a spinal cord injury can be devastating, but believe it should not prevent anyone from fulfilling their potential. Our services open people's eyes and inspire them to look forward to a more positive future.

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
15	10	12	400

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Leased	3.5

Summary of grant request

Spinal cord injury can happen to anyone, at any age, living anywhere in the UK. It's as easy as falling down the stairs. Spinal cord injury causes permanent paralysis. It affects the entire nervous system including bowel, bladder and sexual function. There is no cure. It causes isolation, depression, anxiety and even suicide.

We are seeking funds for our work with Londoners admitted to two of the specialist spinal centres and a number of general hospitals in the London area.

We will deliver the following services to meet the Trust's programme outcomes:

Outreach and Support - Our Outreach team will deliver peer to peer wheelchair skills training, reach out to and register newly injured people, run patient talks and family days and pro-actively telephone service users. Learning essential wheelchair skills will maximize the ability for service users to get around and independence in everyday life. Face to face contact with our staff and volunteers will inspire, showing people what is possible. Regular telephone support will help people adjust and move forward in life through encouragement, information and empathy.

Mentoring - Our accredited mentoring service will provide regular 1-2-1 support for people with spinal cord injury and their families. All mentoring relationships are structured and goal focused. Our peer mentors encourage the use of 5 coping strategies which are proven to be linked to positive appraisal of their injury and better life outcomes.

Back Up to Work - Our two day Back Up to Work courses provide participants with the skills and confidence to return to work. Following the courses we will offer participants mentors or work placements to help carry on the momentum of getting back to work. Only 17% of people with spinal cord injury are in employment. Work is of particular benefit to disabled people as it helps rehabilitation, promotes full participation in society, independence and improves quality of life.

We have been transforming lives for over 28 years. Our services build confidence and independence and help people to realise their full potential. We are the only organisation that specifically deals with the psychological impact of a spinal cord injury. And the only organisation that offers its unique services to Londoners.

We know that people with spinal cord injury are best placed to support other people with spinal cord injury. Therefore our services are delivered by a team of staff and volunteers who have been affected by spinal cord injury themselves. Over half of our Trustees and our services team have a spinal cord injury. All of our volunteers attend bespoke training and receive ongoing support from our office staff. Our services are for anyone affected by a spinal cord injury. We constantly work to increase the diversity of our pool of volunteers to meet the varied needs of the spinal cord injured community.

We reduce our carbon footprint through recycling, economical printing, encouraging environmentally friendly travel and efficient energy use.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? ~~NO~~ YES S.C.

What Quality Marks does your organisation currently hold?

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

198 Londoners with spinal cord injury trained in vital wheelchair skills.

285 Londoners with spinal cord injury receive regular contact calls as they make the difficult transition from hospital to home.

70 Londoners affected by spinal cord injury receive peer led mentoring support.

9 Londoners with spinal cord injury attend our Back Up to Work course to help them build the confidence to return to work.

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

people with spinal cord injury will report improved wheelchair skills

Year 1: 51; Year 2: 56; Year 3: 61

people report feeling their life is more manageable following wheelchair skills training.

Year 1: 39; Year 2: 43; Year 3: 47

People report feeling more aware of support and opportunities available as a result of regular contact.

Year 1: 68; Year 2: 71; Year 3: 75

mentees will report an increase in at least 1 positive coping strategy

Year 1: 20; Year 2: 23; Year 3: 27

people feel more positive about their future after attending our Back Up to Work course

Year 1: 3; Year 2: 3; Year 3: 3

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

Our services are fundamental for reaching and supporting Londoners with spinal cord injury. We will therefore continue to seek funding from a mix of sources and income streams to ensure the growth and sustainability of our services.

106

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

174

In which Greater London borough(s) or areas of London will your beneficiaries live?

London-wide (100%)

What age group(s) will benefit?

All ages

What gender will beneficiaries be?

All

What will the ethnic grouping(s) of the beneficiaries be?

White (including English/ Welsh/ Scottish/ Northern Irish/ British; Irish; Gypsy, Traveller or Irish Traveller; Any other White background)

Mixed/ Multiple ethnic groups (including White and Black Caribbean; White and Black African; White and Asian; Any other Mixed/ Multiple ethnic background)

Asian/ Asian British (including Indian; Pakistani; Bangladeshi; Chinese; Any other Asian background)

Black/ African/ Caribbean/ Black British (including African; Caribbean; Any other Black/ African/ Caribbean background)

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

91-100%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Direct Costs	10,950	11,169	11,392	33,511
Staff costs	32,288	32,934	33,593	98,815
Support Costs	21,663	22,096	22,538	66,297
See 'Detailed Budget Breakdown' *	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	64,901	66,199	67,523	198,623

What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
See 'Raised and Pending Income' *	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	0	0	0	0

What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
See 'Raised and Pending Income' *	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	0	0	0	0

How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Direct costs	10,950	11,169	11,392	33,511
Staff costs	32,288	32,934	33,593	98,815
Support costs	21,663	22,096	22,538	66,297
See 'Detailed Budget Breakdown' *	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	64,901	66,199	67,523	198,623

* on file

Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: April	Year: 2014
-----------------------	--------------	------------

Income received from:	£
Voluntary income	729,038
Activities for generating funds	507,821
Investment income	4,159
Income from charitable activities	87,569
Other sources	
Total Income:	1,328,587

Expenditure:	£
Charitable activities	793,558
Governance costs	32,775
Cost of generating funds	430,220
Other	
Total Expenditure:	1,256,553
Net (deficit)/surplus:	72,034
Other Recognised Gains/(Losses):	3,669
Net Movement In Funds:	75,703

Asset position at year end	£
Fixed assets	12,712
Investments	96,274
Net current assets	484,832
Long-term liabilities	
*Total Assets (A):	593,818

Reserves at year end	£
Endowment funds	100,913
Restricted funds	
Unrestricted funds	492,905
*Total Reserves (B):	593,818

*** Please note that total Assets (A) and Total Reserves (B) should be the same.**

Statutory funding

For your most recent financial year, what % of your income was from statutory sources? 0%

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

Since 2012/13 we have invested in fundraising to increase sustainability. We recruited a Fundraising Assistant to support our funding programmes of trusts and corporates, and an individual Giving Fundraiser. As a result, we are on track to grow our income by over 1.3M.

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	0	0	0
London Councils	0	0	0
Health Authorities	0	0	0
Central Government departments	0	0	0
Other statutory bodies	0	0	0

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
Big Lottery Fund Reaching Communities	79,513	84,084	89,235
BBC Children in Need Appeal	23,772	30,263	39,444
The Henry Smith Charity	34,000	34,100	34,800
The John Ellerman Foundation	0	30,000	30,000
The St James' Place Foundation	0	18,920	20,080

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Rebecca Newham**

Role within **Trusts Manager**
Organisation:

Detailed Budget Breakdown - Supporting Londoners

COST	DESCRIPTION	YEAR 1 2014/15	YEAR 2 2015/16	YEAR 3 2016/17	TOTAL
Direct Costs					
Outreach & Support	Staff and volunteer expenses, accommodation, food, venue hire for volunteer training	4702	4796	4892	14390
Mentoring	Staff and volunteer expenses, accommodation, food, venue hire for volunteer training	3681	3755	3830	11266
Back Up to Work	Staff and volunteer expenses, accommodation, food, venue, facilitator costs	2567	2618	2670	7855
TOTAL		10950	11169	11392	33511
Staff Costs					
Outreach & Support	Apportioned salary, national insurance, pension and training for Head of Services, Outreach & Support Manager and two Outreach & Support Co-ordinators	12365	12612	12865	37842
Mentoring	Apportioned salary, national insurance, pension and training for Head of Services, Mentoring Manager and two Mentoring Co-ordinators	18018	18378	18746	55142
Back Up to Work	Apportioned salary, national insurance, pension and training for Head of Services, Courses Manager and Services Administrator	1905	1943	1982	5831
TOTAL		32288	32934	33593	98815
Support Costs					
Outreach & Support	Apportioned premises, insurance, admin staff costs, office costs, communications	9571	9762	9958	29291
Mentoring	Apportioned premises, insurance, admin staff costs, office costs, communications	10996	11216	11440	33652
Back Up to Work	Apportioned premises, insurance, admin staff costs, office costs, communications	1096	1118	1140	3354
TOTAL		21663	22096	22538	66297
GRAND TOTAL		64901	66199	67523	198623

How the project has been costed:

Direct costs are based on quotes where available or historical expenditure, whilst taking into account inflation. For staff and volunteer expenses we have again looked at previous spending, working on an average cost per person.
 Staff costs are the number of hours allocated to staff working on the project and their direct line management support.
 Support costs are also apportioned between projects by staffing hours in the same way.

The City Bridge Trust

Investing In Londoners: Application for a grant



About your organisation

Name of your organisation: Bikeworks CIC	
If your organisation is part of a larger organisation, what is its name?	
In which London Borough is your organisation based? Tower Hamlets	
Contact person: Mr Jolyon Whaymand	Position: All Ability Programme Manager
Website: http://www.bikeworks.org.uk	
Legal status of organisation: Registered community interest	Charity, Charitable Incorporated Company or company number: 6005739
When was your organisation established? 22/11/2006	

Grant Request

Under which of City Bridge Trust's programmes are you applying? Making London More Inclusive		
Which of the programme outcome(s) does your application aim to achieve? Disabled people actively taking part in the arts or sport Disabled people involved in the running and management of sport activities		
Please describe the purpose of your funding request in one sentence. To expand all ability cycling across London and make cycling accessible for all disabled Londoners.		
When will the funding be required? 01/05/2014		
How much funding are you requesting?		
Year 1: £38,500	Year 2: £31,000	Year 3: £20,500
Total: £90,000		

Aims of your organisation:

Bikeworks' mission is to actively change lives and offer positive experiences using the bicycle and cycling.

We have a vision that anyone should have the opportunity to take part in cycling whatever their disability. We have seen how cycling can have a profound impact on disabled people's lives.

Main activities of your organisation:

Bikeworks is a highly successful award winning social enterprise established in London in 2006. Focusing on areas of geographical deprivation Bikeworks uses cycling as a tool to tackle social, environmental and economic challenges at a community level. Bikeworks seeks to work with those who wouldn't normally have an opportunity to cycle whether due to disability, cultural, economic or other barriers.

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
16	10	7	5

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Rented	7.5 years

Summary of grant request

Bikeworks has been supporting Londoners with learning and physical disabilities to access cycling since the organisation began operating in 2007.

Our grass roots 'all ability cycling' programme has made a profound difference to the lives of hundreds of disabled adults and young people. This has all been achieved on a shoestring through strong volunteer involvement & small scale local authority support.

Bikeworks is now planning to build on this success to develop both the quality & scale of all ability cycling programmes in London so that many more disabled people will have the opportunity to benefit from cycling.

Currently there is only sporadic all ability cycling provision in London with specialist disability bikes being expensive to purchase and beyond the reach of many. Bikeworks expanded all ability programme will make cycling much more accessible to more people through greater provision across London.

Bikeworks plans to build on its two all ability cycling clubs in east and west London establishing further clubs in other London boroughs to increase reach and accessibility and expanding the capacity of existing programmes so that we will be able to support many more individuals to participate in all ability cycling.

In order to support this we plan to establish a small core team (currently we have only one part time coordinator). We are seeking support from the trust to fund a 'Head all ability trainer' who will drive the quality aspects of the work as a specialist in this field with responsibility for training more instructors and volunteers on an ongoing basis as we build a high quality instructor / volunteer pool to support our growth plans.

Our core aims are to enable more disabled Londoners to participate in cycling and that these individuals demonstrate that they benefit positively in terms of health and well-being from the programme. Furthermore we plan to establish routes for participants to move towards competitive sport by organising regular cycling competition events across London. The City Bridge Trust supported Bikeworks in our crucial start-up phase from 2007 to 2009. Since then we have achieved considerable success expanding our range of community cycling programmes across the capital and working with over 15 000 people. Our achievements have been recognised through winning a number of major awards including best social enterprise at the 2011 London Business Awards. Bikeworks track record shows that we achieve results and our plans are based on a proven existing model of work.

Bikeworks all ability cycling programme clearly meets the trust's 'making London more inclusive' through enabling more disabled people to participate in sport.

Disabled people are at the heart of all ability cycling. Our participants are all members and we work hard to ensure that they take ownership. Each of our all ability clubs operate a members users group which meet at least bi monthly and is open to any members, their parents & carers. Bikeworks staff attend these meetings to maintain communication and feedback into planning and refining activities. Each year we undertake formal feedback of all of our beneficiaries to consult on performance and future planning. Many of our members also act as volunteers supporting other disabled people to get involved. At least 50% of all ability staffing is based on volunteers many of whom have a direct link through family or friends to disability.

Our membership base shows very strong representation of minority groups. As of Autumn 2013 48% of members described themselves as BAME.

We believe that Bikeworks is a carbon positive organisation with environmentally friendly activities at the core of the business -- re-use and recycling bicycles, cycling promotion and more.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

N/A

Do you have a Vulnerable Adults policy? **No**

What Quality Marks does your organisation currently hold?

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

- 1. Make cycling accessible to as many disabled Londoners as possible by opening up at least three new all ability cycling clubs & establishing a regular outreach service to reach wider areas and communities. We expect to increase participation to over 1000 people per annum in the next three years.**
- 2. Establish a centre of excellence in all ability cycling to operate from the Queen Elizabeth Olympic Park. This will provide an inspirational setting for all ability cycling competition, training for future all ability staff and volunteers and to promote all ability cycling nationally.**
- 3. Develop & deliver specialist all ability Instructor / Volunteer Training programme to support growth through greater capacity and build a network of skilled specialists who can drive the future development of all ability cycling**
- 4. Create pathways from cycling participation to competitive sport by organising regular local and inter London all ability cycling competition (min 2 -- 3 major events per annum) centred around the Olympic Park.**

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

- 1. Achieve a demonstrable positive improvement in the physical health and well-being of at least 80% of participants = approximately 800 disabled people per annum**
- 2. Establish quality benchmarks in all ability cycling provision & professionalism (which will also inform other fledgling all ability cycling programmes)**
- 3. Establish pathways to competitive cycling for disabled people (especially learning disabilities) which will continue to enable more disabled cyclists to engage in and benefit from competitive cycling.**

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

By year three aspects of the training programme (i.e. commercial courses teaching best practice working in inclusive cycling) should generate income in order to fund the post.

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

1,000

In which Greater London borough(s) or areas of London will your beneficiaries live?

Several NE London (35%)

Several NW London (35%)

London-wide (30%)

What age group(s) will benefit?

All ages

What gender will beneficiaries be?

All

What will the ethnic grouping(s) of the beneficiaries be?

A range of ethnic groups

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

91-100%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Salaries for two posts inc NI, oncosts and pension and marketing and IT costs	52,584	52,605	53,647	156,336
Training programme	10,000	10,000	10,000	30,000
External Evaluation	5,000	5,000	5,000	15,000
2 x Competitions annually	2,000	2,000	2,000	6,000
Set up costs - cycles, van costs,	12,000	12,000	12,000	36,000
Delivery costs - outreach sessions	2,400	3,600	3,600	9,600
Delivery costs - existing club sessions	19,200	19,200	19,200	57,600
Delivery costs - new club costs (one club each year)	6,000	12,000	18,000	18,000
Cycles - maintenance and replacement costs	1,500	5,000	6,500	13,000

TOTAL:	110,684	121,405	129,947	362,036
---------------	----------------	----------------	----------------	----------------

What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
London Legacy Development Company	20,000	20,000	20,000	60,000
Kensington and Chelsea/Hammersmith and Fulham	14,000	14,000	0	28,000
Tower Hamlets	8,000	8,000	0	16,000
Hackney	4,000	4,000	0	8,000

TOTAL:	46,000	46,000	20,000	112,000
---------------	---------------	---------------	---------------	----------------

What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
Big Lottery Fund	40,000	40,000	40,000	120,000
1 x New Local Authority cycling club - match funded	0	5,000	5,000	10,000
2 x New Local Authority cycling clubs - match funded	0	0	10,000	10,000
Corporate Sponsor	0	0	35,000	35,000

TOTAL:	40,000	45,000	90,000	175,000
---------------	---------------	---------------	---------------	----------------

How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Training Coordinator - Salary	19,500	20,000	20,500	60,000
Training budget	9,000	11,000	10,000	30,000
	0	0	0	0

TOTAL:	38,500	31,000	20,500	90,000
---------------	---------------	---------------	---------------	---------------

Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: March	Year: 2013
-----------------------	---------------------	-------------------

Income received from:	£
Voluntary income	0
Activities for generating funds	984,861
Investment income	0
Income from charitable activities	286,205
Other sources	0
Total Income:	127,106

Expenditure:	£
Charitable activities	1,301,435
Governance costs	0
Cost of generating funds	0
Other	0
Total Expenditure:	1,301,435
Net (deficit)/surplus:	-30,369
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	0

Asset position at year end	£
Fixed assets	12,000
Investments	0
Net current assets	184,000
Long-term liabilities	40,000
*Total Assets (A):	156,000

Reserves at year end	£
Restricted funds	0
Endowment Funds	0
Unrestricted funds	156,006
*Total Reserves (B):	156,006

* Please note that total Assets (A) and Total Reserves (B) should be the same.

Statutory funding

For your most recent financial year, what % of your income was from statutory sources?
11-20%

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

No major changes. Bikeworks expects to make an operating profit on the financial year 2013/14.

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	273,000	311,000	327,000
London Councils	0	0	0
Health Authorities	0	0	0
Central Government departments	0	0	0
Other statutory bodies	0	0	0

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
Barclays	0	0	127,000
Esmee Fairbairn	0	0	50,000
London Reuse Limited	0	0	40,000
Lottery	40,000	0	0
Oak Foundation	0	25,000	0

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Jim Blakemore**

Role within **Director**
Organisation:

The City Bridge Trust

Investing In Londoners: Application for a grant



About your organisation

Name of your organisation: Over The Wall	
If your organisation is part of a larger organisation, what is its name? The SeriousFun Childrens Network	
In which London Borough is your organisation based? Outside London	
Contact person: Mrs Julie Foster	Position: Trusts Fundraiser
Website: http://www.otw.org.uk	
Legal status of organisation: Registered Charity	Charity, Charitable Incorporated Company or company number: 1075361
When was your organisation established? 03/05/1999	

Grant Request

Under which of City Bridge Trust's programmes are you applying? Making London More Inclusive
Which of the programme outcome(s) does your application aim to achieve? Disabled people actively taking part in the arts or sport Disabled people reporting increased well-being as a result of taking part in the arts or sport
Please describe the purpose of your funding request in one sentence. To fund a new, London based Regional Coordinator tasked with drastically increasing the number of London based campers we serve.
When will the funding be required? 01/11/2014
How much funding are you requesting? Year 1: £35,725 Year 2: £32,685 Year 3: £33,660 Total: £102,070

Aims of your organisation:

Over The Wall is a national UK children's charity and an independent member of the international SeriousFun Children's Network. Established in 1999, we provide free therapeutic recreation camps for children with life limiting illnesses and disabilities, and their families. Our proven programme of fun-filled recreational and educational activities promotes inclusion whilst developing the confidence, self-esteem and coping strategies of our campers.

Therapeutic recreation is the cornerstone of our activities and is designed to complement the on-going treatment cycle of seriously ill children, and provide long-term support for their families. Many families face significant disadvantages when serious childhood illness strikes; one parent often stops working in order to care for the child, resulting in financial hardship and creating severe strains on familial relationships.

Due to the advancement in medical treatments, some of our children will recover from their illness. Our camps help them to equip them with the vital skills and knowledge they will need to live full and independent lives.

Main activities of your organisation:

We run week-long Serious Illness Camps, Siblings Camps and weekend Family Camps at strategic locations throughout the UK. We cater for an extensive range of over 130 different life-limiting illnesses, including (but not restricted to), cancer, neurological disorders, heart disease, physical disabilities, congenital diseases and skin disorders.

Our camps offer a wide range of physical, social and creative activities, carefully designed to enable every child to participate, and expertly managed to ensure that no child will fail. The sense of achievement generated by overcoming any challenge is an incredibly important factor in helping raise children's self esteem and psychological well-being.

Medical care is provided at every camp by a dedicated volunteer team of doctors and nurses. The camp's "Med Shed's" are designed to provide care in a very unobtrusive way so as to not interrupt the camp experience. Every child at camp has their own dedicated volunteer to support them and help them enjoy every moment of their stay.

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
6	12	7	490

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Leased	Monthly notice to terminate

Summary of grant request

In the last 4 years our camps have transformed the lives of 101 seriously ill and disabled children from London. In 2014 we will welcome approximately 30 London children with life-limiting illnesses to our camps. However, we know that there is the potential to bring benefit to many more children and families from the Greater London area. In 2015, to meet this demand, we plan to create a new Serious Illness camp in the south, specifically for children based in London. We also plan to increase the number of London campers at our Siblings and Families Camps. We know from our experiences elsewhere within the UK that to increase the number of referrals from families within London, we need to create a London based Regional Coordinator role, tasked specifically with developing links with London based referrers, including leading children's hospitals, clinics, other charitable organisations, families and community groups.

The specific responsibilities for this new role will be similar to those of our other, existing Regional Coordinator roles, (covering the rest of the South, The Midlands, the North and Scotland) and will include: generating referrals from healthcare institutions, (hospitals, clinics and units), health workers and community and carers groups, supporting the national Volunteer Manager to recruit more volunteers from within the capital, supporting London based families through the recruitment, assessment and feedback processes and working with the Director of Development to maintain existing and to identify and develop new funding sources within the Greater London area.

Life-limiting illnesses often preclude children from participating in mainstream life due to the complexities of their medical needs. Seriously ill and disabled children can become lonely and isolated and experience severe disruption to their education, social and personal development. Physical evidence of their conditions can leave them vulnerable to rejection and bullying, heightening feelings of exclusion and unhappiness.

Our camps are purposefully designed to remove all barriers and enable every child to participate in any activity of their choice. Activities range from basketball, horse riding, swimming, canoeing and zip wires to arts and crafts, drama, music and creative writing.

We are the only organisation in the UK that offers therapeutic recreation camps which are based on the concept of challenge by choice, whereby each camper chooses the extent to which they participate. Initially, many of our children don't believe that they will ever be able to ride a horse, climb a wall or perform in front of their peers, but when they are given the opportunity to face that challenge in a purposefully structured, supportive and expertly managed environment, they soon realise that they are capable of achieving more than they dreamed possible.

Participation in sports, creative and other activities dramatically increases the children's self-esteem and helps to foster new coping mechanisms and a new sense of independence that is translated into their everyday lives. We have entered into a long term outcomes study with the Child Study Center at Yale University and initial research has shown that, after camp, the majority of parents note significant improvements in their child's well-being, the percentages below reporting increases in the following areas:

83% confidence

80% self-esteem

74% independence

72% interest in pursuing sports and social activities

We welcome children from all backgrounds across the UK and places at all our camps are offered at no cost to the families, ensuring the benefit they bring is available to all. Uniquely, we cater for over 130 different illness groups, and thanks to the dedication of our team of medical volunteers, are able to offer places at camp to children with very profound and complex medical needs.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

n/a

Do you have a Vulnerable Adults policy? **No**

What Quality Marks does your organisation currently hold?

The Care Inspectorate has consistently awarded our camps with scores of 5 (Very Good) and 6 (Excellent), across all categories reviewed.

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

Generate a minimum of 205 new applications, over 3 years from London based families for a new, London focussed Serious Illness camp, based in the South, resulting in total of 145 places offered over 3 years.

Generate a minimum of 110 new applications over 3 years from London based siblings, and 80 applications over 3 years from London based families to attend our existing Siblings and Family Camps. Resulting in total of 85 siblings' places and 45 families places offered, over 3 years.

Give these children the opportunity to take part in sports and other activities that they are not able to participate in during their everyday lives.

Generate applications from and assist in the recruitment of 120 potential volunteers from the Greater London area over 3 years

Initiate collaborations with a minimum of 5 charitable or community groups in London each year, to increase referral rates and raise awareness of our work within the capital.

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

Increase the self-esteem, self-confidence and independence of many more London based children through allowing them to safely participate in sports, creative and other pursuits that they would not normally be able to access.

Improve the communications and interpersonal skills of many more London based children through focussed team building tasks and collaborative challenges.

Help many more London based children to develop strategies to cope with their diagnosis, prognosis and ongoing treatment; ensuring their ability to utilise the therapeutic recreation techniques learned at camp, once they return home.

Engaging or renewing the children's interest in sports, creative and social activities, encouraging them to pursue these interests at home. Help the children develop new peer support networks, reducing feelings of isolation and loneliness and in so doing, help them to live more fulfilling lives.

Increasing awareness of Over The Wall's work in London, which will in turn increase referral rates from campers, applications from potential volunteers and facilitate our ability to secure on-going funding from grant making organisations, corporations and philanthropists who have a London focus.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

As with our other Regional Coordinator roles, we intend to make this a permanent role. Due to the fundraising element within the job description, to some extent the role is self funding. The role will also be sustained via unrestricted income received via other sources (to include The SeriousFun Children's Network, trusts and events).

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

50

In which Greater London borough(s) or areas of London will your beneficiaries live?

London-wide (100%)

What age group(s) will benefit?

0-15

16-24

What gender will beneficiaries be?

Male

Female

What will the ethnic grouping(s) of the beneficiaries be?

A range of ethnic groups

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

91-100%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
camp places for London based children	22,500	30,000	42,000	94,500
Salary London Regional Coordinor	25,000	25,625	26,265	76,890
	0	0	0	0
Recruitment Costs	1,000	0	0	1,000
	0	0	0	0
Pension / National Insurance Contributions	3,375	3,460	3,545	10,380
	0	0	0	0
Travel Costs	1,750	2,000	2,250	6,000
	0	0	0	0
Training	1,500	850	850	3,200
	0	0	0	0
Marketing & Promotional Materials	2,250	500	500	3,250
	0	0	0	0
IT equipment	850	250	250	1,350
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	35,725	32,685	33,660	102,070

What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	0	0	0	0

What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	0	0	0	0

How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Cost p/camper x No of London based campers	22,500	30,000	42,000	94,500
Salary London Regional Coordinator	25,000	25,625	26,265	76,890
	0	0	0	0
Recruitment Costs	1,000	0	0	1,000
	0	0	0	0
Pension / National Insurance Contributions	3,375	3,460	3,545	10,380
	0	0	0	0
Travel costs	1,750	2,000	2,250	6,000
	0	0	0	0
Training	1,500	850	850	3,200
	0	0	0	0
Marketing & Promotional Materials	2,250	500	500	3,250
	0	0	0	0
IT equipment	850	250	250	1,350
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	35,725	32,685	33,660	102,070

Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: December	Year: 2013
-----------------------	------------------------	-------------------

Income received from:	£
Voluntary Income	752,611
Activities for generating funds	78,896
Investment income	21
Income from charitable activities	0
Other sources	400
Total Income:	831,928

Expenditure:	£
Charitable activities	577,301
Governance costs	24,254
Cost of generating funds	200,910
Other	15,415
Total Expenditure:	817,880
Net (deficit)/surplus:	14,048
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	58,487

Asset position at year end	£
Fixed assets	9,400
Investments	0
Net current assets	277,640
Long-term liabilities	214,505
*Total Assets (A):	72,535

Reserves at year end	£
Restricted funds	11,350
Endowment Funds	0
Unrestricted funds	61,185
*Total Reserves (B):	72,535

* Please note that total Assets (A) and Total Reserves (B) should be the same.

Statutory funding

For your most recent financial year, what % of your income was from statutory sources?
0%

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

We have been informed by The SeriousFun Children's Network that, should we be successful in this application, we would be eligible to apply for matched funding to further develop our plans for London. This would fund a further two roles within the capital; a dedicated London Fundraiser and a dedicated Clinical Coordinator to work with London based referring agencies in assessing the needs of applicants.

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	0	0	0
London Councils	0	0	0
Health Authorities	0	0	0
Central Government departments	0	0	0
Other statutory bodies	0	0	0

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
SeriousFun Childrens Network	101,000	94,000	184,000
SeriousFun Childrens Network	184,000	106,694	164,000
Newmans Own Foundation	47,460	30,670	46,904
The Big Lottery	0	12,312	36,938
The Souter Charitable Trust	0	20,000	15,000
The Alcoa Foundation	0	0	24,010
The Marillier Trust	0	10,400	13,814
The Marillier Trust	13,814	19,648	23,100
The Band Trust	9,500	0	10,000
The Band Trust	10,000	10,000	10,000

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Julie Foster**

Role within **Trusts Fundraiser**
Organisation:

The City Bridge Trust

Investing In Londoners: Application for a grant



About your organisation

Name of your organisation: Resources for Autism	
If your organisation is part of a larger organisation, what is its name?	
In which London Borough is your organisation based? Barnet	
Contact person: Ms Liza Dresner	Position: Director
Website: http://www.resourcesforautism.org.uk	
Legal status of organisation: Registered Charity	Charity, Charitable Incorporated Company or company number: 1061253
When was your organisation established? 01/02/1997	

Grant Request

Under which of City Bridge Trust's programmes are you applying? Making London More Inclusive
Which of the programme outcome(s) does your application aim to achieve? Work supporting young disabled people (aged 16-25) in the transition to adulthood and/or independent living Work enabling disabled people of all ages to live independently
Please describe the purpose of your funding request in one sentence. Transitions service for young autistic adults which includes volunteering and employment opportunities, group support and information and advice.
When will the funding be required? 01/06/2014
How much funding are you requesting? Year 1: £34,872 Year 2: £35,418 Year 3: £35,973 Total: £106,263

Aims of your organisation:

Resources for Autism (RfA) improves the lives of people with autism by offering a range of carefully tailored services to individuals and their families. Autism is a lifelong condition that affects the ability to communicate and empathise with others which can lead to isolation and mental ill health. We aim to grow our practical services wherever people need them and to serve those at all points of the spectrum and support their families and carers. We aim for accessibility to those who do not have English as a first language or access to the internet. Demand for our services remains high and we aim to offer our services to as many people as possible and make subsidised places available where possible. Services are based in Greater London and the West Midlands.

Main activities of your organisation:

RfA runs specialist term time and holiday play schemes for children aged 8-12 and specialist groups for teenagers aged 12-16 and 16-19 including our YNOT group previously funded by City Bridge Trust.

Our adult groups have expanded and new include multi sports, art, social and a transition advice and information service that tackles isolation and develops confidence through focused groups and volunteering opportunities that build skills for work. We offer one to one support in the community and a befriending service.

We provide specialist Music and art therapy for individuals and in small groups.

The success of our work still relies heavily on well trained volunteers in addition to our trained staff, and we are pleased to have been given an Investing in Volunteers award from the UK Volunteering Council. Volunteers and staff are trained in autism, autism and play, communication, working with teenagers and families and safeguarding. Volunteers receive monthly peer training and supervision.

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
5	212	8	180

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Owned	

Summary of grant request

Autism is a lifelong disability that affects communication and understanding. It is a spectrum condition; some of our service users may appear able but their inability to understand the nuance of conversation and social interaction can lead to misunderstanding, bullying and isolation. Others are so severely affected as to be non verbal and very sensitive to sensory stimuli such as noise light and smell which can trigger behaviour that is hard for families to manage and they become increasingly isolated. Families with autistic children can become stuck in a cycle of poverty which affects the long term prospects of the child as they grow into adults.

Lack of understanding of autism affects educational attainment - a recent survey by Ambitious about Autism indicated that 4 in 10 children with autism have been excluded informally and therefore illegally during their time at school which impacts on confidence, achievement and future prospects. Many people at the higher end of the autistic spectrum appear able, but struggle to understand conversational nuance and social conventions resulting in isolation and depression, again affecting educational and employment prospects.

A survey by the National Autistic Society in 2012 found that one in three 16-24 year olds with autism are NEET, more than double the general population, and 37% of adults with autism had never been in paid employment post 16.

There is a dearth of services to support young autistic adults at this crucial point in their lives and some of those that have previously existed have closed down. Our services are developed in close consultation with our service users, based on their feedback, which enables us to put their expressed needs into the wider context of current service provision and act accordingly.

The aim of the transitions project is to help young autistic adults to develop confidence, abilities and life and work skills that will help them to grow in independence, reduce isolation and stress and so help them to experience a better quality of life.

This service for young adults aged 19 to 25 has developed to meet the needs of this vulnerable group and will be delivered through a mixture of advice, guidance, and practical inputs such as volunteering opportunities, weekly group meetings, discussion, and role play.

At Resources for Autism we specialise in developing services for individuals and families affected by autism. We have been running for 17 years and have grown with our service users, developing services based on their feedback and our expertise and knowledge. Our staff have years of experience working with autistic individuals and managing challenging behaviour and we have recently been recognised with an Investing in Volunteers award based on our training and support plans for our volunteers who are a key part of our service.

We continually monitor and evaluate the impact of our services and record all referrals, waiting lists, service users and evaluations on our database to ensure organisational effectiveness.

We believe that our project meets City Bridge Trust's aim of supporting disabled adults and young people in the transition to adulthood by enabling them to develop confidence and life skills.

Our service users are directly involved in planning and running the service and are from a range of backgrounds. Our valuing of diversity is underlined by our equal opportunities policy which is integrated into the organisation through training. Service delivery is cost effective through the use of well trained volunteers.

We endeavour to be a green office through participation in our local authority's extensive recycling programme, minimal printing and use of public transport where possible.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

N/A

Do you have a Vulnerable Adults policy? **No**

What Quality Marks does your organisation currently hold?

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

Autism to Autism provides valuable work experience by providing supported volunteering placements for approximately 25 young adults with autism.

One weekly Confidence Group for approximately 12 young adults, which encourage social interaction, and using group discussion and role play tackle social and communication issues which may be causing anxiety stress and isolation. Confidence Group can help to prepare members to move into volunteering roles.

Tailored advice service providing information on available social and employment related opportunities, accessing universal services and public transport and use of personal budgets for up to 35 young adults.

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

Young autistic adults will, through volunteering, develop skills and experience that will help them to engage more with their community, and, where possible, help them to access employment opportunities or gain the confidence to access further education.

Young autistic adults will be given practical support in a group setting to develop appropriate understanding and social skills that will help to build confidence and independence through reduced anxiety.

Young autistic adults will have access to important information to help them to understand their financial position and the services and opportunities that are available to them, and to develop confidence and independence in accessing them.

Overall, young autistic adults will be less isolated and stressed and have the confidence and skills to be live a more independent life.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

As part of our fundraising strategy we will continue to seek funds from other sources. We have wide experience of seeking funds from a range of sources including charitable trusts, individuals, local and central government.

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

35

In which Greater London borough(s) or areas of London will your beneficiaries live?

London-wide (100%)

What age group(s) will benefit?

16-24

What gender will beneficiaries be?

All

What will the ethnic grouping(s) of the beneficiaries be?

A range of ethnic groups

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

91-100%

Revised

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year3	Total
Confidence Group (staff and rent)	9,163	9,300	9,440	27,773
Autism to Autism Volunteer Support Staff	13,130	13,327	13,527	39,984
Autism to Autism Volunteer Expenses and Travel	9,090	9,226	9,365	27,681
Project Admin Support	5,001	5,077	5,153	15,361
Management Costs	4,680	4,750	4,821	14,251
TOTAL:	41,064	41,680	42,306	125,050

What income has already been raised?

Source	Year 1	Year 2	Year3	Total
Fees (Expected)	1,512	1,512	1,512	4,536
TOTAL:	1,512	1,512	1,512	4,536

What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
TOTAL:				

How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year3	Total
Confidence Group	7,651	7,788	7,928	23,367
Autism to Autism Volunteer Support Staff	13,130	13,327	13,527	39,984
Autism to Autism Volunteer Expenses and Travel	9,090	9,226	9,365	27,681
Project Admin Support	5,001	5,077	5,153	15,231
Management Costs	4,680	4,750	4,821	14,251
TOTAL:	39,552	40,168	40,794	120,514

Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: March	Year: 2013
-----------------------	---------------------	-------------------

Income received from:	£
Voluntary income	434,237
Activities for generating funds	9,589
Investment income	6,456
Income from charitable activities	907,990
Other sources	550
Total Income:	1,358,822

Expenditure:	£
Charitable activities	1,475,557
Governance costs	5,936
Cost of generating funds	28,988
Other	2,507
Total Expenditure:	1,512,988
Net (deficit)/surplus:	154,166
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	23,304

Asset position at year end	£
Fixed assets	828,460
Investments	0
Net current assets	696,257
Long-term liabilities	220,913
*Total Assets (A):	1,303,804

Reserves at year end	£
Restricted funds	70,441
Endowment Funds	0
Unrestricted funds	1,233,363
*Total Reserves (B):	1,303,804

* Please note that total Assets (A) and Total Reserves (B) should be the same.

Statutory funding

For your most recent financial year, what % of your income was from statutory sources? 51-60%
--

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts: We have been informed that there will be significant losses in statutory funds from local authorities as a result of financial cuts. We have been successful in our trust funding but some of these funds are now coming to an end as expected, and in some cases trust policies request us to leave a 1 or 2 year Page 14 reapplying.

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	385,876	355,783	337,994
London Councils	0	0	0
Health Authorities	0	0	0
Central Government departments	0	0	0
Other statutory bodies	477,760	436,749	441,749

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
Big Lottery	111,152	53,911	79,040
Henry Smith Charity	74,700	0	38,400
Big Lottery West Midlands	93,160	145,724	120,662
Children in Need	50,634	31,594	32,793
John Lyon's Charity	0	0	30,000

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Liza Dresner**

Role within **Director**
Organisation:

The City Bridge Trust
Investing In Londoners:
Application for a grant



About your organisation

Name of your organisation: Sutton Borough Citizens Advice Bureaux	
If your organisation is part of a larger organisation, what is its name? Member of Citizens Advice	
In which London Borough is your organisation based? Sutton	
Contact person: Mr Steve Triner	Position: Borough Advice Services Manager
Website: http://www.suttoncabx.org.uk	
Legal status of organisation: Registered Charity	Charity, Charitable Incorporated Company or company number: 1061654/0
When was your organisation established? 04/09/1939	

Grant Request

Under which of City Bridge Trust's programmes are you applying? Reducing Poverty
Which of the programme outcome(s) does your application aim to achieve? More people accessing debt and legal services
Please describe the purpose of your funding request in one sentence. To develop our Welfare Benefit Appeal Project, currently an unfunded pilot project, into a larger project that better meets demand for welfare benefits appeal support
When will the funding be required? 02/06/2014
How much funding are you requesting? Year 1: £27,622 Year 2: £28,451 Year 3: £29,304 Total: £85,377

Aims of your organisation:

SBCABx, like all CABx, aims "to provide the advice people need for the problems they face and to improve the policies and practices that affect people's lives"

We provide free, confidential, independent and impartial advice.

Main activities of your organisation:

Our telephone and website 'gateway' system ensures that our work is focussed on those people and issues where our advice will make the greatest impact. In 2013/14, we took a total of 11,842 enquiries through our gateway. Our general advice service, i.e. advice provided by volunteers, provided 2218 appointments in the last year. Our projects include our Capitalise debt service that in 2012/13 advised 865 clients; our Independent Advice Services that advises clients referred by social services; our 'Check your Benefits' project that provides welfare benefits entitlement advice to 500 clients a year with disabilities / long term health problems. Our Sutton Advice Link project provides CAB advice at seven locations across the borough in partnership with multiple NFP agencies. We usually have 75 active volunteers.

SBCABx regularly makes recommendations and suggestions for service and legislative improvements to local and national decision makers. E.g we recently met with our MPs about the probable impact of further legal aid cuts.

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
11	9	8	75

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Leased	two years

Summary of grant request

We need to develop our Benefits Appeal Project (BAP) to meet demand. The BAP has run since September 2012 as a small, unfunded pilot project. In last 12 months, it assisted 24 clients out of the 109 people who requested support with their appeal. The project's appeal success rate is 82% (the national success rate is below 40%) with average financial gains of £6616 per client. The project is not sustainable without funding.

We have trained law students to assist clients with First Tier Tribunal appeals by producing submissions and helping them to collect relevant evidence. The students work on the FTT submissions at home but attend the bureau one evening a week to discuss their work with a supervisor. The supervisor approves the submissions before they are sent to the client and the Tribunal. The project is distinct from our core service as the students cannot usually volunteer during the day and do not have the time to train as actual advisers.

We will expand the project with a 0.5 FTE supervisor who would be available two evenings a week to support the students; provide email support at other times; check and co-ordinate their work and use the project's experience to identify and make recommendations to Decision Makers to tackle the causes of poor decision making. The supervisor would train and support the students with a wider range of appeals than currently available such as overpayment and sanctions appeals and Upper Tier Tribunals. Upper Tier appeals are currently particularly important as many aspects of new welfare benefits legislation need to be clarified by the UTT but justice requires support for clients with such appeals to ensure fair challenges to the DWP interpretations. The PIP roll-out will increase demand for appeals support.

We would easily recruit additional students to the project as many law students prefer volunteering for a charity to internships with commercial firms. We do not currently have adequate staff to train, support and supervise more students. The increased supervision would enable the students to interview clients to produce statements and therefore reduce the reliance on medical evidence. Many health professionals are reluctant to provide medical evidence.

The results from the successful pilot project would be replicated on a larger scale. We hold the Advice Quality Standard with case work in four advice topics including welfare benefits. We are the only organisation in the borough providing significant welfare benefits appeals support. We work with eight organisations such as the Mental Health Foundation and the Carers Centre, all of whom can / would refer clients to the BAP.

The project will reduce poverty by enabling more people to access legal advice. 60% of our debt clients are in receipt of welfare benefits. We anticipate that nearly all of the project's clients would be of working age. CPAG state that "the risk of a non-disabled child being in poverty in a household with a disabled adult is 29% in a household receiving disability benefits, but this rises to 43% in a household not receiving disability benefits."

We consult widely with our service-users in the management and running of the service. We have carried out three client telephone surveys in the last six months and used the data to make improvements such as to our telephone system. We welcome people from all backgrounds as clients, volunteers, staff and trustees. We have 'Two Ticks -- positive about Disabled People' accreditation. We have the 'Expert in Volunteering' certificate from our Volunteer Centre. We have had an environment audit and have taken steps such as loft insulation, default double sided printing and cycling promotion.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Not Applicable

Do you have a Vulnerable Adults policy? **No**

What Quality Marks does your organisation currently hold?

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

In the last year we have trained 12 students who worked on the project. We would increase that number to 36 students per year

We would expand the scope of the project to include 'Set Aside' applications and Upper Tier Tribunal appeals. We estimate that we would undertake at least 15 Upper Tier Tribunal appeals a year

In the last year, we produced 24FTT submissions. We would, with increased student numbers, increase that number to 140 and then 150 submissions per year

We would analyse the appeal cases and produce a report on the reasons for the incorrect original decisions. We would produce six monthly / four monthly reports to try to improve the accuracy of DWP decision making.

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

We would anticipate that scaling-up the project would increase total financial gains to at least £500,000 per annum

We would survey BAP clients to obtain data as to the impact of the successful appeals on poverty reduction and quality of life. We know from experience of a carers income maximisation project that the increased income not only reduces poverty but reduces stress and improves health

The evidence we submit to the DWP may help improve decision making which means that even people who have not directly accessed the service will indirectly benefit from it.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

We will seek alternative funding to continue the project.

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

150

In which Greater London borough(s) or areas of London will your beneficiaries live?

Sutton (100%)

What age group(s) will benefit?

0-15

16-24

25-44

45-64

65-74

What gender will beneficiaries be?

All

What will the ethnic grouping(s) of the beneficiaries be?

A range of ethnic groups

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

81-90%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
0.5 FTE Project Worker Salary costs	16,537	17,033	17,544	51,114
Management Time	3,027	3,118	3,211	9,356
Overheads / Volunteer Expenses / ICT etc	8,058	8,300	8,549	24,907
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0

TOTAL:	27,622	28,451	29,304	85,377
---------------	---------------	---------------	---------------	---------------

What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
Not applicable	0	0	0	0
Not applicable	0	0	0	0
	0	0	0	0
	0	0	0	0

TOTAL:	0	0	0	0
---------------	----------	----------	----------	----------

What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
None	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0

TOTAL:	0	0	0	0
---------------	----------	----------	----------	----------

How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
0.5 FTE Project Worker Salary costs	16,537	17,033	17,544	51,114
Management Time	3,027	3,118	3,211	9,356
Overheads / Volunteer Expenses /ICT etc	8,058	8,300	8,549	24,907
	0	0	0	0
	0	0	0	0

TOTAL:	27,622	28,451	29,304	85,377
---------------	---------------	---------------	---------------	---------------

Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: March	Year: 2013
-----------------------	---------------------	-------------------

Income received from:	£
Voluntary income	21,090
Activities for generating funds	2,006
Investment income	6,409
Income from charitable activities	676,312
Other sources	114,666
Total Income:	820,483

Expenditure:	£
Charitable activities	800,145
Governance costs	7,017
Cost of generating funds	0
Other	11,068
Total Expenditure:	818,230
Net (deficit)/surplus:	2,253
Other Recognised Gains/(Losses):	0
Net Movement In Funds:	2,253

Asset position at year end	£
Fixed assets	36,156
Investments	0
Net current assets	279,670
Long-term liabilities	0
*Total Assets (A):	315,826

Reserves at year end	£
Restricted funds	32,362
Endowment Funds	0
Unrestricted funds	283,464
*Total Reserves (B):	315,826

* Please note that total Assets (A) and Total Reserves (B) should be the same.

Statutory funding

For your most recent financial year, what % of your income was from statutory sources?
81-90%

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

In April 2013, our Legal Aid contracts for welfare benefits and debt ended. In 2012/13, our legal aid income was £103,659. In 2013/14, we expect legal aid income of approximately £30,000. Our ASTF funding for 13/14 is £87,722 (net). Our income for 13/14 is forecast to be £18600 lower than previous year but with increased costs on e.g. salaries, utilities and pensions

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	444,752	423,055	438,414
London Councils	0	0	0
Health Authorities	0	0	0
Central Government departments	226,328	167,343	106,175
Other statutory bodies	121,495	137,657	131,569

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
Lloyds TSB Foundation	0	12,800	12,000
Advice Services Fund	0	0	56,311
NHS Charitable Trust	0	16,900	21,350
Citizens Advice Financial Capability	0	6,436	0
Rayne Foundation	4,000	10,000	0

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Steve Triner**

Role within **Chief Executive**
Organisation:

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
0.5 FTE Project Worker Salary costs	16,537	17,033	17,544	51,114
Management Time	3,027	3,118	3,211	9,356
Overheads / Volunteer Expenses / ICT etc	8,058	8,300	8,549	24,907
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0

TOTAL:	27,622	28,451	29,304	85,377
---------------	---------------	---------------	---------------	---------------

What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
Not applicable	0	0	0	0
Not applicable	0	0	0	0
	0	0	0	0
	0	0	0	0

TOTAL:	0	0	0	0
---------------	----------	----------	----------	----------

What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
None	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0

TOTAL:	0	0	0	0
---------------	----------	----------	----------	----------

How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
0.5 FTE Project Worker Salary costs	16,537	17,033	17,544	51,114
Management Time	3,027	3,118	3,211	9,356
Overheads / Volunteer Expenses /ICT etc	8,058	8,300	8,549	24,907
	0	0	0	0
	0	0	0	0

TOTAL:	27,622	28,451	29,304	85,377
---------------	---------------	---------------	---------------	---------------

Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: March	Year: 2013
-----------------------	---------------------	-------------------

Income received from:	£
Voluntary income	21,090
Activities for generating funds	2,006
Investment income	6,409
Income from charitable activities	676,312
Other sources	114,666
Total Income:	820,483

Expenditure:	£
Charitable activities	800,145
Governance costs	7,017
Cost of generating funds	0
Other	11,068
Total Expenditure:	818,230
Net (deficit)/surplus:	2,253
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	2,253

Asset position at year end	£
Fixed assets	36,156
Investments	0
Net current assets	279,670
Long-term liabilities	0
*Total Assets (A):	315,826

Reserves at year end	£
Restricted funds	32,362
Endowment Funds	0
Unrestricted funds	283,464
*Total Reserves (B):	315,826

* Please note that total Assets (A) and Total Reserves (B) should be the same.

Statutory funding

For your most recent financial year, what % of your income was from statutory sources?
81-90%

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

In April 2013, our Legal Aid contracts for welfare benefits and debt ended. In 2012/13, our legal aid income was £103,659. In 2013/14, we expect legal aid income of approximately £30,000. Our ASTF funding for 13/14 is £87,722 (net). Our income for 13/14 is forecast to be £18600 lower than previous year but with increased costs on e.g. salaries, utilities and pensions

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	444,752	423,055	438,414
London Councils	0	0	0
Health Authorities	0	0	0
Central Government departments	226,328	167,343	106,175
Other statutory bodies	121,495	137,657	131,569

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
Lloyds TSB Foundation	0	12,800	12,000
Advice Services Fund	0	0	56,311
NHS Charitable Trust	0	16,900	21,350
Citizens Advice Financial Capability	0	6,436	0
Rayne Foundation	4,000	10,000	0

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Steve Triner**

Role within **Chief Executive**
Organisation:

This page is intentionally left blank

The City Bridge Trust

Investing In Londoners: Application for a grant



About your organisation

Name of your organisation: Galop (Registered as Lesbian, Gay, Bisexual Anti-violence and Policing Group.)	
If your organisation is part of a larger organisation, what is its name? n/a	
In which London Borough is your organisation based? Islington	
Contact person: Ms Nicola Noone	Position: CEO
Website: http://www.galop.org.uk	
Legal status of organisation: Registered Charity	Charity, Charitable Incorporated Company or company number: 1077384
When was your organisation established? 18/07/1982	

Grant Request

Under which of City Bridge Trust's programmes are you applying? Making London Safer
Which of the programme outcome(s) does your application aim to achieve? Victims of hate crime being more aware of their rights and empowered to reduce feelings of fear
Please describe the purpose of your funding request in one sentence. Provision of a Pan London holistic specialist service to LGBT victims of hate crime, providing tailor made practical and emotional support.
When will the funding be required? 01/10/2014
How much funding are you requesting? Year 1: £62,238 Year 2: £62,708 Year 3: £64,474 Total: £189,418

Aims of your organisation:

Galop is London's LGBT community safety charity. Our core aim is to make life safe, just and fair for LGBT people through combatting homophobia, biphobia and transphobia. Galop aim to:

- Assist LGBT victims of crime so they feel better support and more able to voice their needs and move on with their lives.
- Encouraging more LGBT victims of hate crime, domestic abuse & sexual violence to report and get help/support.
- Providing a non-judgemental, confidential service for LGBT victims to get help so they are better able to cope & feel safer
- Assist LGBT victims of crime to gain an increased understanding of the law, their rights, and the choices that they have.
- Help make LGBT Londoners feel safer by campaigning and lobbying on community safety and criminal justice matters that impact on LGBT communities
- Provide a service for LGBT victims of crime that is grounded in the needs and experiences of LGBT communities in London.

Main activities of your organisation:

Galop provides specialist support, information and advice to LGBT victims of hate crime, domestic abuse and sexual violence. We also advise LGBT people on aspects of the law and the criminal justice system, including dealing with the police, court services or the law.

Galop operates a confidential helpline staffed by experienced caseworkers who can provide advice and support, including a third party reporting.

Galop also provides one to one advice, support and advocacy to victims.

We provide information and advice through our website, including advice sheets and online reporting

Outreach and engagement within LGBT communities throughout London to encourage victims to report and get help with incidents.

Galop has developed specialist services and resources for young LGBT people and the Trans community.

We work in partnership with statutory and voluntary services on campaigns to make LGBT Londoners safer

Galop has carried out research into LGBT hate crime in London and we represent the LGBT community on the MPS Independent Advisory Group.

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
3	3	5	4

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Rented	23rd March 2016

Summary of grant request

Evidence of Need

Over a thousand anti LGBT hate crimes are reported to the police in London each year but the true number is much higher. A quarter of all UK recorded LGBT hate crime happens in London and 1 in 8 LGBT Londoners experience hate crime each year. Much hate crime goes un-reported and only half of LGBT victims who report feel they get a good police response. Although one or two boroughs have good LGBT safety provision most have virtually none. That leaves many LGBT victims vulnerable, fearful and in need of help.

How the work will be delivered

Galop will provide a high quality specialist service to LGBT victims of hate crime through the provision of practical and emotional support. Community appropriate resources will be produced to raise awareness of LGBT victims rights. This project will be delivered across London and will be a unique and essential service to LGBT Londoners. It will provide the following:

- Support and advice via helpline, email and outreach
- Specialist practical and emotional support to high risk victims
- Development of a volunteer peer mentor programme
- Information resources for victims
- A high profile media campaign

What Will Be Achieved

The following outcomes will be measured using a combination of quantitative and qualitative systems:

80% of service users will feel more able to cope with their situation as a result of our support.

80% of service users will show an improvement in their wellbeing across a range of areas such as depression, anxiety, thoughts of suicide and social isolation.

80% of service users will feel more informed about their rights and how to use them.

80% of service users will have a decreased fear of crime

70% of service users will feel better able to get what they want from services such as police, housing etc.

Our Track Record

Galop has 32 years experience of providing high quality specialist services to LGBT victims. We have retained the trust and confidence of the LGBT community by remaining an independent, community centred organisation. Our outcome monitoring shows high levels of improvement for our service users. Galop is also respected and used for its expertise on abuse and hate crime by statutory and voluntary organisations, including the police.

Making London Safer

The project will meet the (victims of hate crime more aware of their rights and empowered to reduce feelings of fear) outcome by working with clients to: Boost their self worth and confidence; Support re-engagement with their community and work life; Safety planning and providing impartial advice. We will set outcome targets to improve clients knowledge about their rights and reduce their fear of crime.

Principals of Good Practice

We are centred on the needs of our clients and ensure they know about opportunities to give feedback, complain, volunteer, take part in research and service development.

We will ensure the project understands and responds to the needs of diverse LGBT Londoners, with a special focus on those who are under-represented in our service, most in need or excluded by mainstream services. We are proud of our inclusion work but will continue ensuring our service is accessible for all.

We recognise the value of volunteering to us, our clients and our volunteers. This project will build on our volunteer programme by training and supporting ex-service users to become peer mentors, giving basic support and advice in outreach settings.

We have already taken many steps to reduce our environmental impact but will continue to implement our sustainability strategy relating to green sourcing, recycling, low energy use and transport.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

n/a

Do you have a Vulnerable Adults policy? **No**

What Quality Marks does your organisation currently hold?

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

600 (200 p.a) LGBT victims of hate crime per year will receive support and advice via Galop's telephone helpline, email & outreach by a specialist case worker.

180 (60 p.a) LGBT victims of hate crime with complex needs will receive indepth one to one advocacy and support delivered by a specialist hate crime caseworker.

480 sessions (160 p.a) of telephone helpline sessions will be delivered through Galop's telephone helpline to LGBT victims of hate crime

6 (2 p.a) advice factsheets produced on a range of hate crime related subjects to enable victims of hate crime can make informed decisions based on their rights.

Galop will recruit and manage 12 volunteers (4 p.a) including ex-service users as peer mentors to provide peer support and advice, promote the project online and conduct outreach.

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

80% of clients will feel more able to cope with their situation as a result of our support. Change will be measured by a client outcome survey

80% of clients will show an improvement in their wellbeing across a range of areas such as depression, anxiety, suicidal thoughts and social isolation. Change will be measured by a client outcome survey

80% of clients will feel more informed about their rights. Change will be measured by a client outcome survey

70% of clients will feel less likely to be the target of abuse as a result of advice/advocacy. Change will be measured by a client outcome survey

70% of clients will feel better able to get what they want from services such as police, housing etc. Change will be measured by a client outcome survey

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

We believe the evidenced gathered during the course of the project program would support its refunding and would look for funding from grant making bodies and statutory sources.

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

704

In which Greater London borough(s) or areas of London will your beneficiaries live?

London-wide (100%)

What age group(s) will benefit?

All ages

What gender will beneficiaries be?

All

What will the ethnic grouping(s) of the beneficiaries be?

A range of ethnic groups

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

21-30%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Recruitment	550	0	0	550
Salaries (inc Pension)	34,952	35,890	36,851	107,693
Volunteer Costs	1,865	1,921	1,978	5,764
Travel & Training	817	842	867	2,526
Monitoring & Evaluation	1,480	1,524	1,570	4,573
Promotion, Resources & Materials	8,225	8,472	8,727	25,423
External Supervision	1,170	1,205	1,241	3,616
Management & Admin; Building Costs; Running Costs	12,180	12,545	12,922	37,647
ITC - Computer & Mobile Phone	999	309	318	1,626

TOTAL:	62,238	62,707	64,473	189,418
---------------	---------------	---------------	---------------	----------------

What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
N/A	0	0	0	0

TOTAL:	0	0	0	0
---------------	----------	----------	----------	----------

What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
N/A	0	0	0	0
	0	0	0	0

TOTAL:	0	0	0	0
---------------	----------	----------	----------	----------

How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Recruitment	550	0	0	550
Salaries (inc Pension)	34,952	35,890	36,851	107,693
Volunteer Costs	1,865	1,921	1,978	5,764
Travel & Training	817	842	867	2,526
Monitoring & Evaluation	1,480	1,524	1,570	4,574
Promotion, Resources & Materials	8,225	8,472	8,727	25,423
External Supervision	1,170	1,205	1,241	3,616
Management & Admin; Building Costs; Running Costs	12,178	12,545	12,922	37,648
ITC - Computer & Mobile Phone	999	309	318	1,627

TOTAL:	62,238	62,707	64,474	189,418
---------------	---------------	---------------	---------------	----------------

Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: March	Year: 2013
-----------------------	---------------------	-------------------

Income received from:	£
Voluntary income	1,556
Activities for generating funds	159
Investment income	0
Income from charitable activities	249,307
Other sources	5,554
Total Income:	256,576

Expenditure:	£
Charitable activities	254,703
Governance costs	3,600
Cost of generating funds	988
Other	0
Total Expenditure:	259,291
Net (deficit)/surplus:	-2,715
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	0

Asset position at year end	£
Fixed assets	10,816
Investments	0
Net current assets	56,521
Long-term liabilities	0
*Total Assets (A):	67,337

Reserves at year end	£
Restricted funds	5,678
Endowment Funds	0
Unrestricted funds	61,659
*Total Reserves (B):	67,337

* Please note that total Assets (A) and Total Reserves (B) should be the same.

Statutory funding

For your most recent financial year, what % of your income was from statutory sources? 81-90%
--

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts: None
--

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	0	0	0
London Councils	139,608	140,812	115,739
Health Authorities	0	0	0
Central Government departments	82,750	88,202	91,782
Other statutory bodies	21,747	9,182	0

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
Comic Relief	22,330	37,376	39,584
Trust for London	14,514	18,766	0
Lloyds TSB Foundation	0	0	15,000
	0	0	0
	0	0	0

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Nicola Noone**

Role within **CEO**
Organisation:

APPENDIX A

GALOP: FUNDING APPLICATION TO City Bridge Trust.

SCHEDULE OF COSTS - ASSESS MEETING - IF WE GO TO 28HRS

Ref		Year 1 Total Project Costs	Year 2 Total Project Costs	Year 3 Total Project Costs
Staffing Costs				
1	Recruitment	£550.00	£0.00	£0.00
2	Salaries (incl pension)	£34,952.17	£35,889.58	£36,850.91
3	Sessional Workers	£0.00	£0.00	£0.00
4	Volunteer Expenses	£1,864.80	£1,920.74	£1,978.37
Direct Project Costs				
5	Staff Travel	£256.20	£263.89	£271.80
6	Training	£500.00	£515.00	£530.45
7	Monitoring and Evaluation	£739.78	£761.97	£784.83
8	Promotion	£2,250.00	£2,317.50	£2,387.03
9	Other Project Costs:			
10	External Supervision	£540.00	£556.20	£572.89
11	Resources & Materials	£2,600.00	£2,678.00	£2,758.34
Core Costs				
12	Management Costs	£4,526.79	£4,662.60	£4,802.47
13	Building Costs	£1,795.28	£1,849.14	£1,904.62
14	Running Costs	£2,609.91	£2,688.20	£2,768.85
Capital Costs				
15	Equipment	£699.00	£0.00	£0.00
16	Other Capital (mobile phone)	£300.00	£309.00	£318.27
Total		£54,183.93	£54,411.83	£55,928.82

GRAND TOTAL OVER 3YRS £164,524.58

Core / Project Costs 16.78%

The City Bridge Trust

Investing In Londoners: Application for a grant



About your organisation

Name of your organisation: National Society for the Prevention of Cruelty to Children	
If your organisation is part of a larger organisation, what is its name?	
In which London Borough is your organisation based? Hackney	
Contact person: Miss Iona Bergius	Position: Major Giving Fundraiser
Website: http://www.nspcc.org.uk	
Legal status of organisation: First Contact	Charity, Charitable Incorporated Company or company number: 216401
When was your organisation established? 08/07/1884	

Grant Request

Under which of City Bridge Trust's programmes are you applying? Making London Safer
Which of the programme outcome(s) does your application aim to achieve? More survivors of trafficking accessing quality specialist support to improve their safety, health and well-being and to beginning to reintegrate into society Children and young people living in refuges accessing specialist support that helps reduce trauma, increases resilience and gives them a voice
Please describe the purpose of your funding request in one sentence. Preventative and protective work with young victims of sexual exploitation or those vulnerable to this form of abuse, with a focus on minority ethnic children.
When will the funding be required? 01/08/2014
How much funding are you requesting? Year 1: £90,000 Year 2: £90,000 Year 3: £0 Total: £180,000

Aims of your organisation:

The NSPCC's vision is to end cruelty to children in the UK. We aim to be there for every child whenever they need our help and transform society so that no child ever suffers abuse. Our strategy for achieving this vision is built around four principles: Focus, Prioritisation, Learning and Leverage. We focus on a defined set of activities where the NSPCC has the skills and sufficient funding to deliver significant progress on ending cruelty to children. We prioritise certain types of abuse and the most vulnerable children to ensure we have the greatest impact. We capture all our learning and use it to create a virtuous cycle of improvement in the wider field of child protection in the UK. And we use our evidence-based learning as leverage to persuade other organisations and agencies to adopt new and better ways to protect children, thus multiplying our impact many times over.

Main activities of your organisation:

At a local level we run 26 innovative services at 40 UK-wide centres which prevent abuse and neglect, protect the most vulnerable children and repair damaged childhoods. Through our ChildLine Schools Service we are working towards our aim of visiting every primary school in the UK by 2016, ensuring every child can recognise abuse and knows where to get help should they need it.

At a national level, we offer ChildLine, enabling any child anywhere to contact us 24 hours a day via phone or online if they have a concern. And we offer a helpline for any adult worried about a child's welfare.

At a societal level, we run campaigns to inform the public and to ensure we all take responsibility for preventing child cruelty. And we influence governments and agencies to make our society safer for children through changes to legislation, policy and practice. We rigorously evaluate everything we do and share our learning to maximise our impact.

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
1,852	444	16	12,000

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Owned	

Summary of grant request

During 2010-2011, over 16,500 children in England were identified as being at risk of sexual exploitation and 2,409 children were confirmed as victims of sexual exploitation (Office of the Children's Commissioner). In reality, these figures will be much higher, as the vast majority of such cases never come to the attention of the police.

The consequences of such abuse are devastating. It can damage children emotionally and psychologically and without the right help, they may develop mental health problems lasting into adulthood.

The NSPCC's Protect and Respect service, run from our centres in East London and Croydon, provides a range of preventative and protective initiatives for young victims of sexual exploitation, or those vulnerable to this form of abuse. It has been developed with a focus on the needs of minority ethnic children, and specifically, those who have been trafficked, who are looked after or missing from placements, or unaccompanied minors seeking asylum, as recent research has highlighted that these groups are particularly vulnerable to sexual exploitation.

Protect and Respect builds on 15 years' experience of the NSPCC's work delivering similar services, particularly in East London. It is through listening to the distressing experiences of young people that Protect and Respect was first conceived. Since its establishment, young people have helped to shape the service with their ideas and feedback. In 2013 Protect and Respect received recognition from the Children's Commissioner, who highlighted it as an example of good practice in tackling child sexual exploitation.

Demand for the service has been so high in East London that the team have started to provide training for external agencies. The effectiveness of the service has also resulted in local authorities seeking the NSPCC's support in dealing with child sexual exploitation.

In terms of preventative work, we work with young people to provide information on the risks of sexual exploitation, including its signs, indicators and their rights. We assist them in accessing services to reduce their vulnerability, including housing, sexual health and education services. We aid the police with the prosecution of those who sexually exploit children and we do outreach work in schools with both pupils and teachers. Through this work, we aim to ensure that local communities are informed about the risks of sexual exploitation and are equipped to identify any suspected cases.

At the protective end, staff develop tailored intervention plans depending on each young person's needs. The plan may include one-to-one therapeutic work, group work with other service users and ongoing practical support with issues including accessing safe housing. Staff work with each young person for up to 6 months, and longer if there are good reasons for doing this. After this period, it is expected that the young person will have significantly reduced their vulnerability by securing a safer environment and more stable lifestyle. They will also have a greater understanding of sexual exploitation and will be more resilient to it.

Our service contributes to several outcomes outlined in the Trust's 'Making London Safer' programme, namely: the provision of specialist support for children and young people helping to increase their resilience and give them a voice, and the provision of quality specialist support to improve the safety, health and well-being of survivors of trafficking.

The NSPCC values diversity in everything we do. This service actively seeks to engage young people from minority ethnic backgrounds and staff receive training on working sensitively and effectively with disabled children and those from minority ethnic groups. We are taking numerous steps to reduce our carbon footprint (see detailed proposal).

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Not applicable

Do you have a Vulnerable Adults policy? **No**

What Quality Marks does your organisation currently hold?

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

Risk reduction and recovery work: 1-to-1 therapeutic work, casework, closed group work and advocacy support for young people who are currently being or have been sexually exploited, or who are considered to be at high risk of this form of abuse.

Specialist support: for particularly vulnerable children and young people, including minority ethnic children, those who have been trafficked, separated, unaccompanied asylum seekers, looked after children and those who have frequent 'missing' episodes. This includes specialist training and support for practitioners, community outreach work and supporting victims through judicial processes.

Prevention work: open group work programmes targeted at young people vulnerable to sexual exploitation, run in universal settings such as schools, youth centres and NSPCC Service Centres.

Participatory work: each NSPCC Service Centre will run a participation group, where young people are brought together to discuss how they feel they could make a difference to other young people who have been sexually exploited. Depending on their preferences, could take the form of media campaigns and peer-to-peer work.

Strategic engagement: work with professionals to increase awareness of and confidence in identifying and responding to child sexual exploitation locally. Work is tailored to local multi-agency context but typically includes provision of information/training in relation to risk and protective factors and support establishing and/or maintaining multi agency responses.

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

Work aims to: lower traumatic symptoms and increase well-being; reduce risk of future sexual exploitation and stop any exploitation occurring at the time of treatment; support young people in finding alternative non-exploitative forms of social support and access to other community services; increase knowledge of and resilience to sexual exploitation.

Through this specialist work we aim to ensure that the most vulnerable children have access to the support they need and are not re-traumatised by the necessary but complex legal systems and processes that often accompany the identification of sexual exploitation.

Work aims to raise awareness about sexual exploitation and grooming; help young people identify risky situations and give them strategies for avoiding them; and supports them to build positive conceptions of healthy relationships and choices.

Young people should: gain increased confidence in ability to express their feelings with regards to sexual exploitation; feel that they have been able to make a positive difference to the lives of other young people; feel more confident in their ability to articulate their feelings and communicate generally.

Through community outreach, building effective local relationships and multi-agency working, we increase professionals' understanding and knowledge of sexual exploitation and help them identify and address situations where exploitation might occur. This will allow us to reach more young people vulnerable to sexual exploitation and ensure they can access our service.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

At present Protect and Respect is due to run in East London and Croydon until September 2016. We have not confirmed whether it will run beyond this point yet. We will continue to fundraise from a variety of trusts, individuals and corporate supporters to support the running of the service.

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

232

In which Greater London borough(s) or areas of London will your beneficiaries live?

London-wide (100%)

What age group(s) will benefit?

0-15

16-24

What gender will beneficiaries be?

All

What will the ethnic grouping(s) of the beneficiaries be?

A range of ethnic groups

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

1-10%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Practitioner salaries incl. pension, NI (4.6 FTE)	198,500	198,500	0	397,000
Project Team Manager salaries incl. pension, NI (0.8 FTE)	35,900	35,900	0	71,800
Administrator salaries incl. pension, NI (1.1 FTE)	26,600	26,600	0	53,200
Service Manager salaries incl. pension, NI (0.3 FTE)	18,400	18,400	0	36,800
Premises	67,200	67,200	0	134,400
Motor and travel	7,900	7,900	0	15,800
Professional fees and grants	800	800	0	1,600
IT and telephony	25,000	25,000	0	50,000
Printing, stationary, equipment consumables & catering	2,900	2,900	0	5,800
TOTAL:	383,200	383,200	0	766,400

What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
Funding applications in progress (see below) with more in pipeline	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	0	0	0	0

What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
BACIT Foundation (minimum of £30000 but likely to be more)	30,000	30,000	0	60,000
Gardening Centre Group	44,000	0	0	44,000
Breadsticks Foundation	0	43,000	0	43,000
	0	0	0	0
TOTAL:	74,000	73,000	0	147,000

How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Practitioner salary incl. pension & NI, Croydon (1.02)	45,000	45,000	0	90,000

FTE)				
Practitioner salary incl. pension & NI, East London (1.08 FTE)	45,000	45,000	0	90,000
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0

TOTAL:	90,000	90,000	0	0
---------------	---------------	---------------	----------	----------

Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: March	Year: 2013
-----------------------	---------------------	-------------------

Income received from:	£
Voluntary income	110,705,000
Activities for generating funds	8,154,000
Investment income	1,457,000
Income from charitable activities	8,969,000
Other sources	147,000
Total Income:	129,432,000

Expenditure:	£
Charitable activities	96,496,000
Governance costs	650,000
Cost of generating funds	25,101,000
Other	-357,000
Total Expenditure:	121,809,000
Net (deficit)/surplus:	7,542,000
Other Recognised Gains/(Losses):	647,000
Net Movement in Funds:	8,189,000

Asset position at year end	£
Fixed assets	79,232,000
Investments	8,604,000
Net current assets	-3,058,000
Long-term liabilities	-9,246,000
*Total Assets (A):	75,532,000

Reserves at year end	£
Restricted funds	7,477,000
Endowment Funds	1,402,000
Unrestricted funds	66,653,000
*Total Reserves (B):	75,532,000

* Please note that total Assets (A) and Total Reserves (B) should be the same.

Statutory funding

For your most recent financial year, what % of your income was from statutory sources? 1-10%

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts: Not applicable.

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	5,079,000	2,697,000	1,164,000
London Councils	0	0	0
Health Authorities	0	0	0
Central Government departments	7,523,000	4,730,000	3,768,000
Other statutory bodies	2,249,000	1,723,000	1,593,000

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
Safe Networks	714,286	694,808	725,000
Child Protection in Sport England	378,000	378,000	533,983
Department for Education	6,499,380	4,000,000	3,000,000
DHSSPS (Northern Ireland)	62,392	62,800	62,392
Department of Education, Northern Ireland	0	265,000	266,000

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Iona Bergius**

Role within Organisation: **Major Giving Fundraiser**

The City Bridge Trust

Investing In Londoners: Application for a grant



About your organisation

Name of your organisation: Adfam	
If your organisation is part of a larger organisation, what is its name? N/a	
In which London Borough is your organisation based? Camden	
Contact person: Ms Vivienne Evans	Position: Chief Executive
Website: http://www.adfam.org.uk/	
Legal status of organisation: Registered Charity	Charity, Charitable Incorporated Company or company number: 1067428
When was your organisation established? 02/04/1984	
<p>Aims of your organisation:</p> <p>Adfam is the national umbrella organisation whose mission is to improve the health, well-being and quality of life for the thousands of families affected by someone else's drug and/or alcohol use. We work with and for families to ensure that their voices are heard and that they get the support that they require.</p> <p>Our aims are to provide:</p> <ul style="list-style-type: none"> - capacity building support and training/consultancy services to local community-based family groups/services and commissioners and practitioners from a broad range of sectors, to help communities cope with the impact of substance misuse on families; - good practice guidance for practitioners, identifying and addressing gaps in services in order to raise standards and improve outcomes for family members; - information to families to help them to manage their situations. - challenges and to influence government, policy makers, opinion formers, planners and the media to understand and represent more accurately the issues affecting families. - front-line support to families in prisons and community settings. 	
<p>Main activities of your organisation:</p> <p>Our activities include:</p> <ul style="list-style-type: none"> • Developing the capacity of family groups/services to become sustainable and to offer high quality services to family members. • Developing and testing best practice models of service delivery for families. • Providing a national network of family support services and practitioners, to enable participants to share professional practice and improve the quality of support offered to family members. • Providing briefings on policy changes and advice on advocating/lobbying with/for family members. 	

- Providing a range of high quality services including a website, policy briefings, research and best practice, telephone advice and support, regional training events, annual conferences and seminars on issues of significance to family groups/services.
- Providing professionals working with family members with best practice guidance and to the views/experiences of family members.
- Providing Government with access to the views of those most affected by drugs/alcohol and with a forum for consulting/informing family members of policy changes.

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
9	3	10	31

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Leased	5 years

Grant Request

Details of grant request

Under which of City Bridge Trust's programmes are you applying? Older Londoners
Which of the programme outcome(s) does your application aim to achieve? Carers aged 65 years and over better able to access support, advice and respite
Please describe the purpose of your funding request in one sentence. Carers aged 65 years+, caring for a family member with drug/alcohol problems, will be trained and resourced to volunteer as Family Recovery Champions.
When will the funding be required? 01/09/2014
How much funding are you requesting? Year 1: £67,220 Year 2: £55,848 Year 3: £60,160 Total: £183,228
Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to fund it? The older carers who have completed the Family Recovery Champion training will continue to be visible, active recovery champions in their local communities once funding has ended. We will disseminate our findings, including recommendations for future practice, so that the work can be replicated and continued by Adfam and by other organisations supporting older carers.
If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached? n/a

Summary of grant request

Need

The 2011 census showed a 35% surge since 2001 in older carers, to nearly 1.3 million. The stigma attached to addiction is frequently directed by association against those caring for the addict (<http://www.carers.org/help-directory/substance-misuse>), meaning they are particularly at risk of isolation, compounding the poor access to information, support and respite experienced by family carers (Orford, J et al 'Addiction in the family is a major but neglected contributor to the global burden of adult ill-health', Social Science & Medicine 78/Feb 2013: 70-77)

Delivery

We will:

1. Provide training for 20 older carers a year, enabling them to become older Family Recovery Champions (FRCs), providing them with the information, support and resources they need to support other older carers in recovering from the impact of drugs/alcohol in their lives.
2. Support older FRCs in establishing and/or facilitating two groups in London and an on-line forum to provide peer support to older carers.
3. Support 20 older FRCs to enable them to offer one-to-one peer support/mentoring to at least 15 older carers a year to help them to recovery from the impact of substance misuse in their lives.
4. Write up and disseminate our findings, making recommendations for future practice.

Project aims

The project aims to train and support 60 older FRCs over 3 years. These older FRCs will play an active role in their communities:

- developing peer support groups for older carers
- offering 1-to-1 support/mentoring to older carers
- giving a voice to the needs of older carers.

The right organisation

Adfam is the national umbrella organisation working to improve the quality of life for families affected by someone else's drug/alcohol use. Founded in 1984, Adfam provides support, information and training for the professionals working with families, and for families themselves. We work to ensure their voices are heard and they get the support they require. We have a track-record of developing and delivering the direct services family members need, including children of drug-using parents, grandparents caring for grandchildren due to parental misuse, people in rural communities and those from minority ethnic backgrounds struggling with a family member's drug/alcohol use. We currently have three projects training FRCs - this would be our first dedicated project supporting older carers to become FRCs.

The Trust's outcomes

Our project will enable carers aged 65 years+ caring for family members with drug/alcohol problems, to access support, advice and respite. It will do this by:

- training and supporting 20 older carers per year to enable them to become FRCs;
- supporting these older FRCs to facilitate peer support groups, supporting at least 30 older carers per annum;
- supporting 20 older FRCs each year to offer 15 older carers peer support, reducing their isolation;
- sharing our findings, enabling others to learn from the FRC model and apply it to the needs of older carers.

Good Practice

Adfam will involve older carers in managing and running the project via consultation/continuous feedback and involvement in evaluation.

Diversity: it is critical that the carers involved in developing/steering the project are representative of the broad range of people who find themselves as older carers of a family member with a drug/alcohol problem, so they can jointly identify what works for all. Adfam values and supports our volunteers and those of the organisations we support; our 'Real voices in volunteering' toolkit (<http://www.adfam.org.uk/news/191>) pulls together the expertise/ resources we use to ensure best practice.

We are starting to reduce our carbon footprint by staged implementation of our Environmental Policy, reducing energy use and waste by reusing office paper, lowering thermostats and considering travel-free meeting options where appropriate.

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

Recruit an advisory group including older carers caring for a family member with a drug/alcohol problem and consult them about how to develop this service, including how to adapt the Family Recovery Champion training to best meet the needs of older carers.

Train a minimum of 20 older carers per year enabling them to become FRCs and establish a forum for older FRCs to offer on going support on a regular basis to all trained older carers supporting other older carers in their role as FRCs.

Support older FRCs to enable them to establish at least two older carers peer support groups in London to offer peer support to at least 30 older carers per annum caring for family members with drug/alcohol problems.

Support 20 older FRCs per annum to provide one-to-one support to at least 15 older carers, to assist them in recovering from the negative impacts of substance misuse in their lives e.g. by helping reduce isolation, support a family member into recovery, improve their own health and/or manage their finances.

Disseminate learning from the project to inform future practice and to how the FRCs model can be used with older carers: findings shared on Adfam's website, through online communication networks, and at dissemination events at the end of year 3.

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

20 older carers (per annum) caring for a family member with a drug/ alcohol problem, will have attended Family Recovery Champion training (hard outcome) and will thus gain knowledge and skills which will help them to support other older carers (soft outcome)

At least 30 older carers per annum (from year 2) will attend peer support groups facilitated by older FRCs and will feel less isolated and have more knowledge about:

- drugs/alcohol and the impact on families;
- their rights as carers
- how they can support the user's recovery.

At least 15 older carers per annum will receive one-to-one support from an older FRC (hard outcome) and they will make significant changes in their lives (soft outcomes).

Practitioners and commissioners providing services to older carers, caring for a family member with a drug/alcohol problem, will be better informed about how to support older carers and about how to use the FRC support model to develop peer support among older carers.

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

50

In which Greater London borough(s) or areas of London will your beneficiaries live?

London-wide (100%)

What age group(s) will benefit?

65-74

75 and over

What gender will beneficiaries be?

All

What will the ethnic grouping(s) of the beneficiaries be?

A range of ethnic groups

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

41-50%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Staff costs	22,732	22,752	23,548	69,032
Travel	842	842	842	2,526
Training	3,900	3,254	2,610	9,764
Misc. meetings (advisory, evaluation, peer support, elderly 1 to 1)	7,500	5,500	5,500	18,500
Online forum (including moderator)	20,000	13,000	13,000	46,000
Evaluation	1,000	500	2,000	3,500
Capital	1,250	0	0	1,250
Resources	0	0	2,500	2,500
Management and overheads	9,996	10,000	10,160	30,156

TOTAL:	67,220	55,848	60,160	183,228
---------------	---------------	---------------	---------------	----------------

What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
None	0	0	0	0
	0	0	0	0

TOTAL:	0	0	0	0
---------------	----------	----------	----------	----------

What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
None	0	0	0	0

TOTAL:	0	0	0	0
---------------	----------	----------	----------	----------

How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Staff costs	22,732	22,752	23,548	69,032
Travel	842	842	842	2,526
Training	3,900	3,254	2,610	9,764
Misc. meetings (advisory, evaluation, peer support, elderly 1 to 1)	7,500	5,500	5,500	18,500
Online forum (including moderator)	20,000	13,000	13,000	46,000
Evaluation	1,000	500	2,000	3,500
Capital	1,250	0	0	1,250
Resources	0	0	2,500	2,500
Management and overheads	9,996	10,000	10,160	30,156

TOTAL:	67,220	55,848	60,160	183,228
---------------	---------------	---------------	---------------	----------------

Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: March	Year: 2013
-----------------------	---------------------	-------------------

Income received from:	£
Voluntary income	15,245
Activities for generating funds	24,609
Investment income	186
Income from charitable activities	482,668
Other sources	0
Total Income:	522,708

Expenditure:	£
Charitable activities	625,811
Governance costs	5,665
Cost of generating funds	14,739
Other	0
Total Expenditure:	646,215
Net (deficit)/surplus:	-123,507
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	109,952

Asset position at year end	£
Fixed assets	9,155
Investments	0
Net current assets	100,797
Long-term liabilities	0
*Total Assets (A):	109,952

Reserves at year end	£
Endowment funds	0
Restricted funds	44,939
Unrestricted funds	65,013
*Total Reserves (B):	109,952

* Please note that total Assets (A) and Total Reserves (B) should be the same.

Statutory funding

For your most recent financial year, what % of your income was from statutory sources?
31-40%

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

None.

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2010 £	2011 £	2012 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	0	0	8,390
London Councils	0	0	0
Health Authorities	21,757	2,332	0
Central Government departments	318,485	491,047	152,692
Other statutory bodies	121,179	32,168	43,089

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2010 £	2011 £	2012 £
ESMEE FAIRBAIRN	94,875	103,896	49,717
COMIC RELIEF	87,755	360	41,724
29TH CHARITABLE TRUST	10,000	0	0
JP GETTY	45,570	0	0
TUDOR TRUST	0	0	35,000

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Vivienne Evans**

Role within **Chief Executive**
Organisation:

This page is intentionally left blank

The City Bridge Trust

Investing In Londoners: Application for a grant



About your organisation

Name of your organisation: Age UK Merton	
If your organisation is part of a larger organisation, what is its name?	
In which London Borough is your organisation based? Merton	
Contact person: Mrs Charmaine Bennett	Position: Chief Executive
Website: http://www.ageukmerton.org.uk	
Legal status of organisation: Registered Charity	Charity, Charitable Incorporated Company or company number: 1105384
When was your organisation established? 01/01/1961	

Grant Request

Under which of City Bridge Trust's programmes are you applying? Older Londoners
Which of the programme outcome(s) does your application aim to achieve? Older Londoners aged 75 years and over living more active and healthier lives Fewer older Londoners aged over 75 years with depression and more reporting improved well-being
Please describe the purpose of your funding request in one sentence. Specialist help for older people with long-term health conditions to lead healthier and more active lives and remain connected with their community.
When will the funding be required? 01/07/2014
How much funding are you requesting? Year 1: £51,527 Year 2: £52,583 Year 3: £54,039 Total: £158,149

Aims of your organisation:

Age UK Merton is an independent local charity supporting older people and their carers in and around the London Borough of Merton. We exist to improve the quality of life of older people.

Main activities of your organisation:

Our services include-

- An Activity and Social Centre offering a wide variety of groups e.g. exercise, craft and art classes, complementary therapy and special interest groups (e.g. gardening, sewing, scrabble).
- A Handyperson for those who need help with small DIY tasks.
- Gardening to maintain and improve gardens.
- Help at home including cleaning
- Podiatry for those not entitled to limited NHS provision
- Information and advice about concerns including social care, local information, welfare benefits and well-being.
- Coordination of an annual "Celebrating Age" festival, working with a wide range of other organisations across the borough to put on a month-long range of hundreds of activities for older people, attended by 6,000 older people a year. Events include fun social activities alongside learning, health and cultural events.
- Advocacy and campaigning on behalf of older people at all levels
- A specialist support service for those who have had a stroke and those who have continence problems.

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
3	11	8	60

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Leased	No end date (council building)

Summary of grant request

Need

Our experience shows many older people with long-term health conditions are isolated and feel disengaged. Loneliness is recognised as significantly contributing to further health deterioration.

Local health data shows stark inequalities- e.g. life expectancy in East Merton is considerably less than West -- (9 years-men /13 years- women.)

Our 2013 consultation with older people using other AUKM services (average age 85) highlighted many no longer went anywhere other than home or a Day Centre. 70% reported loneliness, 75% live alone and 66% had mobility problems presenting a further barrier. Income deprivation affecting older people data shows 8 areas in East Merton in the 20% most deprived in the country with none in the west. Older people in the east are significantly more likely to be in poorer health.

Delivery

A specialist Health and Wellbeing Officer will assess each person's individual needs (usually in their own home) and offer information, advice and emotional and practical support to overcome barriers and help people lead more active and healthier lives in the community. The staff member, supported by Occupational Therapy students, will then connect older people who need ongoing support with local community activities that interest them and continue to support them to work through the actions agreed and help build their confidence.

Aims

The project aims to achieve improved wellbeing, quality of life and community engagement for older people with long term health conditions. We aim to address barriers that have prevented older people from accessing activities and services in the community, so enabling them to lead healthier and more active lives.

Why AUKM?

This project strategically extends our service development, building an empowering and preventative approach to health and wellbeing and helping people in a way that meets their individual needs and aspirations. In 2013 we developed health programmes for those who have had a stroke and those with continence problems. This funding request extends the work to any older person with long term illness and increases capacity through enlarging the team of staff and capacity to support Occupational Therapy students.

This project is available for those who need it across Merton but our location in the most deprived area enables targeting for those most likely to suffer ill health. AUKM is prominent locally and has existing excellent links across the voluntary and statutory sector to support development of this programme.

Meeting programme outcomes

The individualised approach is designed to maximise success and achieve positive outcomes to enable people aged over 75 to lead more active and healthier lives. Solution-focussed action plans will identify ways to overcome physical, emotional, financial and psychological barriers to activity and healthier living that face people experiencing long term health conditions. The specialist worker and students provide one-to-one help to work through and achieve the individual's aims so they can become more active and healthier. Older people will report improved wellbeing as they become less isolated and more active with the resultant improvement in mood, physical and emotional health.

Meeting 'Principles of Good Practice'

The majority of our Board and volunteers are older people. Volunteers are involved in all aspects of AUKM, including running services. Those involved in AUKM come from a wide variety of backgrounds and we work to ensure our activities reflect different interests and backgrounds. We have 82 active volunteers and an extremely high retention rate. We offer volunteers support and training, listen to and act on their suggestions and value their individual skills -- e.g. starting a sewing group recently. We take steps to reduce our carbon footprint e.g. recycling, reusable crockery rather than disposable and use of electronic communication.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Not applicable

Do you have a Vulnerable Adults policy? **No**

What Quality Marks does your organisation currently hold?

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

215 Personal Health and Wellbeing Action Plans for older people with long term health conditions produced and implemented.

860 One to One interventions for information, advice and support (face to face & telephone) .

20 talks to community groups to promote the service and raise awareness of support available with staff, volunteers and service users.

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

129 older people with long term health problems, who we have supported with a personal Health and Wellbeing Action Plan, report increased happiness.

172 older people with long term health problems, who we have supported with a personal Health and Wellbeing Action Plan, report increased levels of activities / community participation.

172 older people with long term health problems, who we have supported with a personal Health and Wellbeing Action Plan, report improved health and wellbeing and 22 report maintained health and wellbeing.

40 staff/volunteers in other organisations in the community and 120 service users of other community organisations will be more aware of services available to support the health and wellbeing of older people in Merton.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

Health programmes are part of our long-term planning. We have funding from the Local Authority for a part of the programme and hope that this will not only continue but expand when the next round of funding is available in 2016. We aim to demonstrate positive health outcomes and attract interest from local health services.

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

230

In which Greater London borough(s) or areas of London will your beneficiaries live?

Merton (100%)

What age group(s) will benefit?

75 and over

What gender will beneficiaries be?

All

What will the ethnic grouping(s) of the beneficiaries be?

A range of ethnic groups

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

21-30%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Health Programmes Manager - 5 hrs pw - salary, pension, ENI	4,228	4,355	4,485	13,068
Health Programmes Officer- 37.5 hpw- salary, pension, ENI	29,916	30,813	31,738	92,467
Recruitment and HR support	1,110	115	120	1,345
Student Expenses	520	535	550	1,605
FCR-management/ finance/ admin overhead staff costs	8,840	9,105	9,378	27,323
FCR - organisational overheads- eg premises costs, insurance, audit	5,533	5,699	5,870	17,102
DBS costs	50	0	0	50
Promotional printing / website, resources	400	300	200	900
Staff training, travel, mobile phones, computer, IT support and desk/chair	3,125	1,661	1,698	6,484
TOTAL:	53,722	52,583	54,039	160,344

What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
Donation of desk and chair	500	0	0	500
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	500	0	0	500

What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
none	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	0	0	0	0

How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Health Programmes Manager -5 hrs pw - salary, pension, ENI	3,753	4,355	4,485	12,593
Health Programmes Officer- 37.5 hpw- salary, pension, ENI	29,916	30,813	31,738	92,467
Recruitment and HR support	1,110	115	120	1,345

Student Expenses	0	535	550	1,085
FCR - management/ finance/ admin overhead staff	8,540	9,105	9,378	27,023
FCR - organisational overheads- eg premises costs, insurance, audit	5,333	5,699	5,870	16,902
DBS costs	50	0	0	50
Promotional printing / website, resources	200	300	200	700
Staff training, travel, mobile phones, computer, IT support and desk/chair	2,625	1,661	1,698	5,984
TOTAL:	51,527	52,583	54,039	158,149

Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: March	Year: 2013
-----------------------	---------------------	-------------------

Income received from:	£
Voluntary income	61,642
Activities for generating funds	0
Investment income	1,697
Income from charitable activities	396,035
Other sources	0
Total Income:	459,374

Expenditure:	£
Charitable activities	438,762
Governance costs	36,044
Cost of generating funds	0
Other	0
Total Expenditure:	474,806
Net (deficit)/surplus:	-15,432
Other Recognised Gains/(Losses):	1,852
Net Movement in Funds:	-13,580

Asset position at year end	£
Fixed assets	6,897
Investments	27,984
Net current assets	316,157
Long-term liabilities	-65,622
*Total Assets (A):	285,416

Reserves at year end	£
Restricted funds	36,809
Endowment Funds	0
Unrestricted funds	248,607
*Total Reserves (B):	285,416

* Please note that total Assets (A) and Total Reserves (B) should be the same.

Statutory funding

For your most recent financial year, what % of your income was from statutory sources?
51-60%

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

During 2013-14 a new CEO and new Chair of Trustees came into post. Our funding from the local authority in 2013-14 remains at a similar level but is targeted at a more preventative approach to services and no longer at funding a Day Centre, which closed in September 2013. We have integrated former Day Centre users into other services.

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	281,227	193,271	237,454
London Councils	0	0	0
Health Authorities	5,000	5,000	5,000
Central Government departments	0	0	0
Other statutory bodies	0	0	0

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
Lloyds TSB Foundation	0	12,000	0
Age UK	7,286	63,876	27,312
Wilkinsons Charity Funds	0	4,000	0
	0	0	0
	0	0	0

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Charmaine Bennett**

Role within **Chief Executive**
Organisation:

The City Bridge Trust

Investing In Londoners: Application for a grant



About your organisation

Name of your organisation: Ballet Rambert Ltd	
If your organisation is part of a larger organisation, what is its name? Rambert Trust Ltd	
In which London Borough is your organisation based? Lambeth	
Contact person: Ms Christine Billings	Position: Development Manager
Website: http://www.rambert.org.uk	
Legal status of organisation: Registered Charity	Charity, Charitable Incorporated Company or company number: 326926
When was your organisation established? 25/09/1985	

Grant Request

Under which of City Bridge Trust's programmes are you applying? Older Londoners
Which of the programme outcome(s) does your application aim to achieve? Older Londoners aged 75 years and over living more active and healthier lives People living with Alzheimer's and other forms of dementia having a better quality of life
Please describe the purpose of your funding request in one sentence. To provide vulnerable older adults the opportunity to enjoy the health and social benefits of regular dance activity and engagement with the arts.
When will the funding be required? 01/09/2014
How much funding are you requesting? Year 1: £36,425 Year 2: £38,313 Year 3: £37,060 Total: £111,977

Aims of your organisation:

Rambert is Britain's national dance company: a company that produces work of the highest quality; performs throughout the country; that engages with people of all ages and abilities; and is a beacon of excellence for artists and dance-lovers in the UK and beyond.

We maintain a permanent company of world-class dancers and work with the most exciting choreographers, composers and visual artists. With theatres nationwide, we develop audiences for dance. We invest extensively in education, outreach and participation. We are custodians of an unmatched historic repertoire and our recently catalogued archive provides opportunities to explore the Company's relationship with artists, individuals and world events. Our accessible new home is a centre of best practice in dance development.

Main activities of your organisation:

Under the award-winning artistic direction of Mark Baldwin, Rambert tours throughout the UK and overseas, producing an unrivalled quantity of new work on the large-scale. Established in 1926 by Polish émigré Marie Rambert, the Company builds on its rich heritage to deliver performances full of ideas and passion.

Rambert's 22 dancers are considered to be some of the finest and most versatile in the world, meeting the challenge of performing a range of styles with flair and precision. Committed to ensuring the development of dance for future generations, Rambert seeks out and nurtures new choreographers, including those from within its own ranks. The Company believes that exciting and innovative dance is created through bold collaborations between choreographers and composers, designers and visual artists, and tours with its own chamber orchestra.

Rambert offers vibrant and accessible dance experiences and is committed to engaging people of all ages through an award-winning programme of activities to encourage learning and participation.

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
40	12	12	16

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Owned	

Summary of grant request

Rambert's learning & participation programmes offer high quality experiences which involve people of all ages as audience and participant, so they can better appreciate our art form and benefit from deeper cultural engagement. Rambert has extensive experience of working with young people, has recently begun working with older adults and wishes to extend this area of work.

Older people are a growing proportion of the population and maintaining health into old age is a public health priority. There is much evidence to demonstrate that dance can offer significant fitness and social benefits.

We know that those who suffer from particular disabilities can benefit from participation in dance and have begun developing our expertise with a number of partners: with clinical staff at St George's NHS Trust to offer sessions for amputees, Parkinson's patients and stroke patients; with Arts for Dementia; and Chelsea and Westminster Hospital.

Although older people tend to have time, they enjoy fewer opportunities for participative engagement in the arts than the young. Older adults are also potential users of our Archive and potential audience members so engaging with them can provide benefits in both directions.

Finally, a condition of the lease on our land from Coin Street Community Builders is to offer participation programmes to local residents of all ages. These currently include an over 60s dance class and an intergenerational project. An offer for this age group is guaranteed in the coming years although it may take different forms.

Dance in Health is a three year programme beginning mid-2014 that will offer on-going dance sessions to people with dementia, Alzheimer's and Parkinson's and their carers, dance activity in elder's day centres, and sessions for outpatients recovering from illness/treatment at Chelsea & Westminster Hospital.

All participants will be offered opportunities to visit our archive and attend performances and rehearsals. Over the course of the project we will build our user groups at our South Bank base, identify and deliver work with more partners and build the skills of our workforce through regular training.

Grant funding will ensure that we are able to offer the proposed sessions to our target beneficiaries at low or no cost. It will support the delivery of all activity and enable us to develop the skills base amongst professional dance artists who work with London elders. The project will enable us to develop on-going activity for older Londoners within our new home and across London.

Rambert's new home is centrally located, easily accessible from most parts of London and is physically accessible to users. Its position in the South Bank Cultural Quarter and Rambert's status as a professional company provides an exciting context for participants and a direct link to the professional artists who work with us.

This project addresses the Older Londoners theme by providing healthy activity for people aged 65 and older, providing non-medical support for people with Alzheimer's and dementia, social engagement and volunteering opportunities. We will work with a range of partners to develop activity in different settings.

We will work closely with our partner organisation to develop the programme so that it best meets the needs of each of the group we will work with. Participant feedback will enable us to further fine tune the sessions.

Rambert welcomes people from all backgrounds and we are proud that 40% of our dancers are from visible minorities who provide role models for the young people in our community and school programmes. We are building our volunteer programmes, mostly within our Archive service, and we hope that this programme will contribute indirectly to the involvement of older people as Archive volunteers.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

No.

Do you have a Vulnerable Adults policy? No

What Quality Marks does your organisation currently hold?

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

Regular dance sessions in Rambert studios for people with early stage Dementia or Alzheimer's and Parkinson's Disease, with their carers. Participants will also be offered opportunities to attend a performance, occasional events in our building and will be offered reminiscence type sessions in the Archive.

Regular dance sessions at elders day centres: three in year one increasing to five by year three. Participants will have opportunities to attend performances and visit Rambert studios. Seed money will allow us to offer taster sessions to new day centres.

Dance for Recovery sessions will be offered to patients recovering from serious illness/treatment at Chelsea & Westminster Hospital.

Semi-annual training and networking for our animateurs and the wider sector will develop skills for those working with vulnerable older adults. A symposium in the third year will share best practice with others in the sector.

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

More older adults will be engaging in physical, creative and social activity through regular participation in dance classes. These classes will be free of charge and will provide opportunities to vulnerable older adults for whom this might be their only form on physical activity.

All participants will experience physical benefits such as increased stamina and improved coordination, this will help prevent injury from falls. By taking part in group classes, participants will have improved emotional well being through being involved in a group activity and learning a new skill.

People joining the Dementia/Alzheimer's and Parkinson's classes at Rambert will benefit from tailored sessions, in world-class, purpose built dance studios. Regular sessions as part of a long-term programme will enable dance to become an integral part of participants' lives, providing them with a sense of personal progression and achievement.

The programme will increase number of dance practitioners who have the relevant skills, knowledge and expertise to work with vulnerable older adults. This will enable more opportunities for older adults to take part in dance activities of the highest possible quality.

New partnerships will be formed between Rambert and organisations responsible for the health and care of older adults in London, increasing understanding between the performing arts sector and the elderly care providers. This will lead to sustained and productive partnerships in future.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

Any activity beyond the grant period would be dependent on funding - either from participants or from a third party.

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

275

In which Greater London borough(s) or areas of London will your beneficiaries live?

Lambeth (10%)

Southwark (10%)

Hounslow (16%)

London-wide (64%)

What age group(s) will benefit?

45-64

65-74

75 and over

What gender will beneficiaries be?

Male

Female

What will the ethnic grouping(s) of the beneficiaries be?

A range of ethnic groups

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

11-20%

Funding required for the project

*SUBSTANTIALLY
RAISED - SEE
APPENDIX A.*

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Dementia/Alzheimer's & Parkinson's Groups	6,060	6,610	6,610	19,280
Dance for recovery (hospital sessions)	4,560	4,560	4,560	13,680
Hounslow Seniors Trust	3,390	3,390	3,390	10,170
Lambeth/Southwark Day Centres	3,880	5,460	7,000	16,340
Seed funding for taster sessions	1,360	1,360	0	2,720
Older Adults Programme Coordinator salary	8,658	8,831	9,008	26,497
Activities - archive sessions, theatre visit, etc	1,159	1,314	1,466	3,939
Animateur training and sector symposium	600	1,200	2,700	4,500
Management (10%)	3,442	3,748	3,948	11,138

TOTAL:	37,589	41,223	43,432	122,514
---------------	---------------	---------------	---------------	----------------

What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0
	0	0	0	0

TOTAL:	0	0	0	0
---------------	----------	----------	----------	----------

What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0
	0	0	0	0

TOTAL:	0	0	0	0
---------------	----------	----------	----------	----------

How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Dementia/Alzheimer's & Parkinson's Groups	6,060	6,610	6,610	19,280
Dance for recovery (hospital sessions)	4,104	3,648	3,192	10,944
Hounslow Seniors Trust	3,051	2,712	2,373	8,136
Lambeth/Southwark Day Centres	3,492	4,805	5,250	13,547
Seed funding for taster sessions	1,360	1,196	0	2,720
Activities - archive sessions, theatre visit, etc	1,159	1,314	1,466	3,939
Animateur training and sector symposium	350	450	1,200	2,000
Older Adults Programme Coordinator salary	8,658	8,831	9,008	26,497
Management (10%)	3,298	3,432	3,385	10,115

TOTAL:	36,282	37,748	37,234	111,264
---------------	---------------	---------------	---------------	----------------

Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: March	Year: 2013
-----------------------	---------------------	-------------------

Income received from:	£
Voluntary income	2,567,448
Activities for generating funds	61,360
Investment income	0
Income from charitable activities	563,672
Other sources	0
Total Income:	3,192,480

Expenditure:	£
Charitable activities	2,927,691
Governance costs	16,842
Cost of generating funds	114,601
Other	0
Total Expenditure:	3,059,134
Net (deficit)/surplus:	133,346
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	0

Asset position at year end	£
Fixed assets	3,139
Investments	0
Net current assets	953,654
Long-term liabilities	0
*Total Assets (A):	956,793

Reserves at year end	£
Restricted funds	14,028 942,765
Endowment Funds	0
Unrestricted funds	942,765 14,028
*Total Reserves (B):	956,793

* Please note that total Assets (A) and Total Reserves (B) should be the same.

Handwritten signature and date: Aug 14.

Statutory funding

For your most recent financial year, what % of your income was from statutory sources?
71-80%

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	0	0	0
London Councils	0	0	0
Health Authorities	0	0	0
Central Government departments	0	0	0
Other statutory bodies	2,297,348	2,468,925	2,316,512

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
Esmee Fairbairn Foundation	36,550	20,135	1,675
Gordon Foundation	17,750	17,750	17,750
John Lyon's Charity	0	13,000	13,000
Foundation for Sport and Arts	5,000	15,000	15,000
John Ellerman Foundation	0	25,000	25,000

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Christine Billings**

Role within **Development Manager**
Organisation:

Funding required for the project

(REVISED REQUEST)

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Dementia/Alzheimer's & Parkinson's Groups	6,060	6,610	6,610	19,280
Dance for Recovery (Chelsea & Westminster)	4,560	4,560	4,560	13,680
Hounslow Seniors Trust	3,390	3,390	3,390	10,170
Sessions with local groups	3,880	5,460	7,000	16,340
Outreach/seed funding for new group tasters	1,360	1,360	0	2,720
Staffing costs (L&P Manager contribution & Project Co-ordinator 2 days/week)	10,656	10,869	11,087	32,612
Animateur training (3 days/year), training & networking event and symposium in year 3.	5,350	5,950	7,450	18,750
Extra activities - Sadler's Wells Visit & archive sessions for groups.	1,159	1,314	1,466	3,939
Overheads & management (10%)	3,642	3,951	4,156	11,749
TOTAL:	40,057	43,464	45,719	129,240

What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
Chelsea & Westminster Health Charity (10%)	456	456	456	1,368
Hounslow Seniors Trust	339	339	339	1,017
Training (sector)	250	750	1,000	2,000
Symposium			1,000	1,000
TOTAL:	1,045	1,545	2,795	5,385

What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
TOTAL:				

How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Dementia/Alzheimer's & Parkinson's Groups	6,060	6,610	6,610	19,280
Dance for Recovery (Chelsea & Westminster)	4,104	4,104	4,104	12,312
Hounslow Seniors Trust	3,051	3,051	3,051	9,153
Sessions with local groups	3,880	5,460	7,000	16,340
Outreach/seed funding for new group tasters	1,360	1,360	0	2,720
Staffing costs	10,656	10,869	11,087	32,612
Animateur training	5,100	5,200	5,450	15,750
Extra activities	1,159	1,314	1,466	3,939
Overheads & management (10%)	3,642	3,951	4,156	11,749
TOTAL:	39,012	41,919	42,924	123,855

The City Bridge Trust

Investing In Londoners: Application for a grant



About your organisation

Name of your organisation: Geffrye Museum Trust	
If your organisation is part of a larger organisation, what is its name? Founded 1914, Trust formed 1990	
In which London Borough is your organisation based? Hackney	
Contact person: Mrs Sarah MacQuillin	Position: Development Director
Website: http://www.geffrye-museum.org.uk	
Legal status of organisation: Charitable company	Charity, Charitable Incorporated Company or company number: 2476642
When was your organisation established? 02/01/1914	

Grant Request

Under which of City Bridge Trust's programmes are you applying? Older Londoners
Which of the programme outcome(s) does your application aim to achieve? Older Londoners aged 75 years and over living more active and healthier lives People living with Alzheimer's and other forms of dementia having a better quality of life
Please describe the purpose of your funding request in one sentence. 'Feeling at Home': Using the Geffrye's collections, buildings and gardens to help vulnerable older people live more active, healthier and better lives.
When will the funding be required? 01/09/2014
How much funding are you requesting? Year 1: £40,406 Year 2: £40,466 Year 3: £40,486 Total: £121,358

Aims of your organisation:

The Geffrye museum has six key aims:

To be a leading centre for the study of home, with a focus on the English urban middle classes from 1600 to the present day;

To develop and enable access to our rich collections and archives, collaborate in scholarly research and create outstanding displays and exhibitions;

To engage and inspire diverse audiences with excellent learning and engagement opportunities that encourage discovery, spark imaginations and offer life-enhancing experiences;

To be at the heart of our communities and London's cultural networks, and contribute to the creative, social and economic development of Hackney and east London;

To be a leader in the museum sector and actively champion the development and improvement of museums in London and beyond;

To ensure the museum is sustainably resourced for the benefit of future generations.

Main activities of your organisation:

The Geffrye attracts over 100,000 visitors per year and is an important cultural attraction in London.

About a third of our visitors participate in our award winning learning and engagement programmes. We aim to reach and engage with diverse audiences, including young people, vulnerable older people, families and schools. We do this through 3 programmes of work: schools and formal learning; access and audience development; and public programmes. We also provide outreach services, placements, paid internships and apprenticeships.

The Geffrye cares for its collections, along with the Grade-1 listed buildings that provide a home for the museum. The collections focus on the homes of the urban middle classes and are used in our displays, for research, and in our learning and engagement programmes. We also host an annual programme of temporary exhibitions and support a programme of academic research around the subject of home, working in partnerships with organisations like Queen Mary, University of London.

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
42	18	11	104

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Owned	

Summary of grant request

Need:

Evergreen Gardeners, a pilot project undertaken between 2012 - 2014, demonstrated the need for a programme that enriches older people's lives and contributes towards wellbeing through lifelong learning and social opportunities. Funded by the Calouste Gulbenkian Foundation it targeted vulnerable and isolated local older people. Based at the Geffrye it provided opportunities to engage with gardening and creative activities. We worked with 15-20 older people, the majority of whom were over 75, including stroke survivors and people with dementia.

An independent evaluation identified how much participants and their carers benefitted from: learning new skills /reawakening old ones; opportunities to socialise and meet new people; how their health and well-being improved. There were more requests for involvement than we could fulfil and no local organisations offering comparable projects to which to refer people.

There has also been more demand than we could meet for creative outreach opportunities for older people - the majority of whom are over 75 and are unable to visit the museum due to poor health, mobility issues, or dementia.

'Feeling at Home' will broaden the success of the project and reach many more people.

Delivery:

Using the Geffrye's collections, buildings and gardens the project will be delivered via:

- A new monthly Weekend Museum Club
- Continuation of the Evergreen Gardeners Club
- Outreach sessions to local older people's organisations
- Continuation and expansion of the Older People's Advisory Panel
- Recruitment of volunteers to support sessions

What the project will achieve:

- Improved physical wellbeing;
- Improved psychological wellbeing;
- Encouraged life-long learning;
- Reduced isolation;
- Increased happiness.

Why the Geffrye:

The Geffrye has been delivering sessions for older people for a decade - both in the museum and in residential and health care settings. In the last two years we have developed our skills in working with older people who are more vulnerable and isolated due to mental or physical health issues and we are now extremely experienced in adapting our provision to this audience. Much of our work has taken place in partnership with organisations that specialise in working with people who have dementia. We have a vulnerable adults' policy.

Meeting objectives:

A new monthly Museum Weekend Club aimed at over 75s will benefit isolated older people, for whom Sundays are often the loneliest day of the week. Carers, for example husbands and wives, would also be encouraged to take part, providing respite and opportunities to socialise with people in similar situations.

Continuation of the Evergreen Gardeners Club will ensure the original project participants are able to benefit further from creative gardening activities at the museum and continue friendships that they formed - helping to tackle the isolation they were experiencing before the project.

198
Outreach sessions will target groups where most of the participants are over 75 or organisations that specialise in working with people who have dementia. Our sessions feature opportunities to handle domestic objects, or plants from our gardens which inspire creative activities and help stimulate conversation, shared memories and life-learning.

'Principles of Good Practice':

An older people's advisory panel, made up of participants and staff from local older people's organisations, was set up as part of the Evergreen Gardeners club. New participants will be invited to join.

The boroughs that surround the Geffrye are amongst some of the most diverse and The Evergreen Gardeners project engaged participants who formed lasting friendships regardless of belief, ethnicity and disability. We aim to replicate this.

To ensure participants feel supported in project sessions we will recruit volunteers to assist on and offsite.

A project co-ordinator will be employed to implement the project.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

N/A

Do you have a Vulnerable Adults policy? ~~No~~ Yes *Yes*

What Quality Marks does your organisation currently hold? *SW*

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

27 monthly Weekend Museum Club sessions for isolated older people aged 75 and over and their carers. These will be inspired by the Geffrye's collections, buildings and gardens.

27 monthly Evergreen Gardeners Club sessions to enable further engagement with the museum and to help reduce isolation.

47 Outreach sessions to local older people's organisations targeting groups where the majority of members are aged 75 and over or specialise in working with people with dementia.

12 Older People's Advisory Panel meetings to enable participants, volunteers and staff from older people's organisations to shape and direct the project.

Recruitment and training of 5-8 volunteers to support museum-based and outreach sessions.

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

40 Older Londoners either aged over 75 years or living with dementia taking part in the Evergreen Gardeners or Weekend Museum Club have better physical wellbeing and are living more active lives.

40 Older Londoners either aged over 75 years or living with dementia taking part in Evergreen Gardeners or Weekend Museum Club have improved self-esteem, confidence, psychological wellbeing and are living healthier lives

40 Older Londoners, either aged over 75 years or living with dementia taking part in Evergreen Gardeners or Weekend Museum Club feel less isolated and have a better quality of life.

705 Older Londoners, either aged over 75 years or living with dementia feel happier and more socially engaged through participation in outreach sessions.

Elderly carers of people aged over 75 or who have dementia feel supported and less isolated.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

From 2017/2018 the Geffrye would expect to be in a position to make this programme of work part of its core funded activity. The Geffrye is investing in growing unrestricted income from fundraised and earned sources over the coming years and plans to have achieved a base-line that would enable the absorption of this programme.

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year? 280
In which Greater London borough(s) or areas of London will your beneficiaries live? Several NE London (100%)
What age group(s) will benefit? 65-74 75 and over
What gender will beneficiaries be? Male Female
What will the ethnic grouping(s) of the beneficiaries be? A range of ethnic groups
If Other ethnic group, please give details:
What proportion of the beneficiaries will be disabled people? 71-80%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Project Co-ordinator - 3 days per week	18,750	18,750	19,500	57,000
Education Officer - 2.5 days per month	4,006	4,066	4,086	12,158
Advisory panel	300	300	300	900
Outreach	3,300	3,600	3,600	10,500
Museum Club	4,000	4,000	4,000	12,000
Evergreen Gardeners	9,000	9,000	9,000	27,000
Volunteers	1,050	750	0	1,800
	0	0	0	0
	0	0	0	0

TOTAL:	40,406	40,466	40,486	121,358
---------------	---------------	---------------	---------------	----------------

What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0
	0	0	0	0

TOTAL:	0	0	0	0
---------------	----------	----------	----------	----------

What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0
	0	0	0	0

TOTAL:	0	0	0	0
---------------	----------	----------	----------	----------

How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Project Co-ordinator - 3 days per week	18,750	18,750	19,500	57,000
Educaton Officer - 2.5 days per month	4,006	4,066	4,086	12,158
Advisory panel	300	300	300	900
Outreach	3,300	3,600	3,600	10,500
Museum Club	4,000	4,000	4,000	12,000
Evergreen Gardeners	9,000	9,000	9,000	27,000
Volunteers	1,050	750	0	1,800
	0	0	0	0
	0	0	0	0

TOTAL:	40,406	40,466	40,486	121,358
---------------	---------------	---------------	---------------	----------------

Appendix 1: **Financial Information**

12299

Financial year ended - **31st March**

Year: **2014**

Income received from:	£
Voluntary income	1,999,940
Activities for generating funds	362,793
Investment income	1,768
Income from charitable activities	382,438
Other sources	
Total Income:	2,746,939

Expenditure:	£
Charitable activities	2,065,712
Governance costs	30,651
Cost of generating funds	399,216
Other	337,947
Total Expenditure:	2,833,526
Net (Deficit)/Surplus:	(86,587)
Other Recognised Gains/(Losses):	120,000
Net Movement in Funds:	33,413

Asset position at year end	£
Fixed assets	11,655,580
Investments	
Net current assets	327,549
Long-term liabilities	(904,000)
*Total Assets (A):	11,079,129

Reserves at year end	£
Endowment funds	
Restricted funds	118,899
Unrestricted funds	10,960,230
*Total Reserves (B):	11,079,129

Statutory funding

For your most recent financial year, what % of your income was from statutory sources? 79%

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

Plans for a major capital project representing significant development costs did not receive planning consent by Hackney Council in May 2013. We have written off £337,947 (listed above as 'other' under expenditure) from the cost of capitalised heritage assets to reflect the impairment of the value of those assets relating to the failed application and which no longer have benefit for the project going forward.

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	0	0	0
London Councils	0	0	0
Health Authorities	0	0	0
Central Government departments	1,773,000	1,674,000	1,645,000
Other statutory bodies	985,176	1,210,728	712,444

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
The Hobson Charity	50,000	50,000	0
Calouste Gulbenkian Foundation	30,000	35,000	33,000
The Englefield Charitable Trust	0	5,000	0
The Ironmongers Company	0	3,000	0
Hunting PLC Charitable Trust	0	1,000	1,000

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Sarah Catherine MacQuillin**

Role within Organisation: **Development Director**

This page is intentionally left blank

The City Bridge Trust

Investing In Londoners: Application for a grant



About your organisation

Name of your organisation: Green Candle Dance Company	
If your organisation is part of a larger organisation, what is its name? Not Applicable	
In which London Borough is your organisation based? Tower Hamlets	
Contact person: Ms. Annie Pooley	Position: General Manager
Website: http://www.greencandle.com	
Legal status of organisation: Registered Charity	Charity, Charitable Incorporated Company or company number: 801774
When was your organisation established? 01/04/1987	
Aims of your organisation: The principle aims and objectives of the company are to bring dance as performance and practice to all sections of the community, particularly older people and children and young people with least access to it, and to promote dance as a tool for health and well-being.	
Main activities of your organisation: The company's main activity is the participatory Dance for Health for Older People participatory workshop programme in day care centres, hospitals, sheltered housing, residential care homes and lunch clubs in Tower Hamlets, Hackney, Newham and East And North East London: Productions with associated workshops on themes relevant to older people and researched through workshops with older people which tour to small scale theatres, arts venues and community venues in the London region. The Saga City Festival (part of Capital Age) and Big Dance events at Oxford House, which is part of our Tower Hamlets MSG funded Arts and Events delivery. The company also delivers a limited programme for Children and Young People, including participatory workshops in schools and the community including performance opportunities as part of the Tower Hamlets Arts and Music Education Services (THAMES) consortium: Productions and associated workshops for early years, primary and junior school age children which tour to arts venues and schools London wide.	

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
1	5	8	3

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Rented	On a yearly basis

Grant Request**Details of grant request**

Under which of City Bridge Trust's programmes are you applying? Older Londoners
Which of the programme outcome(s) does your application aim to achieve? Older Londoners aged 75 years and over living more active and healthier lives People living with Alzheimer's and other forms of dementia having a better quality of life
Please describe the purpose of your funding request in one sentence. To contribute towards sustaining the current Dance for Health for Older People Programme, and contribute towards the further development of the Dance for Dementia Strand.
When will the funding be required? 21/05/2014
How much funding are you requesting? Year 1: £59,279 Year 2: £59,279 Year 3: £59,279 Total: £177,837
Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to fund it? The company will be developing partnership funding with borough Clinical Commissioning Groups, NHS Public Health Services, Social Services and GP's in the boroughs where it is working, in addition to earned income from the organisations it works with, borough mainstream grants, Trust and Foundation funding will contribute towards core funding.
If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached? Not Applicable

Summary of grant request

The company is seeking funding to sustain its current programme of Dance for Health for Older People, and to continue to develop its Dance for Dementia Projects which are part of the overall Dance for Health Programme, as follows:

30 sessions per year per project for Senior Dancers at Oxford House , Bethnal Green, for up to 20 older participants including carers.

30 seated sessions for approximately 20 frail older people at the Sundial Centre, Bethnal Green and 30 sessions specifically for Bangladeshi women.

Older Men Moving: 30 sessions per group for up to 20 Bangladeshi men from the Horwood Estate, 20 Somali men at the Mayfield House Somali Day Centre, and up to 15 Bangladeshi men at the Bancroft Tenant Managed Cooperative.

30 sessions at Kensington and Pepper Pot Nottingham Day Care Centres in collaboration with Flying Gorillas music and dance company.

Remember to Dance , Dance for Dementia project in partnership with East London Alzheimer's Society, East London NHS Foundation Trust and Sidney De Haan Research Centre for Arts and Health, with participants from Tower Hamlets, Hackney, Newham and the City of London, funded by The Headley Trust.

Developing new Dance for Dementia projects in Day Care Centres and Residential Care Homes in East/North East London, including a 30 week project at Silk Court Residential Care Home (Anchor Care Homes), and a 30 week project, Uplift in Redbridge.

Continuing to deliver the LOCN - accredited Training Course, Leading Dance with Older People.

Regular sessions for Alzheimer's Society at Dementia Cafes in Hackney, Newham, Waltham Forest and Tower Hamlets.

The company has worked to improve the health and well-being of older people aged 65 to 75+ through dance and movement since 1988. From 2000 the company has concentrated on developing its Dance for Health and Well-being for Older People Programme, designing and developing a range of participatory projects and workshops (including training for care workers and other staff to lead dance sessions) with older people in day care centres, sheltered housing schemes, lunch clubs and hospitals, both in Tower Hamlets and over the London region. Older people participating in the programme have a range of physical disabilities and conditions, including Parkinson's, arthritis, osteoporosis, diabetes and high blood pressure; some participants have degrees of dementia, some have heart disease, and some are recovering from strokes or falls. In addition, over the last three years the company has been developing a dementia specific programme, and has delivered successful projects for the Alzheimer's Society, Hearts and Minds - an Age Exchange project funded by South London and Maudsley NHS Trust, a successful year long project at the Riverside Jack Dash Centre on the Isle of Dogs, Tower Hamlets, and an equally successful 10 week pilot project in Redbridge, which will continue with further funding from April 2014. The company is currently delivering a two year research project Remember to Dance.

The company involves older people and older participants in the management and running of the service by inviting them on the board, and by on-going consultation with service users with regard to delivery to ensure that health and other issues are addressed. The company welcomes new participants to existing groups by ensuring that everybody is welcome and feels at home. Volunteers are valued and receive training and mentoring in all aspects of the programme, plus appropriate expenses. The company re-cycles as much as possible, and has a re-cycling policy. The company holds a Charities Evaluation Service PQASSO Level 2 accreditation

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

Sustain the 30 week per year participatory projects at the Sundial Centre, Older Men Moving at Horwood, Mayfield and Bancroft

Centres, Senior Dancers, Kensington Day Centre and Pepper Pot for older people suffering from various conditions and

disabilities, including dementia aged 75+.

Deliver the final year of the Remember to Dance dementia and research project at Mile End Hospital and Oxford House, and the

30 week pilot project for frail older people aged 75+ with moderate to severe dementia and severe mobility problems at Silk Court Residential Care Home Bethnal Green.

Deliver the 30 week dementia project, Uplift in Redbridge in partnership with the NELFT memory service, Admiral Nurse Service,

Elderberries, ROACRT, and Age UK. Provide training places through bursaries for two OTs to take the LOCN accredited training course in Leading Dance for Older People as part of the exit strategy.

Deliver 6 pilot projects and six 30 week Dance for Dementia projects over three years in residential care homes and day care centres in partnership with Housing Association Residential Care Homes and Day Care Centres, Clinical Commissioning Groups,

Older Peoples Memory Services, the Alzheimer's Society, Age UK and the NHS.

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

For all participants, improved flexibility in tendons and joints, better cardiac functioning, muscle strength, resistance to

osteoporosis, lessening of joint and muscle pain, improved co-ordination and balance, improved mental capacity, improved

emotional and psychological well-being through social interaction and growth in self confidence and self esteem, fun.

Specific dementia outcomes: Combat isolation and improve emotional well-being; contribute to the psychological well-being of older people living with dementia and their carers; contribute towards better interaction between participants; contribute towards quality social time for all affected by dementia; improve mental capacity through decision making and problem solving.

The development of further partnerships with GPs, OTs, NHS Public Health Service providers, Memory Services, Clinical Commissioning Groups, Social Services, Day Care Centres and Residential Care Homes in East and North East London boroughs.

To contribute to fewer older Londoners suffering with depression, and more reporting improved well-being, and to promote a better quality of life for older people living with Alzheimer's and other forms of dementia and their carers by providing a fun activity.

By commissioning independent high quality research evaluations on major projects, and by disseminating those findings, to contribute to the knowledge of how dance, music and movement impacts on the health and well-being of older people.

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

260

In which Greater London borough(s) or areas of London will your beneficiaries live?

Tower Hamlets (60%)

Kensington & Chelsea (10%)

Redbridge (10%)

Several NE London (20%)

What age group(s) will benefit?

45-64

65-74

75 and over

What gender will beneficiaries be?

Male

Female

What will the ethnic grouping(s) of the beneficiaries be?

White (including English/ Welsh/ Scottish/ Northern Irish/ British; Irish; Gypsy, Traveller or Irish Traveller; Any other White background)

Mixed/ Multiple ethnic groups (including White and Black Caribbean; White and Black African; White and Asian; Any other Mixed/ Multiple ethnic background)

Asian/ Asian British (including Indian; Pakistani; Bangladeshi; Chinese; Any other Asian background)

Black/ African/ Caribbean/ Black British (including African; Caribbean; Any other Black/ African/ Caribbean background)

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

81-90%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Core salaries/wages/fees	94,953	94,953	94,953	284,859
Current/new direct project costs	70,150	47,913	61,233	179,296
Administration & Overheads	20,071	22,110	23,480	65,661
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0

TOTAL:	185,174	164,976	179,666	529,816
---------------	----------------	----------------	----------------	----------------

What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
Earned income	18,580	30,200	35,782	84,562
Tower Hamlets Mainstream Grants	15,000	15,000	15,000	45,000
The Headley Trust	31,287	0	0	0
	0	0	0	0

TOTAL:	64,787	45,200	50,782	160,769
---------------	---------------	---------------	---------------	----------------

What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
Tudor Trust (dementia projects)	35,000	35,000	35,000	105,000
Tower Hamlets CCG (Older Men Moving)	18,000	30,000	36,000	84,000
LB Redbridge (Uplift Project)	8,368	0	0	0
	0	0	0	0

TOTAL:	61,368	65,000	71,000	197,368
---------------	---------------	---------------	---------------	----------------

How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Core salaries/wages/fees	43,782	43,782	43,782	131,346
New Direct Project Costs	5,497	5,497	5,497	16,491
Administration/Overheads	10,000	10,000	10,000	30,000
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0

TOTAL:	59,279	59,278	59,279	177,837
---------------	---------------	---------------	---------------	----------------

Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: March	Year: 2013
-----------------------	---------------------	-------------------

Income received from:	£
Voluntary income	173,593
Activities for generating funds	0
Investment income	11
Income from charitable activities	35,595
Other sources	0
Total Income:	209,199

Expenditure:	£
Charitable activities	133,348
Governance costs	3,310
Cost of generating funds	43,381
Other	0
Total Expenditure:	180,039
Net (deficit)/surplus:	29,160
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	29,160

Asset position at year end	£
Fixed assets	2,390
Investments	0
Net current assets	66,548
Long-term liabilities	0
*Total Assets (A):	68,938

Reserves at year end	£
Endowment funds	68,938
Restricted funds	0
Unrestricted funds	0
*Total Reserves (B):	68,938

*** Please note that total Assets (A) and Total Reserves (B) should be the same.**

Statutory funding

For your most recent financial year, what % of your income was from statutory sources?
21-30%

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

During the financial year 2013-14 the company's main Tower Hamlets MSG funding of £49,334 was cut to £24,556, a loss of £27,778 per year. One cut of 5%, £4,445 per year has been effective from April 2013, the other of 69%, £20,333 per year took effect from 1st October 2013. This has led to cuts to staff working days for the immediate future.

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2010 £	2011 £	2012 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	0	0	0
London Councils	49,333	49,333	53,453
Health Authorities	0	0	0
Central Government departments	0	0	0
Other statutory bodies	0	0	71,000

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2010 £	2011 £	2012 £
Baring Foundation	15,000	15,000	15,000
Dunhill Medical Trust	18,139	18,139	18,139
London Catalyst	0	0	12,000
Foyle Foundation	0	0	12,000
Headley Trust	10,000	10,000	35,000

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Annie Pooley**

Role within **Development Manager**

Organisation:

This page is intentionally left blank

The City Bridge Trust

Investing In Londoners: Application for a grant



About your organisation

Name of your organisation: Harrow Carers	
If your organisation is part of a larger organisation, what is its name?	
In which London Borough is your organisation based? Harrow	
Contact person: Mr. Mike Coker	Position: Chief Executive Officer
Website: http://www.harrowcarers.org	
Legal status of organisation: Registered Charity	Charity, Charitable Incorporated Company or company number: 1062149
When was your organisation established? 10/03/1996	
Aims of your organisation: <p>Harrow Carers is the leading carers support organisation in London Borough of Harrow. We work in partnership with a network of local statutory, voluntary and commercial organisations in providing practical support and advice to carers and their families. Carers are encouraged to be involved themselves in the provision of services facilitating self-help and a community driven approach. Harrow Carers also works towards acting as a hub and building bridges within wider voluntary sector.</p> <p>Our aim is to provide support, education and training for carers to enable them to participate in their local communities and contribute to society - balancing the caring role with quality of life. Harrow Carers attempts to ensure through our services the provision of the emotional and practical support necessary to enable carers to continue with their caring roles without detriment to their own physical and mental health. Our priority objectives also include working with carers to raise awareness about carers and carers rights.</p>	
Main activities of your organisation: <p>We have developed a network of services and support for carers to reduce the burden and increase the life chances of unpaid carers who provide support for people in the community who are ill, frail, disabled and disadvantaged in many ways.</p> <p>Harrow Carers manages multiple health and social care services for carers and families in Harrow, offering community access to support encompassing advocacy, advice, counselling and respite. Harrow Carers' support services specifically targets a varied range of social needs such as physical and mental health conditions, Dementia, mental illness and social isolation. A number of external organisations cooperate through referrals allowing clients to be signposted externally for further support.</p> <p>A casework and advocacy service is offered to vulnerable and infirm carers, who are supported in accessing vital services such as benefits, housing, social service and medical support. A counselling service is available for carers with mental health needs.</p>	

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
6	6	5	55

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Owned	

Grant Request**Details of grant request**

Under which of City Bridge Trust's programmes are you applying? Older Londoners
Which of the programme outcome(s) does your application aim to achieve? Carers aged 65 years and over better able to access support, advice and respite Older Londoners aged 75 years and over living more active and healthier lives
Please describe the purpose of your funding request in one sentence. Developing support programme for elderly and vulnerable carers to attend respite breaks improving health and wellbeing, while cared for receive home care services
When will the funding be required? 08/01/2014
How much funding are you requesting? Year 1: £30,648 Year 2: £31,567 Year 3: £0 Total: £62,215
Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to fund it? At this stage, Harrow Carers is planning to extend project further. The coordination with Crossroads and establishment of home worker, once the project is up and running, will provide some sustainability long term. The added value gained by the organisation from delivering respite breaks will enable staff in-house to continue much of the programme.
If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached? N/A

Summary of grant request

In our experience, carers not accessing support to improve the practical living situation at home present a much higher risk of crisis incident or admission to medical services. This issue is particularly pronounced with older carers, who are more often affected by low income, ill health and disability. A Carers Trust study in 2010 found that older carers are 62% more likely to report high physical and emotional stress. The NHS Constitution's plan for carers recognised that carers are consequently in a vulnerable situation, of possibly facing decline in quality of life and hospitalisation. Older carers through Carers Action Group, a forum representing carers in Harrow, stated that due to long hours and inappropriate caring roles, their physical and mental health levels decreased. The Group identified lack of practical and personal support as contributing to loss of independence and isolation.

Harrow Carers is developing a comprehensive package to support 80 vulnerable older carers (1st group 65-74 and 2nd group over 75) per year in Harrow, who are affected by ill health, infirmity or disability. While the cared for person is completing a home care session, carers will be in a position to access a range of respite breaks, education and training services at our Carers' Centre and in the community. In partnership with Harrow Crossroads, a local charity, home care workers are temporarily replacing carers. Different types of home assistance are being organised, including health support and personal care. This reduces the workload of carers and provides some much needed support in the home environment.

The respite services for carers involves events and support groups held at our centre, which will include arts, IT, social activities, coffee mornings, stroke/ medical conditions, mental health. To accommodate carers' interests, a choice of services is available that meet existing health and social care needs. Respite sessions have been developed by Harrow Carers to incorporate personal and practical skills, including carers skills and financial inclusion. The communal aspect will promote peer support and involvement in wider social clusters. After respite, Carers will be referred to our advisors benefiting from advocacy and information.

Harrow Carers is recruiting a Project Coordinator (35 hours p/w) to manage the project and coordinate respite care. The remainder of funding will be used for delivery and volunteer expenses. The project is scheduled to last two years, we are requesting a total grant of £62,215.

Harrow Carers, as a leading support provider in Harrow since 1996, possesses a multitude of service delivery experience in fields covering advice, therapy, training and counselling. Our project staff are experienced in social care sector, offering expertise in terms of value for money, practical application and client care.

We are applying under the '65 years and over better access to support advice and services' outcome, vulnerable older carers (aged 65-74) will be engaged with respite care, and forwarded by advisors and external health/ social services to information and advice on welfare, housing, employment, finance. The project will also support outcome of '75 years and over living more active and healthier lives'. Carers (aged 75+) will benefit from social opportunities and communal based activities reducing social isolation, and healthcare support training sessions enabling them to maintain independence.

Older people will be involved in managing project through volunteering opportunities as support workers in respite groups. To ensure people from all backgrounds access the project, we are using an active outreach strategy and working with voluntary sector partners. All volunteers receive an induction on appointment, followed up by regular appraisals and supervision meetings. In reducing carbon footprint, we are minimising paper and post, using electronic communication where possible.

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

80 Carers (aged 65+) in Harrow affected by low income, disability and ill-health will participate in carers planning sessions after enrolment with Project Coordinator

80 Carers (aged 75+) in Harrow will receive a carers assessment outlining their individual health and support needs, and the respite programme services they will be directed towards

80 Carers (aged 75+) from Harrow will participate in social activities and peer support events with other carers at our Carers' Centre during the respite break programme

80 Carers (aged 75+) from Harrow attending our Carers' Centre will receive training and education on developing practical and carers skills

80 Carers (aged 65+) from Harrow will receive advice and guidance on housing, benefits, personal issues and participate in financial inclusion and awareness training at the Carers' Centre during the respite break programme

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

80 Older carers (aged 65 and over) will be supported through respite break programme to increase their awareness about and engagement with support services delivered by external health and social care providers in Harrow.

By helping 80 carers aged 75 and over to build support systems and engage in wider community life through the healthcare and education training services, carers will be empowered to lead positive social networks and move out of social isolation.

80 Carers aged 65 and over affected by ill health, disability and low income, will be encouraged through the respite scheme's services to improve personal and coping skills by expanding their knowledge of carers rights and entitlements.

The programme in providing empowering peer support and increasing skill levels for 80 carers aged 75 and over will strengthen the sustainability of caring role amongst participants, extending personal independence and individual choice.

The health events and groups programme at the Carers' Centre will support 80 carers aged 75 and over through reducing the possibility of long-term mental and physical health problems arising.

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

80

In which Greater London borough(s) or areas of London will your beneficiaries live?

Harrow (100%)

What age group(s) will benefit?

65-74

75 and over

What gender will beneficiaries be?

Male

Female

What will the ethnic grouping(s) of the beneficiaries be?

White (including English/ Welsh/ Scottish/ Northern Irish/ British; Irish; Gypsy, Traveller or Irish Traveller; Any other White background)

Asian/ Asian British (including Indian; Pakistani; Bangladeshi; Chinese; Any other Asian background)

Black/ African/ Caribbean/ Black British (including African; Caribbean; Any other Black/ African/ Caribbean background)

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

21-30%

RAISED - SEE APPENDIX A

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Project Coordinator Salary (FT)	24,000	24,720	0	0
Respite Session Expenditure (250 hrs x £12 p/h)	3,000	3,090	0	0
Management Overheads (10% of salary) - rent/bills	2,400	2,472	0	0
6 x Volunteer Expenses (transport) £4 daily x 26 weeks	1,248	1,285	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	30,648	31,567	0	0

What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	0	0	0	0

What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0
	0	0	0	0
TOTAL:	0	0	0	0

How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Project Coordinator Salary (2.5 days)	24,000	24,720	0	0
Respite Session Expenditure (250 hrs x £12 p/h)	3,000	3,090	0	0
Management Overheads (10% of salary) - rent/bills	2,400	2,472	0	0
6 x Volunteer Expenses (transport) £4 daily x 26 weeks	1,248	1,285	0	0
	0	0	0	0
TOTAL:	30,648	31,567	0	0

Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: March	Year: 2013
-----------------------	---------------------	-------------------

Income received from:	£
Voluntary income	6,818
Activities for generating funds	11,254
Investment income	16,314
Income from charitable activities	437,454
Other sources	0
Total Income:	471,840

Expenditure:	£
Charitable activities	364,733
Governance costs	6,367
Cost of generating funds	0
Other	0
Total Expenditure:	371,100
Net (deficit)/surplus:	100,740
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	100,740

Asset position at year end	£
Fixed assets	820,114
Investments	0
Net current assets	142,504
Long-term liabilities	(487,438)
*Total Assets (A):	475,180

Reserves at year end	£
Endowment funds	0
Restricted funds	369,191
Unrestricted funds	105,989
*Total Reserves (B):	475,180

* Please note that total Assets (A) and Total Reserves (B) should be the same.

Statutory funding

For your most recent financial year, what % of your income was from statutory sources?
61-70%

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

N/A

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2010 £	2011 £	2012 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	351,744	308,294	277,941
London Councils	0	0	0
Health Authorities	0	0	12,457
Central Government departments	32,246	98,907	26,250
Other statutory bodies	0	0	0

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2010 £	2011 £	2012 £
Big Lottery Fund	49,426	57,349	53,543
John Lyons Charity	0	0	15,000
AHDC Trust	20,000	0	0
Attend Limited	15,000	0	0
Mercers Charitable Foundation	0	0	10,000

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Mike Coker**

Role within **Chief Executive**
Organisation:

Funding required for the project

What is the total cost of the proposed activity/ project?

Expenditure heading	Year 1	Year 2	Year 3	Year 4	Total
Project Coordinator Salary (FT)	24,000	24,720	25,462	26,225	100,407
Respite Care Service subsidy (960 hrs)- 3 hours @ average £6 x 16 weeks x 20 carers	5,760	5,933	6,111	6,294	24,098
Management Overheads (10% of project costs) - towards line management, rent/ bills etc.	4398	3977	4096	4219	16,691
Volunteer Expenses (transport)- 6 x 2 days per week @ £4 daily x 26 weeks (each avg over year)	1,248	1,285	1,324	1,364	5,221
Activity Costs (class supplies and materials)- £37 per activity @ 3 activities/ week x 52 weeks	5,772	5,772	5,945	6,124	23,613
Activity Costs (Outings) £500 per event/outing per quarter made up of £250 specialist mini-bus + entrance fees - £10 per carer (group bookings) x 25 carers	2,000	2,060	2,122	2,185	8,367
Initial setup costs with publicity, recruitment and materials for activities.	5,200				5,200
					-
					-
TOTAL:	48,378	43,747	45,060	46,411	183,596

What income has already been raised?

Source	Year 1	Year 2	Year 3	Year 4	Total
Contributions to services					
Respite Activity Session Fees	25 carers @£5/session x 52 weeks	30 carers @£5/session x 52 weeks	35 carers @£7.50/session x 52 weeks	40 carers @£10/session x 52 weeks	
	6,500	7,800	13,650	20,800	48,750
Income surplus generated from respite care service charges	40 carers x 3hrs respite x 16 weeks = 1,920 hrs x £2.50 an hour	80 carers x 3hrs respite x 16 weeks = 3,840 hrs x £2.50 an hour	80 carers x 3hrs respite x 24 weeks = 3,840 hrs x £3.00 an hour	80 carers x 3hrs respite x 32 weeks = 3,840 hrs x £3.50 an hour	
	4,800	9,600	17,280	26,880	58,560
TOTAL:	11,300	17,400	30,930	47,680	107,310

What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
TOTAL:				

How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Year 4	Total
Project Coordinator Salary (FT)	24,000	16,649	14,130		54,779
Respite Session Expenditure (240 hrs)- 3 hours @ £6 x 16 weeks x 20 carers	5,760	5,933			11,693
Management Overheads (10% of project costs) - towards line management, rent/ bills etc.	4,398	3,765			8,163
Activity Costs (class supplies and materials)	2,920				2,920
Activity Costs (Outings)					-
TOTAL:	37,078	26,347	14,130	-	77,555

This page is intentionally left blank

The City Bridge Trust

Investing In Londoners: Application for a grant



About your organisation

Name of your organisation: Irish in Britain	
If your organisation is part of a larger organisation, what is its name?	
In which London Borough is your organisation based? Islington	
Contact person: Ms Jennie McShannon	Position: CEO
Website: http://www.irishinbritain.org	
Legal status of organisation: Charitable company	Charity, Charitable Incorporated Company or company number: 1092268
When was your organisation established? 20/06/1973	

Grant Request

Under which of City Bridge Trust's programmes are you applying? Older Londoners
Which of the programme outcome(s) does your application aim to achieve? People living with Alzheimer's and other forms of dementia having a better quality of life Older Londoners aged 75 years and over living more active and healthier lives
Please describe the purpose of your funding request in one sentence. A volunteer coordinator to engage older people in volunteering activities to improve social and cultural inclusion activities for older Irish people living with dementia.
When will the funding be required? 30/07/2014
How much funding are you requesting? Year 1: £23,056 Year 2: £22,688 Year 3: £23,070 Total: £68,823

Aims of your organisation:

Irish in Britain is the only national representative organisation for the Irish voluntary and community sector in Britain. Our aims and objectives reflect five key strands: 1) Network: We facilitate Irish community engagement through the development of a broad and inclusive network that embraces the different communities of interest of the Irish in Britain. 2) Organisational Development: We support sustainability and growth of Irish services to better serve the continuing changing demographics of the Irish community and the wider community agenda. 3) Campaigning: We aim to have the Irish community recognised and included by changing current attitudes and supporting positive change to address the needs and aspirations of all members of the Irish community in Britain. 4) Research: We support awareness and community action on issues of concern for the Irish in Britain by facilitating and promoting high quality research. 5) Policy and Government: We engage with policy influencers and makers to work together to improve inclusion and wellbeing of vulnerable Irish people.

Main activities of your organisation:

Irish in Britain is a national membership organisation representing and supporting the Irish community in Britain. We actively engage and work with community groups, welfare providers and wider community networks to effect positive change to the circumstances of the most vulnerable within the community. We have a successful track record offering direct support to organisations to improve social care and community volunteer services which respond to needs relating to welfare, housing, health and cultural/social isolation. We underpin our community development work through policy and research activities and awareness campaigns/programmes. Our approach is to develop fruitful and solution focused partnerships with policymakers, commissioners, statutory and voluntary sectors. We work integrally with our membership who provide welfare/community led services and support groups to raise awareness of health inequalities and other issues facing the Irish in Britain. Our current activities focus on developing dementia sensitive services, the role of cultural activities in maintaining healthier lifestyles and social inclusion and community action through volunteering.

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
7	3	12	15

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Rented	4 years

Summary of grant request

We know from the Census (2011) that there are 175,972 Irish people living in London. More than 60,000 are aged over 60 years old. One in ten Irish people in the city are carers. There is significant concern about increasing numbers of Irish people presenting with early signs of dementia attending local Irish community centres, lunch clubs and pensioner groups which are sometimes staffed but more often volunteer led.

For many older Irish people these clubs and services are their only source of social activity and engagement. Consultation with volunteers running the services describe how people with memory loss and their carers can 'disappear' as the disease starts to become socially apparent. Those with memory loss say they are embarrassed by their failing memory, their carers, usually older themselves, can be anxious and uncomfortable about the behaviour of their spouse and together they drop out of luncheon clubs and social/cultural gatherings. The resulting isolation exacerbates the problem whilst limiting opportunities for support, information, inclusion as well as brief respite for carers.

A Volunteer Coordinator will meet the following project objectives:

1: To draw on the expertise of older people experienced in health or dementia services to provide high quality training and support to older volunteers in Irish lunch and pensioner clubs in London. 30 older people will be trained and supported to become Volunteer Dementia Champions.

2: To ensure older volunteers in Irish pensioner and lunch clubs feel more confident to communicate with, engage and develop activities for older people with dementia. 40 older volunteers each year will receive 2 x ½ training on dementia awareness. 10 older people services will receive regular onsite support over a minimum of three months to embed lunch club activities which can be more inclusive of older people with dementia and support their volunteers.

3: To ensure older Irish people with dementia and their carers are included in community activities to support better health and wellbeing. 924 older Irish people with dementia and their carers will report engagement and inclusion in meaningful local social and cultural activities which they feel enable them to have a better quality and more active social life.

The project will enable people living with Alzheimer's and other forms of dementia to enjoy a better quality of life through the provision of simple but effective dementia inclusive activities. This will enable those with dementia to remain engaged and involved in their existing community support network and older peoples services. This will include a large percentage of the 20,000 of Irish people in London who are aged over 75.

As an umbrella organisation providing development support to Irish services across the city, Irish in Britain is best placed to deliver this work which will be part of our 'whole community' dementia strategy. Evaluation of our pilot project to train older volunteers outside of London has demonstrated the positive impact it can have. The project manager has extensive experience of service and volunteer management, safeguarding and community initiatives.

Older people will be at the centre of planning, reviewing and managing this project. Our Chair is a retired health academic and is our project Champion. We have good experience of recruiting and supporting volunteers through our robust volunteer policy and handbook. We will recruit volunteers of any background who can demonstrate an understanding of the particular difficulties faced by older Irish people and the value of social and cultural activities to improve health and wellbeing. Our environment policy will proactively reduce our carbon footprint.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? YES

What Quality Marks does your organisation currently hold?

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

Over the three years 30 older people will be trained and supported to become Volunteer Dementia Champions. They will be inducted and trained to provide culturally relevant dementia awareness training and mentoring support to grass roots community organisations and pensioners groups across London

Each year, at least 40 older volunteers in Irish community groups and services will receive a sufficient training sessions on dementia awareness to address stigma, raise awareness of symptoms of early onset, how to communicate with and engage older people with dementia in low level dementia friendly activities

Each year, 10 grassroots community services for older Irish people will receive regular onsite support from our dementia champions over a minimum of three months to embed lunch club activities which can be more inclusive of people with dementia.

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

30 older volunteer Dementia Champions will report feeling more actively engaged in contributing their expertise to their community by providing dementia training and service development support to community volunteers working in older Irish peoples clubs and services across London.

At least 120 Volunteers will report greater confidence and creativity in addressing stigma and promoting inclusion of those with dementia through better understanding of dementia, how to communicate with and engage older people with dementia and support their carers

At least 25 grass roots community organisations will demonstrate greater participation of older people with dementia and their carers by making their services more dementia friendly and providing a more dementia friendly environment

At least 900 older Irish people with dementia and their carers will be engaged and included in meaningful local social and cultural activities which they feel enable them to have better quality and a more active social life.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

We intend to embed knowledge and skills in provision of non medical volunteer led dementia services to older people but recognise this may require some long term volunteer support. In Year 3 we will commence a focused programme of fundraising through charitable trusts and CSR and through developing relationships with businesses corporate social responsibility programmes.

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

1,050

In which Greater London borough(s) or areas of London will your beneficiaries live?

Several SE London (25%)

Several NW London (35%)

Several SW London (20%)

Several NE London (20%)

What age group(s) will benefit?

45-64

65-74

75 and over

What gender will beneficiaries be?

All

What will the ethnic grouping(s) of the beneficiaries be?

White (including English/ Welsh/ Scottish/ Northern Irish/ British; Irish; Gypsy, Traveller or Irish Traveller; Any other White background)

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

21-30%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Salary NI Pension costs	15,246	15,551	15,862	46,659
Rent/Service charge/Telephone	1,743	1,778	1,796	5,316
Volunteer Training and Expenses	7,790	7,868	7,947	23,604
Insurance/HR/Legal/postage/stationary/photocopying	454	459	463	1,376
IThardware/ITSupport	419	290	293	1,002
Travel	528	533	539	1,600
Recruitment	660	0	0	660
Training/Conferences/Workshops	87	110	111	308
Linemgt/Governance/Administration	2,558	2,584	2,609	7,751

TOTAL:	29,485	29,172	29,619	88,276
---------------	---------------	---------------	---------------	---------------

What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
Community Fundraising campaign for Volunteer expenses	6,420	6,484	6,549	19,453
	0	0	0	0

TOTAL:	0	0	0	19,453
---------------	----------	----------	----------	---------------

What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0

TOTAL:	0	0	0	0
---------------	----------	----------	----------	----------

How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Salary/NI Pension Costs	15,246	15,551	15,862	46,659
Rent/Service Charge/Telephone	1,743	1,778	1,796	5,316
Insurance/HR/Legal/postage/stationary/photocopying	454	459	463	1,376
Volunteer Training	1,370	1,384	1,398	4,151
Travel	528	533	539	1,600
IT hardware/Support	419	290	293	1,002
Recruitment	660	0	0	0
Line Mgt/Governance/Administration	2,558	2,584	2,609	7,751
Training/Workshops/Conferences	87	110	111	308

TOTAL:	23,065	22,688	23,070	68,823
---------------	---------------	---------------	---------------	---------------

Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended -

Month: **March**

Year: **2014**

Income received from:	£
Voluntary income	23,725
Activities for generating funds	150
Investment income	2,411
Income from charitable activities	503,151
Other sources	
Total Income:	529,437

Expenditure:	£
Charitable activities	481,286
Governance costs	9,966
Cost of generating funds	
Other	
Total Expenditure:	491,252
Net (Deficit)/Surplus:	38,185
Other Recognised Gains/(Losses):	-
Net Movement in Funds:	38,185

Asset position at year end	£
Fixed assets	4,193
Investments	
Net current assets	319,162
Long-term liabilities	
*Total Assets (A):	323,355

Reserves at year end	£
Endowment funds	
Restricted funds	34,002
Unrestricted funds	289,353
*Total Reserves (B):	323,355

*** Please note that Total Assets (A) and Total Reserves (B) should be the same.**

Statutory funding

For your most recent financial year, what % of your income was from statutory sources?

92%

Organisational changes

Describe any significant organisational changes to your structure, financial position or core activities since the date of your most recent accounts

We have moved offices and restructured to reduce our back office costs. Increasingly over the last three years we have diversified our funding with successful applications to the Arts Council (10,000), Heritage Lottery Fund (£50,000), St Stephens Green Trust (£16,000),

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.			
	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	0	0	0
London Councils	0	0	0
Health Authorities	0	0	0
Central Government departments	0	0	0
Other statutory bodies	0	10,000	9,030

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.			
Name of Funder	2012 £	2013 £	2014 £
Ireland Fund for Great Britain	0	0	6,111
St Stephens Green Trust	0	4,150	16,533
	0	0	0
	0	0	0
	0	0	0

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Jennie McShannon**

Role within **Cheif Executive**
Organisation:

The City Bridge Trust

Investing In Londoners: Application for a grant



About your organisation

Name of your organisation: St Luke's Hospice (Harrow and Brent)	
If your organisation is part of a larger organisation, what is its name?	
In which London Borough is your organisation based? Brent	
Contact person: Mrs. Amanda Ziegler	Position: Trust Fundraiser
Website: http://www.stlukes-hospice.org	
Legal status of organisation: Registered Charity	Charity, Charitable Incorporated Company or company number: 298555
When was your organisation established? 21/06/1987	
Aims of your organisation: Established in 1987, St Luke's is the local hospice serving the richly diverse London boroughs of Harrow and Brent, an ageing population of over 450,000. We provide high quality hospice care to adults with life limiting illnesses, free of charge, with the aim of enhancing their quality of life and supporting their families and carers We care for people suffering from cancer (around 85% of patients) and also those with other serious progressive illnesses, such as motor neurone disease, heart, lung and kidney failure enabling them to achieve the best possible quality of life during the final stages of their illness. Our care includes the treatment of physical symptoms and also considers emotional, psychological, spiritual and social needs and the needs of the whole family. We aim to cater for the needs and wishes of the individual in large decisions like whether they would prefer to be cared for at home or in the Hospice, or day-to-day matters eg. meals.	
Main activities of your organisation: St Luke's looks after people whose illnesses are no longer curable. We aim to enable them to achieve the best possible quality of life during the final stages of their illness. Care is provided by: -Our 12 bedded In Patient unit which offers 24hour nursing and medical care supported by patient and family support, physiotherapy and complementary therapy services. Patients are admitted for symptom control, respite or end of life care. -Day Care Unit where a team of doctors and nurses are available to help patients with their symptoms. Patients can also access care from our social work team/complementary therapists/physiotherapists. -Patients own homes. The Specialist Community Palliative Care team consists of doctors, nurses and social workers who provide expert advice to patients, GPs and district nurses.	

Hospice at Home provides personal care packages which may include washing/transferring/toileting as well as supporting carers.
 -Patient and Family Support which provides counselling and psychological support to patients and families and bereavement support.

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
85	0	12	800

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Owned	

Grant Request

Details of grant request

Under which of City Bridge Trust's programmes are you applying? Older Londoners
Which of the programme outcome(s) does your application aim to achieve? Carers aged 65 years and over better able to access support, advice and respite
Please describe the purpose of your funding request in one sentence. TO EXPAND AND DEVELOP SERVICES TO SUPPORT GREATER NUMBERS OF OLDER CARERS IN HARROW AND BRENT
When will the funding be required? 01/03/2014
How much funding are you requesting? Year 1: £60,000 Year 2: £55,000 Year 3: £45,000 Total: £160,000
Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to fund it? St Luke's Hospice Trustees are committed to the expansion of support to Carers within our local community. After the grant has expired any gaps in funding towards our carers service will be met through a rolling programme of applications to Charitable Trusts and Foundations.
If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached? Not necessary. Revenue project.

Summary of grant request

A grant is requested that will enable Carers aged 65 years+ in Harrow/Brent better access support, advice and respite.

Project need:

- Our Hospice serves a diverse ageing population (54% BME) however, as people are living longer their networks are diminishing .
- The Commission into the Future of Hospice Care(2013) highlights evidence of large numbers of older people living in poverty and social exclusion who are left behind on the margins of a relatively prosperous society. Brent is within the 15% most deprived UK boroughs.
- St Luke's Carer service evaluations (events/surveys/focus group) indicate issues leading to breakdown of care packages relate to social, rather than medical issues. Carers indicate that they often wish to remain at home with the person they care for, but can become socially isolated/depressed and would benefit from someone visiting.

Project delivery will involve:

Expanding and developing St Luke's current support to carers which enables them to identify themselves as carers and provides:

- information sessions/resources
- trained healthcare assistants to stay with the patient so that carers can attend their own appointments/have a break
- social events which enable carers to be less socially isolated

Mobilising Carer Support Networks: We plan to develop a social model for a carer service based on identifying, establishing and mobilising personal, professional and community support networks. It will involve:

- Recruiting/training/supervising 25 Community Support Volunteers and 25 Community Link Volunteers representative of our diverse community who will offer psychosocial support to service users in the Hospice and in their homes
- developing service specific resources for families/carers/patients e.g. support/visitor planning calendars and task lists to help them manage and balance social visits and access support
- mobilising members of their social network who might be able to help with these identified tasks and needs
- challenging/redefining the social and personal narrative of caring that often promotes the role of carer as a burden

Developing a training programme for hospice staff and volunteers will raise awareness of the project and train them to use new resources and consider the concept of informal/family/community support networks within their practice.

Developing links with local community/faith/hard to reach/marginalised communities/local authorities to make them aware of availability of end of life care services.

Project Aims: Through this work we plan to build on the Compassionate Communities model which aims to encourage, establish and strengthen partnerships that support community capacity building and resilience in issues surrounding dying/death/bereavement. This has been piloted in rural settings but we will pioneer it in an urban area.

We are the right organisation to deliver the work:

North West London Hospital Trust acknowledge that our local community would benefit from the support of volunteers from a range of backgrounds. They say St Luke's is best

placed to carry this out as it has links with local support groups/health related agencies. This is supported by evidence of previous successful projects eg. Bereavement service/Hospice at Home funded by City Bridge

Meeting the Trust's programme outcome. Through our project:

Carers 65 years+ will be better able to access support, guidance and respite which will enable them to care for patients more effectively, reduce anxiety levels and reduce unnecessary A+E visits.

Carers will be less socially isolated by attending events at the hospice and through support from Volunteers at home.

More end of life patients from our BME community will have access to end of life care

Principles of good practice:

We will involve service users in the planning/delivery of the service. Achieved by developing consultation group, surveys/feedback gained from events.

Building links with people from faith/cultural/community groups/hard to reach/marginalised communities - central to the success of the project

Training/supervising 50+ Volunteers

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

Expanding activities within St Luke's current carers service including:

Providing information sessions, resources and social events (eg. information sheets, newsletters, support sessions and regular social events at the Hospice)

Providing trained healthcare assistants to stay with patients so that carers can attend support sessions and their own appointments

Developing service specific resources for carers and patients to enable them to mobilise their support networks and manage help required eg. tasks lists, visiting planning calendars.

Establishing an assessment tool to identify and access support networks

Developing a training programme for Hospice staff/volunteers to use resources and raise awareness

Developing a programme to recruit, train and supervise up to 25 Community Support Volunteers and 25 Community Link Volunteers to offer psychosocial support to service users in the Hospice and in their homes.

Develop a programme of outreach activities to enable us to build links with faith and cultural groups and those who are hard to reach. Will include:

Liaison with community groups and identifying and training link workers who will visit the hospice and coordinate support required.

Developing links with Social Services (Personalisation) and Local Authority Housing Teams in order to make the project sustainable in the future (eg. linking it to management of personal budgets for carers to attend support events at St Luke's Hospice)

130
What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

Carers aged 65 years+ will have better able to access support, advice and guidance which will enable them to care for the patients more effectively and reduce anxiety levels.

Educating and providing guidance to Carers will reduce the number of unplanned hospital admissions and enable patients to remain independent at home for longer

Carers will be less socially isolated as a result of attending events at the Hospice and being better supported in their own homes through the support of Community Support Volunteers and Community Link Volunteers.

25 Community Support Volunteers and 25 Community Link Volunteers will be better trained and equipped to provide support to Carers. This will support the Community Communities Network Model.

Greater numbers of hard to reach older people from St Luke's ageing BME Community will be more aware of support available from our Hospice and availability of end of life care in Harrow and Brent.

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

1,000

In which Greater London borough(s) or areas of London will your beneficiaries live?

Brent (50%)

Harrow (50%)

What age group(s) will benefit?

65-74

75 and over

What gender will beneficiaries be?

All

What will the ethnic grouping(s) of the beneficiaries be?

A range of ethnic groups

White (including English/ Welsh/ Scottish/ Northern Irish/ British; Irish; Gypsy, Traveller or Irish Traveller; Any other White background)

Mixed/ Multiple ethnic groups (including White and Black Caribbean; White and Black African; White and Asian; Any other Mixed/ Multiple ethnic background)

Asian/ Asian British (including Indian; Pakistani; Bangladeshi; Chinese; Any other Asian background)

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

61-70%

Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: December	Year: 2012
-----------------------	------------------------	-------------------

Income received from:	£
Voluntary income	1,709,000
Activities for generating funds	2,613,000
Investment income	72,000
Income from charitable activities	1,322,000
Other sources	0
Total Income:	5,716,000

Expenditure:	£
Charitable activities	3,546,000
Governance costs	61,000
Cost of generating funds	2,211,000
Other	0
Total Expenditure:	5,818,000
Net (deficit)/surplus:	(102,000) <i>gm</i>
Other Recognised Gains/(Losses):	95,000
Net Movement in Funds:	(7,000) <i>gm</i>

Asset position at year end	£
Fixed assets	4,744,000
Investments	1,336,000
Net current assets	702,000
Long-term liabilities	329,000 0 <i>gm</i>
*Total Assets (A):	6,782,000

Reserves at year end	£
Endowment funds	197,000
Restricted funds	254,000
Unrestricted funds	6,331,000
*Total Reserves (B):	6,782,000

* Please note that total Assets (A) and Total Reserves (B) should be the same.

Statutory funding

For your most recent financial year, what % of your income was from statutory sources?
21-30%

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

None

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Community Carers Project Co-ordinator	12,500	12,625	12,814	37,939
Hospice Volunteer Coordinator	4,000	4,040	4,100	12,140
Patient and Family Support Service Manager	14,400	14,544	14,762	43,706
Clinical evaluation (Director of Patient Services)	1,575	1,560	1,613	4,748
Administration Lead	4,896	4,944	5,018	14,858
Hospice Day Care Nurse (to attend carer events)	3,960	3,999	4,058	12,017
Education team and external training facilitators	20,000	20,075	17,688	57,763
Event costs and information resources/capital items	12,500	12,500	12,500	37,500
Volunteer expenses and personal alarms	3,500	3,500	3,500	10,500
TOTAL:	77,331	77,817	76,053	231,201

What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
Charitable Trusts/Foundation currently being approached. No funding to date.	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	0	0	0	0

What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
Several charitable trusts being approached to support this project	0	0	0	0
Including: February Foundaton, Childwick Trust, Mason Le Page	0	0	0	0
James Tudor Foundation	0	0	0	0
	0	0	0	0
TOTAL:	0	0	0	0

How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Community Carers Project Coordinator	12,500	12,625	12,841	0
St Luke's Volunteer Co-ordinator	4,000	4,040	4,100	0
Patient and Family Support Service Manager	10,000	10,000	8,000	0
Clinical Evaluation	1,575	1,575	0	0

Admin Lead	4,896	4,944	5,018	0
Training costs	16,000	11,000	4,000	0
Event Costs	5,000	5,000	5,000	0
Information resources	2,500	2,500	2,500	0
Volunteer expenses/personal alarms	3,500	3,500	3,500	0
TOTAL:	59,971	55,184	44,959	160,114

852

OK

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2010 £	2011 £	2012 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	7,500	7,500	22,500
London Councils	0	0	0
Health Authorities	1,370,000	1,307,000	1,266,000
Central Government departments	271,000	0	0
Other statutory bodies	51,000	6,000	0

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2010 £	2011 £	2012 £
Wolfson Foundation	0	0	50,000
St James's Place Foundation	0	0	40,000
Clothworkers Foundation	30,000	0	0
Kingsbury Charity	10,000	12,500	12,500
Childwick Trust	10,000	0	15,000

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Amanda Lenore Ziegler**

Role within **Trusts and Foundations Fundraiser**
Organisation:

The City Bridge Trust
Investing In Londoners:
Application for a grant



About your organisation

Name of your organisation: Asylum Aid	
If your organisation is part of a larger organisation, what is its name?	
In which London Borough is your organisation based? Islington	
Contact person: Mr Wayne Myslik	Position: Chief Executive
Website: http://www.asylumaid.org.uk	
Legal status of organisation: Registered Charity	Charity, Charitable Incorporated Company or company number: 328729
When was your organisation established? 20/06/1990	

Grant Request

Under which of City Bridge Trust's programmes are you applying? Reducing Poverty
Which of the programme outcome(s) does your application aim to achieve? More Londoners with improved economic circumstances Fewer Londoners experiencing food poverty
Please describe the purpose of your funding request in one sentence. Provision of legal advice to address the underlying insecure immigration status of destitute asylum seekers as a means to resolving their homelessness.
When will the funding be required? 01/08/2014
How much funding are you requesting? Year 1: £30,000 Year 2: £30,000 Year 3: £30,000 Total: £90,000

Aims of your organisation:

Asylum Aid is an independent, national charity working to secure protection for people seeking refuge in the UK from persecution and human rights abuses abroad.

We advocate vigorously for asylum rights in the UK by:

- > providing free and accessible legal representation, of the highest professional standard, to the most vulnerable and excluded asylum seekers;
- > lobbying and campaigning for an asylum process based on inviolable human rights principles, ensuring that what we say is firmly rooted in the work we do; and
- > working co-operatively with our peers, combining and collaborating to strengthen our joint impact.

We are wholly independent of Government, and are widely cited as a model of what can be achieved with limited resources and on a politically contentious issue, given clarity of purpose, a credible evidence base, and a passionate commitment to standing up for asylum rights, without fear or favour.

Main activities of your organisation:

Highly regarded for the rigour of our legal representation and the authority of our work with government, Asylum Aid is a prominent and respected voice on protection matters in the UK and Europe.

Our Legal Team provides expert legal representation - at every stage of the UK asylum process and in the higher courts - to a vulnerable client group, with particular focus on women seeking protection from gender related violence, unaccompanied children, people at risk because of their sexual orientation, stateless persons and those who are refused protection and are destitute, but whose refusal of protection is legally challengeable. Our approach is empathetic, holistic and thoroughly professional and, as a result, we consistently achieve success in over 85% of the cases in which we provide representation. Our legal work also provides a solid evidence base that informs and gives credibility to our critique of the UK asylum system, as well as our proposals for asylum system reform.

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
14	1	11	1

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Leased	We have a 10 year lease.

Summary of grant request

When asylum seekers are refused protection they struggle to obtain legal advice, particularly since 2007 when funding for diagnostic work was removed from Legal Aid. This project aims to unlock the problem of homelessness for destitute failed asylum seekers by addressing their underlying insecure immigration status. The project is particularly innovative as it identifies a solution outside the scope of traditional homelessness advice as the decisive factor in resolving what otherwise would be an insurmountable problem. It also identifies and addresses the barriers homeless asylum seekers face accessing legal advice.

Asylum Aid's experience is that a high proportion of asylum seekers become destitute because they have not had their cases adequately determined. NGOs providing support repeatedly tell us that accessing competent legal representation is the biggest problem their service users face in trying to re-access accommodation and support. This led Asylum Aid to pilot a project providing legal advice outreach surgeries to homeless asylum seekers at Red Cross and the Notre Dame Refugee Centre who assist with immediate support needs. The aim was to address the issue of homelessness by identifying the underlying substantive need for legal representation to resolve their insecure immigration status as the route back into accommodation, as well as assessing the scale of the problem. Through running this pilot it was discovered that a substantial proportion of destitute asylum seekers have grounds for challenging the refusal of protection and, consequently should be entitled to accommodation and welfare support. For example, during the pilot phase we found that a staggering 86% of the people we advised merited immediate legal intervention on their cases, either because they had grounds for further representations (44%), still had a claim pending that had never been satisfactorily determined (17%), or that their cases justified further legal investigation (25%).

Because asylum seekers fear being returned to their countries of origin, if they are unable to access further legal advice to help resolve any unmet legal needs, the only option they face is to live in the shadows as destitute asylum seekers. This can make them more difficult to reach than other homeless people and multiplies their disadvantage and vulnerability when compared to other disadvantaged groups in society. Our experience of providing legal assistance to this marginalised and vulnerable group provides evidence that many have reasonable grounds for protection that have neither been properly presented, owing to the scarcity of competent, specialist, publicly funded legal advice, nor adequately determined by the UK asylum authorities. Homelessness is therefore a direct consequence of these failings.

This project seeks to ensure destitute asylum seekers are able to overcome barriers to access legal advice and representation and by doing so, resolve their insecure immigration status, access accommodation and overcome their destitution, thereby improving their economic circumstances and enable them to tackle food poverty.

How this project meets the Trust's principles of good practice:

- > We encourage service users to provide feedback and the information we gather is used to improve and develop the service.
- > We prioritise work with the most vulnerable and excluded asylum seekers and directly through outreach provision and the availability of qualified interpreters, ensure that our services are accessible. We have a detailed, comprehensive equal opportunities policy and are geared up, operationally, to deliver our advice services on an outreach basis.
- > We value and support our volunteers by giving them clear roles and activities to undertake and ensuring they are adequately trained, supported and supervised.
- > Some of the steps we have taken to reduce our carbon footprint include: tax efficient bicycle purchase scheme; electronic dissemination of reports; office material recycling.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Not applicable.

Do you have a Vulnerable Adults policy? **No**

What Quality Marks does your organisation currently hold?

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

We will provide face-to-face advice to 120 destitute asylum seekers per annum at outreach surgeries. An initial assessment of the case based on the papers will take place in advance of the appointment ensuring the face-to-face meeting is effective in identifying and addressing any unmet advice needs.

Following the appointment, the case will be prepared for referral, or if needed, further work will be undertaken to establish merits before the decision to make a referral is taken. Asylum Aid will aim to directly take on as many cases for full representation as capacity allows .

Where we lack the capacity then we will facilitate active referrals to key trusted legal representatives with whom we have established referral pathways.

The Development Manager will produce a bi-annual performance review, specifying the take-up and outcomes of the service, which will be used for internal monitoring and to inform our engagement with Government on asylum policy as UKBA (now UK Visas and Immigration) corporate partners.

We will share the learning generated through our direct casework to identify barriers to accessing legal advice, as well as inform a better understanding of how legal advice is funded and the implications this has on the quality of advice provision, with peer organisations and advice providers.

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

Destitute asylum seekers/irregular migrants are able to benefit from access to comprehensive legal advice.

Destitute asylum seekers are able to access good quality legal representation as a direct result of the project.

Any barriers to accessing accommodation are removed for cases that are provided with legal representation.

Wider improvements to asylum process and decision-making take place as a result of the evidence generated through this project.

The triage model is promoted as a good practice example of a viable route to legal advice and representation that can be replicated.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

We have a fundraising strategy that aims to diversify our funding across trusts, individual donors, and earned income. We are also identifying new partners to further develop innovative solutions to provision of legal triage, diagnostic and outreach services for homeless asylum seekers in London.

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

120

In which Greater London borough(s) or areas of London will your beneficiaries live?

London-wide (80%)

Several NW London (20%)

What age group(s) will benefit?

16-24

25-44

45-64

65-74

What gender will beneficiaries be?

All

What will the ethnic grouping(s) of the beneficiaries be?

A range of ethnic groups

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

31-40%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Triage Advisor salary/NI/Pension	38,073	38,573	39,073	115,719
Management: project coordination, monitoring and evaluation, reporting	9,845	9,845	9,845	29,535
Running costs (rent, stationary, photocopying, etc.)	21,143	21,143	21,143	63,429
Operational costs	9,285	9,285	9,285	27,855
	0	0	0	0

TOTAL:	78,346	78,846	79,346	236,538
---------------	---------------	---------------	---------------	----------------

What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
UN Voluntary Fund for Victims of Torture	12,000	0	0	0
London Housing Federation	7,000	0	0	0
Evan Cornish Foundation	7,000	0	0	0
St John Southworth Fund	3,000	0	0	0

TOTAL:	29,000	0	0	0
---------------	---------------	----------	----------	----------

What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
Cripplegate Foundation	10,000	10,000	10,000	30,000
Donations from May sponsored walk and Radio 4 appeal	10,000	0	0	10,000
	0	0	0	0
	0	0	0	0

TOTAL:	20,000	10,000	10,000	40,000
---------------	---------------	---------------	---------------	---------------

How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Triage Advisor salary/NI/Pension	15,000	15,000	15,000	45,000
Management: project coordination, monitoring and evaluation, reporting	8,000	8,000	8,000	24,000
Running costs (rent, stationary, photocopying, etc.)	4,000	4,000	4,000	12,000
Operational costs	2,000	2,000	2,000	6,000
Finance & capital	1,000	1,000	1,000	3,000
	0	0	0	0

TOTAL:	30,000	30,000	30,000	90,000
---------------	---------------	---------------	---------------	---------------

Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: March	Year: 2013
-----------------------	---------------------	-------------------

Income received from:	£
Voluntary income	796,919
Activities for generating funds	0
Investment income	0
Income from charitable activities	359,395
Other sources	2
Total Income:	1,156,316

Expenditure:	£
Charitable activities	953,612
Governance costs	25,711
Cost of generating funds	75,281
Other	0
Total Expenditure:	0
Net (deficit)/surplus:	101,712
Other Recognised Gains/(Losses):	301,590
Net Movement in Funds:	403,302

Asset position at year end	£
Fixed assets	2,765
Investments	0
Net current assets	511,180
Long-term liabilities	110,643
*Total Assets (A):	403,302

Reserves at year end	£
Restricted funds	0
Endowment Funds	0
Unrestricted funds	403,302
*Total Reserves (B):	403,302

* Please note that total Assets (A) and Total Reserves (B) should be the same.

Statutory funding

For your most recent financial year, what % of your income was from statutory sources?
21-30%

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	0	0	0
London Councils	59,562	59,562	59,562
Health Authorities	0	0	0
Central Government departments	0	0	0
Other statutory bodies	201,967	235,039	273,701

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
Sigrid Rausing Trust	150,000	150,000	0
Comic Relief	47,500	110,000	122,000
Unbound Philanthropy	58,956	75,000	75,000
Trust for London	32,000	33,000	35,000
Barrow Cadbury Trust	35,542	35,500	29,500

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Wayne Myslik**

Role within **Chief Executive**
Organisation:

This page is intentionally left blank

The City Bridge Trust

Investing In Londoners: Application for a grant



About your organisation

Name of your organisation: Bell Farm Christian Centre	
If your organisation is part of a larger organisation, what is its name?	
In which London Borough is your organisation based? Hillingdon	
Contact person: Mr Tony Pilkington	Position: Minister & Centre Director
Website: http://www.bfcc.org.uk	
Legal status of organisation: Registered Charity	Charity, Charitable Incorporated Company or company number: 1085450
When was your organisation established? 01/11/1956	
<p>Aims of your organisation:</p> <p>The objectives of Bell Farm Christian Centre, as specified in the Memorandum and Articles of Association are:</p> <ol style="list-style-type: none"> 1) to advance the Christian faith... 2) to relieve persons who are in conditions of need or hardship or who are aged or sick and to relieve the distress caused thereby... 	
<p>Main activities of your organisation:</p> <ol style="list-style-type: none"> 1) Church services. (2) Children & Families Section: toy library, community parent support groups, holiday clubs and children's events. (3) Older Persons Section: lunch and social club, day trips and outreach to the isolated older people in the community. (4) Advice, Information and Care Service: information, advice and advocacy provided in a wide range of issues including, housing, benefits, debt, domestic violence, consumer matters, crime reporting etc. (5) Parent Support Section. Providing parenting courses, self esteem courses and other support for parents in the London Borough of Hillingdon. (6) Training courses. (7) Support to enable Traveller families access education for their children. 	

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
6	7	6	29

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Leased	17

Grant Request**Details of grant request**

Under which of City Bridge Trust's programmes are you applying? Reducing Poverty
Which of the programme outcome(s) does your application aim to achieve? More Londoners with improved economic circumstances Fewer Londoners experiencing food poverty
Please describe the purpose of your funding request in one sentence. The salary costs of an adviser to support people suffering financial hardship by the provision of advice, information and advocacy on benefits issues and debt.
When will the funding be required? 01/06/2014
How much funding are you requesting? Year 1: £31,840 Year 2: £32,141 Year 3: £33,119 Total: £97,100
Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to fund it? It is imperative that the service continues and develops. Funding will need to be accessed for the service to continue as it can never be self-financing. Other sources of funding, primarily grant making trusts, will be identified and applications submitted. BFCC is part of Advice UK's infrastructure support project which provides support in fund raising.
If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached? None required.

Summary of grant request

Bell Farm and its neighbouring estates are among some of the most disadvantaged and marginalised -- 34% of children living in the West Drayton ward are in households living below the poverty line [End Poverty, 2011].

The Advice Information and Care Service, delivered at Bell Farm Christian Centre, provides free, confidential, impartial and independent advice, information and advocacy to all sections of the community on a variety of issues. Our aim is to ensure that individuals do not suffer through lack of knowledge of their rights and responsibilities or of the services available to them, or through an inability to express their needs effectively. Advice is provided for a wide range of issues including: housing, housing benefit, benefits, debt, bailiffs, hate crimes, domestic violence and advocacy.

The service has been provided for approximately 15 years and has become an essential service for the community.

The Service is delivered by experienced and qualified staff. The Service has achieved the Matrix Quality Standard for advice provision. Open drop in sessions are provided for 10 hours per week, on a Tuesday and Thursday, with appointments arranged for other times and homes visits as required. Volunteers provide support with reception duties, administration and form filling. Partner organisations provide specialist sessions.

The number of people accessing the service has grown significantly in recent years as the economic recession and benefit changes has had a significant impact. In 2009 the number of clients accessing the service was 453 but last year there were 1558 client visits to the service, many of whom being the more disadvantaged and marginalised within the community. The increase in the numbers of those accessing the service and the increase in the complexity of the issues that the clients have means that there is a need to increase the capacity of the service to cope with the current and growing demand.

The project is therefore to fund an additional adviser to provide advice and advocacy in the area of benefits and debt.

The projects meets the following funding objectives of the City Bridge Trust:

1. More Londoners with improved economic circumstances as a result of advice and advocacy on benefits and debt.
2. Fewer Londoners experiencing food poverty as a result of advice and advocacy on benefits and debt.
3. More people accessing debt and legal services as the service will provide debt advice and counselling and there would be access to legal advice as required through our partner organisations.

The project meets the principles of good practice required by the City Bridge Trust:

1. Involve service-users in the management and running of the service - users of the advice service are on the management committee of the organisation and two previous users of the service are now volunteering on a regular basis for the advice service.
2. Welcome people from all backgrounds and value diversity --the service is used by persons from a wide range of ethnic and cultural backgrounds with 70% being from ethnic minority groups. 36.8% are from the Traveller community.
3. Value and support volunteers -- two volunteers regularly support the service by undertaking reception and administration duties. One volunteer is now undertaking form filing for some service users.
4. Are taking steps to reduce your carbon footprint -- a number of steps have been taken in recent years to reduce the carbon footprint of the organisation including recycling. The main area of work has been significant improvements to the building with the installation of insulation etc to reduce energy consumption. The reduction in energy consumption has been significant.

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

Basic benefits advice provided to 50 service users - for each of the three years of the project.

Benefits checks undertaken for 150 service users - for each of the three years of the project. Checks undertaken to ensure the service user is receiving their full entitlement.

Resolving of benefit issues for 100 service users - for each of the three years of the project. This includes advocating for the service user and negotiating with the appropriate agency.

Rescheduling of debt, including advocating for affordable monthly repayments and negotiating with bailiffs and debt collectors, for 150 service users, for each of the three years of the project. This will ensure repayments are manageable leaving sufficient income for the service user to provide for their family.

Teaching budgeting skills so that 50 service users are more able to manage their finances. Undertaken for all three years of the project.

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

Household income increased for 150 service users for each year of the project.

Homelessness prevented or addressed for 50 service users for each year of the project.

Feelings of anxiety and stress reduced, for 200 service users for each year of the project, as a result of the work to reschedule debts or advocacy for reduced monthly payments or increase in household income.

50 service users, for each year of the project, more able to balance their household budget as a result of support with budgeting.

Bailiff action stopped for 25 service users for each year of the project.

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

450

In which Greater London borough(s) or areas of London will your beneficiaries live?

Hillingdon (100%)

What age group(s) will benefit?

All ages

What gender will beneficiaries be?

All

What will the ethnic grouping(s) of the beneficiaries be?

A range of ethnic groups

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

1-10%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Advise worker salary	24,356	25,087	25,839	75,282
National Insurance Contribution	2,264	2,365	2,468	7,097
Management costs, payroll etc.	2,662	2,745	2,830	8,237
Administration costs, telephone, stationery, etc.	590	607	626	1,823
Office cleaning, heat and light	568	585	603	1,756
Equipment, IT equipment and software	850	200	200	1,250
Travel	50	52	53	155
Training	500	500	500	1,500
	0	0	0	0

TOTAL:	31,840	32,141	33,119	97,100
---------------	---------------	---------------	---------------	---------------

What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
None raised for this specific project	0	0	0	0
	0	0	0	0
	0	0	0	0

TOTAL:	0	0	0	0
---------------	----------	----------	----------	----------

What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
None for this specific project	0	0	0	0
	0	0	0	0

TOTAL:	0	0	0	0
---------------	----------	----------	----------	----------

How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Advice worker salary	24,356	25,087	25,839	75,282
National Insurance Contribution	2,264	2,365	2,468	7,097
Management, payroll etc.	2,662	2,745	2,830	8,237
Administration costs, telephone, stationery etc.	590	607	626	1,823
Office cleaning, light and heat	568	585	603	1,756
Equipment, IT equipment and software	850	200	200	1,250
Travel	50	52	53	155
Training	500	500	500	1,500
	0	0	0	0

TOTAL:	31,840	32,141	33,119	97,100
---------------	---------------	---------------	---------------	---------------

Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: April	Year: 2013
-----------------------	---------------------	-------------------

Income received from:	£
Voluntary income	21,001
Activities for generating funds	0
Investment income	1,350
Income from charitable activities	227,535
Other sources	33,387
Total Income:	283,273

Expenditure:	£
Charitable activities	314,371
Governance costs	2,040
Cost of generating funds	5,460
Other	0
Total Expenditure:	321,871
Net (deficit)/surplus:	-38,598
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	38,598

Asset position at year end	£
Fixed assets	15,604
Investments	0
Net current assets	105,486
Long-term liabilities	19,848
*Total Assets (A):	101,242

Reserves at year end	£
Endowment funds	0
Restricted funds	74,485
Unrestricted funds	26,757
*Total Reserves (B):	101,242

* Please note that total Assets (A) and Total Reserves (B) should be the same.

Statutory funding

For your most recent financial year, what % of your income was from statutory sources?
51-60%

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

There have been no significant organisational changes.

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2010 £	2011 £	2012 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	149,614	150,267	151,530
London Councils	0	0	0
Health Authorities	0	0	0
Central Government departments	0	0	630
Other statutory bodies	10,000	12,510	9,450

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2010 £	2011 £	2012 £
Hillingdon Community Trust	22,500	30,000	36,522
Livability	7,000	0	14,000
Awards for All	0	10,000	0
Captital Community Foundation	0	8,248	0
Trusthouse Charitable Foundation	0	8,000	0

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Anthony John Richard Pilkington**

Role within **Minister and Centre Director**
Organisation:

The City Bridge Trust
Investing In Londoners:
Application for a grant



About your organisation

Name of your organisation: FoodCycle	
If your organisation is part of a larger organisation, what is its name?	
In which London Borough is your organisation based? Tower Hamlets	
Contact person: Ms Caroline Downing	Position: Head of Development
Website: http://www.foodcycle.org.uk	
Legal status of organisation: Registered Charity	Charity, Charitable Incorporated Company or company number: 1134423
When was your organisation established? 01/03/2008	

Grant Request

Under which of City Bridge Trust's programmes are you applying? Reducing Poverty
Which of the programme outcome(s) does your application aim to achieve? Fewer Londoners experiencing food poverty More Londoners with improved economic circumstances
Please describe the purpose of your funding request in one sentence. To support FoodCycle's work across Greater London, through expanding the London Hubs programme and developing the cafe's outreach work in Bromley by Bow.
When will the funding be required? 18/08/2014
How much funding are you requesting? Year 1: £37,596 Year 2: £38,876 Year 3: £45,689 Total: £122,161

Aims of your organisation:

FoodCycle builds communities by combining volunteers, surplus food and spare kitchen spaces to create nutritious meals for people at risk of food poverty and social isolation.

We have four main aims:

- Reduce food poverty by providing nutritious meals to vulnerable groups
- Reduce food waste by reclaiming it for use
- Build stronger communities and reduce social isolation through communal dining
- Empower volunteers to develop skills and create positive social change in their communities

Main activities of your organisation:

We have two main programmes:

FoodCycle Hubs

Our 17 Hubs are local projects where volunteers are trained, supported and empowered to collect surplus food and cook it in spare kitchen spaces. Working with community partners we then provide healthy, communal meals to those at risk from food poverty and social isolation in the community.

Community Café Programme

We run the FoodCycle Pie in the Sky Community Café in Bromley by Bow: one of the most deprived wards in London. The café promotes healthy eating in the community through the provision of low-cost meals and provides training opportunities for people looking to develop the skills and confidence needed to improve employability.

Each month FoodCycle serves around 2,400 meals, created using almost 3,000kg of reclaimed surplus food -- the equivalent of saving 13,221kg in CO2 emissions. Our volunteer network gives almost 2,000 hours of their time each month.

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
10	1	7	1,400

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Rented	5

Summary of grant request

Foodcycle is applying for a three-year grant to support the delivery and expansion of its work in London. We're applying under the Reducing Poverty programme as our central aim is to ensure fewer people experience food poverty.

- Last year we developed and piloted a social franchise programme. We now have a waiting list of potential franchisees but need resources to appoint a Partnerships and Social Enterprise Manager. This will mean four hubs opening each year, so by year three we will have 16 hubs across London, delivering 20,000 meals.
- We want to expand our outreach and community work at the Bromley-by-Bow café. A Youth and Community Officer will work with schools, GPs, and other organisations to ensure more families and children access our services. Each year we'll deliver 11,000 low cost meals (minimum of 500 will be free). We'll work with thirty families on a healthy eating programme during school holidays and offer 100 volunteers training opportunities.
- We want to launch a second cafe working with a community partner. This expansion would be researched and delivered Head of Programmes -- a role for which we're seeking funding,

Why this work is needed:

- Demand for our services is increasing - we regularly take calls from local authorities and charities on behalf of their clients. Interest in our franchise model has been high with interest from small local charities and larger organisations such as RVS and housing associations.
- Last year 34,000 accessed food banks in London compared to 400 people in 2009.
- Healthy food costs up to 50% more than filling but nutritionally poor alternatives. Research shows people on low-incomes eat half the amount of fruit and vegetables.
- 90,000 older people in Greater London are affected by malnutrition and yet only 1% access food banks, often because they feel ashamed
- Many children living in food poverty in London -- 2 out of 5 teachers report giving food to children at their own expense.
- Zero Hunger City, the GLA report on food poverty cites food deserts across London -- areas where there is an over-dominance of unhealthy food outlets and a lack of access to fruit and vegetables at reasonable prices.

Why FoodCycle is the right organisation to deliver this work:

Our track record

Across the UK in just five years:

2162 volunteers have given 67,314 hours of their time,
97,032kg of surplus food collected,
86,396 meals served

The impact of our work:

73.7% say they eat more fruit and vegetables
72.4% think about the healthiness of their food since coming to FoodCycle.
82.8% would recommend us

Our unique hubs model

We have created an easily-replicable model offering centrally-negotiated retailer relationships, a training programme and operations manual and enables volunteers to be part of a national network.

Meeting City Bridge Trust's Principles of Good Practice

- FoodCycle regularly consults and involves its users in decision-making both formally and informally including one-to-one meetings and comments boxes.
- Our projects targets those socially excluded. Our decision to not charge for meals served in our hubs nor to require any means-tested assessment increases inclusivity while only serving vegetarian food helps people from all faiths and cultures to access our services.
- Foodcycle is a volunteer-led organisation. We train, support and empower our volunteers to take responsibility for running each of our projects. Support includes training sessions, an annual conference, focus groups and board representation

Foodcycle's committed to reducing its carbon footprint. We collect 3,000kg of surplus food each month - the equivalent of saving 13,221kg in CO2 emissions. The charity promotes environmentally friendly practices whenever possible.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

N/A

Do you have a Vulnerable Adults policy? **No**

What Quality Marks does your organisation currently hold?

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

Expansion of London Foodcycle hubs. Year 1: 8 hubs; 10,000 meals (25 meals/50 weeks/ 8 hubs), 1000 beneficiaries. Year 2: 12 hubs, 15,000 meals, 1,500 beneficiaries; Year 3: 16 hubs, 20,000 meals, 2,000 beneficiaries. Monitoring demonstrates beneficiaries use Hubs 6-10 times annually, so conservative estimate based on number of meals)

The Pie in the sky Community Cafe: Each year: 11,000 affordable meals with a minimum of 500 free meals given to individuals or families following referral to project. 30 families engaged in healthy eating programme. A minimum of two new community partners and one school partner each year.

One new Foodcycle cafe opened by end of 2015 serving 5000 meals in first year, (year 2: 2015/16); 8000 meals in second year (year 3: 2016/17).

Healthy, surplus food collected from retailers that would otherwise be wasted. Year 1: 25,000kg. Year 2: 39, 500kg. Year 3: 50,000 kg.

(Hubs on average collect 1,500kg per annum and a cafe 13,000 kg. Year 2 figures based on 2nd cafe being open for 8 months)

Providing volunteering and employability training opportunities. Year one: 640 hub volunteers, 100 cafe volunteers. Year two: 960 volunteers, 140 cafe volunteers. Year three: 1280 hub volunteers; 200 cafe volunteers.

(NB: Our London hubs attract on average 80 volunteers each year)

192

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment:

People attending hub community meals have better access to fresh food and a healthier diet

More people in Bromley by Bow and its surrounding areas are aware of the Pie in the Sky café, its low cost meals and volunteering opportunities

Families have healthier eating habits, children are more willing to try healthy food, whilst parents are more confident about purchasing, preparing and cooking meals.

Hub volunteers and participants on the café employability programme gain cooking skills and the confidence to create a meal from fresh ingredients

Increased access to healthy food across London for those at risk of food poverty

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

Yes. We are expanding the hubs programme through a social franchise model enabling the work to be increasingly sustainable. We are increasingly diversifying our income streams and plan to support the cafe programme through unrestricted funds including corporate support by the project end.

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

1,580

In which Greater London borough(s) or areas of London will your beneficiaries live?

Tower Hamlets (35%)

London-wide (65%)

What age group(s) will benefit?

All ages

What gender will beneficiaries be?

All

What will the ethnic grouping(s) of the beneficiaries be?

A range of ethnic groups

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

21-30%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Hubs Programme: salary costs	26,376	27,167	42,240	95,783
Hubs Programme costs	7,500	7,725	7,957	23,182
Cafe programme: salary costs	31,360	32,301	33,270	96,931
Cafe programme costs	6,674	6,874	7,080	20,628
Full costs recovery - 15% of project costs	10,786	11,109	11,442	33,337
Second cafe costs	0	104,768	104,768	209,536
	0	0	0	0
	0	0	0	0
	0	0	0	0

TOTAL:	82,696	189,944	206,757	479,397
---------------	---------------	----------------	----------------	----------------

What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
Franchise start up and management fees	17,300	27,300	37,300	81,900
Trusts - Fidelity and John Ellerman	13,300	0	0	13,300
M&G investments	7,000	11,500	11,500	30,000
Community fundraising	7,500	7,500	7,500	22,500

TOTAL:	45,100	46,300	56,300	147,700
---------------	---------------	---------------	---------------	----------------

What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
NESTA (Centre for social action innovation fund)	112,376	0	0	112,376
Merchant Taylors (in process of being written)	8,000	8,000	8,000	24,000
London Catalyst (in process of being prepared)	3,000	0	0	3,000
	0	0	0	0

TOTAL:	123,376	8,000	8,000	139,376
---------------	----------------	--------------	--------------	----------------

How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Partnership and Social Franchise Manager	8,736	6,575	0	15,311
Head of programmes (cafe work - 50% of time)	17,100	20,188	20,794	58,082
Hub officer	0	0	12,419	12,419
Youth and Community Engagement Officer	11,760	12,113	12,476	36,349
	0	0	0	0

TOTAL:	37,596	38,876	45,689	122,161
---------------	---------------	---------------	---------------	----------------

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	0	0	0
London Councils	0	0	0
Health Authorities	0	0	0
Central Government departments	0	113,229	0
Other statutory bodies	0	0	0

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
Esmee Fairbairn	55,000	46,000	40,000
John Ellerman	30,000	30,000	30,000
Tudor Trust	30,000	30,000	30,000
Lloyds TSB Foundation	0	15,000	20,000
Henry Smith Charity	0	0	25,000

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Caroline Downing**

Role within **Head of Fundraising**
Organisation:

Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended: 31	Month: August	Year: 2013
--------------------------	---------------	------------

Income received from:	£
Voluntary income	360,337
Activities for generating funds	57,207
Investment income	315
Income from charitable activities	74,377
Other sources	
Total Income:	492,236

Expenditure:	£
Charitable activities	360,205
Governance costs	2,891
Cost of generating funds	42,690
Other	
Total Expenditure:	405,786
Net (deficit)/surplus:	86,450
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	86,450

Asset position at year end	£
Fixed assets	11,335
Investments	0
Net current assets	181,234
Long-term liabilities	0
*Total Assets (A):	192,569

Reserves at year end	£
Endowment funds	0
Restricted funds	52,642
Unrestricted funds	139,927
*Total Reserves (B):	192,569

* Please note that total Assets (A) and Total Reserves (B) should be the same.

Statutory funding

For your most recent financial year, what % of your income was from statutory sources?

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

The organisation has a new CEO – Mary McGrath, who joined from FareShare. The Board of Trustees was augmented by new members.

This page is intentionally left blank

266

The City Bridge Trust

Investing In Londoners: Application for a grant



About your organisation

Name of your organisation: Limehouse Project	
If your organisation is part of a larger organisation, what is its name?	
In which London Borough is your organisation based? Tower Hamlets	
Contact person: Mrs. Fairda Yesmin	Position: Director
Website: http://www.limehouseproject.org.uk	
Legal status of organisation: First Contact	Charity, Charitable Incorporated Company or company number: 295857
When was your organisation established? 02/01/1984	

Grant Request

Under which of City Bridge Trust's programmes are you applying? Reducing Poverty
Which of the programme outcome(s) does your application aim to achieve? More people accessing debt and legal services
Please describe the purpose of your funding request in one sentence. To provide debt and money management advice to families in Tower Hamlets living in poverty
When will the funding be required? 01/09/2014
How much funding are you requesting? Year 1: £23,211 Year 2: £23,413 Year 3: £24,115 Total: £70,739

Aims of your organisation:

The Limehouse Project (LHP) has worked to respond to the needs of minority communities throughout the London Borough of Tower Hamlets for over 27 years. Our aim is to alleviate the difficulties and help realise the aspirations of the most disadvantaged members of local communities, with an especial focus on women, all peoples of ethnic minority origin and those for whom English is not a first language. We seek to empower marginalised individuals by researching, identifying, and establishing new pathways to help them overcome the personal and socio-economic barriers to self-empowerment, physical and mental well-being and the establishment of stable, fulfilled lives. We understand that by enabling and supporting an individual, we have the potential to strengthen a family from within, thereby creating stronger communities and a collectively peaceful society

Main activities of your organisation:

We deliver a wide range of services based on a combination of feedback from users and trends in demographic indicators of local need. We assist over 8,000 men, women and families in Tower Hamlets annually, to deal with a widely varying but urgent range of needs, through our advice and training and development services. Our generalist advice services include advice on welfare benefits; housing; immigration; debt and money management; health and social care; domestic violence and abuse; marital breakdown and divorce and employment issues. Our training programme has assisted hundreds of people over 16 to realise their personal ambitions and make their way on new educational or employment paths. We deliver specific training courses to empower particularly marginalised groups, centred on confidence and capacity building; literacy and numeracy; ESOL; Job Shop; employment training and support; civil society participation; child and parent development; sports programmes for women; elderly peoples' community programmes and family and young persons aspiration and recreation programmes.

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
2	10	6	6

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Owned	

Summary of grant request

892

Tower Hamlets is the third most deprived authority in the country and the second most deprived borough in London. Unemployment is at 13%, twice the London average, and less than 20% of jobs in the borough are going to local residents. Rapid changes to the national welfare system including widespread cuts to benefits and tax credits, the introduction of size criteria for working-age Housing Benefit claimants living in the social rented sector and the Welfare Credit scheme, are having huge repercussions for local residents; increasing poverty for those who are already vulnerable and leading to spiralling debt. This is having an unacceptable impact including financial isolation and exclusion (up to 70% of tenants living in social housing are financially excluded in some way (Toynbee Hall, 2011)); Long-term debt problems; Recurring rent arrears; Long-term poverty; Lack of sustainable employment; Marked increases in mental health problems / depression (Mind, January 2011); Increased stress; Family breakdown / separation. This project will deliver a targeted service that will tackle both the immediate crises of debt and the root causes of the financial exclusion and isolation experienced by residents of Tower Hamlets. Clients referred to us will be personally supported and guided on a journey towards financial freedom from debt through the combined delivery of money and debt advice; money management, and budgeting skills support including home energy efficiency awareness and income maximization. By referral to our other services, they will also have access to employment support; support in careers advice, skills development through courses, volunteering and work experience placements. Through this service we aim to enable residents to; identify the causes of financial and other concerns; access practical, accessible solutions; and tackle the long-term underlying causes of their current problems with a view to obtaining long-term financial stability and security.

We have over 27 years' experience of providing advice and family assistance in welfare benefits, housing, money, immigration and debt issues to Tower Hamlets residents. We have outreach provisions across 14 sites borough-wide and an average of 8,000 people are assisted through all our combined projects on an annual basis. We were the first community-led organisation in the borough to achieve the Legal Service Commission's Quality Kite Mark accreditation for its generalist advice services and we continue to hold a AQS Quality Mark, are a member of Advice UK and hold Matrix quality assurance accreditation. We also operate at level one of the Office of Immigration Commissioners standard and are the lead organisation for the delivery of the Legal Services Commission-funded, FAINS partnership for families in crisis. This project will help the City Bridge Trust achieve its outcomes of reducing poverty ensuring there will be more Londoners with improved economic circumstances and more people accessing debt and legal services. Service users are regularly consulted and their suggestions are incorporated into the running of the organisation wherever possible. Our services both uses volunteers, and actively enable clients to become involved in their community through volunteering. We have a specific volunteer training programme and recently completed a project to train 10 BAME women aged 45+ as 'Volunteer Champions'. All staff are expected to support the volunteering and development ethos and to work with the volunteer teams to promote and facilitate the involvement of volunteers wherever appropriate. We value the importance of diversity and positively welcome clients and staff from all members of the community, including those with disabilities. We are working to reduce our carbon footprint and have developed our own CRM system designed to be paperless.

269

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? ~~NO~~ YES

What Quality Marks does your organisation currently hold?

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

A qualified Money and Debt Advice Worker and senior Limehouse Project staff will deliver 12 promotional and engagement sessions for referral partners including Tower Hamlet Homes and other local advice agencies

A qualified Money and Debt Advice Worker will deliver 1x half-day advice session per week and three community outreach sites, equating to approximately 144 sessions per year

Deliver advice covering money and debt advice, money management, budgeting and income maximisation to 3-4 people at each half-day session with a target of 432 clients in Year 1, 460 clients in Year 2 and 490 clients in Year 3

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

Maximisation of low incomes through enhanced benefit income and employment will mean a reduction in poverty levels amongst some of the most marginalised residents

Improved awareness of the benefits of money advice and increased knowledge and understanding of entitlements and systems (e.g. welfare benefits, financial, housing etc) and how to interact with them will make our beneficiaries more likely to seek advice in future, preventing a return to a cycle of poverty and debt

Increasing understanding of individual financial responsibility, giving Londoners greater confidence and ability in managing their personal and financial matters independently

Improved partnership workings with other specialist service providers to ensure the best possible service is available to clients.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

If there continues to be evidenced need, this activity will remain a priority within our fundraising strategy with further applications to identified relevant local and national funders as well as exploring potential for earned income through commissioning and/or partnerships

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

450

In which Greater London borough(s) or areas of London will your beneficiaries live?

Tower Hamlets (100%)

What age group(s) will benefit?

16-24

25-44

45-64

65-74

What gender will beneficiaries be?

All

What will the ethnic grouping(s) of the beneficiaries be?

A range of ethnic groups

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

11-20%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Salary costs (inc. NI/pension) 21 hours per week	17,343	17,863	18,399	53,605
Management and supervision costs at 2 hours per week	2,600	2,678	2,758	8,036
Equipment (Laptop and USB stick for outreach work)	480	0	0	480
Direct Project Costs (Publicity, training, travel)	650	670	690	2,010
Proportional Overhead costs (telephone, admin, insurance etc.)	2,138	2,202	2,268	6,608
	0	0	0	0

TOTAL:	23,211	23,413	24,115	70,739
---------------	---------------	---------------	---------------	---------------

What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0
	0	0	0	0

TOTAL:	0	0	0	0
---------------	----------	----------	----------	----------

What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0

TOTAL:	0	0	0	0
---------------	----------	----------	----------	----------

How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Salary costs (inc. NI/pension) 21 hours per week	17,343	17,863	18,399	53,605
Management and supervision costs at 2 hours per week	2,600	2,678	2,758	8,036
Equipment (Laptop and USB stick for outreach work)	480	0	0	480
Direct Project Costs (Publicity, training, travel)	650	670	690	2,010
Proportional Overhead costs (telephone, admin, insurance etc.)	2,138	2,202	2,268	6,608
	0	0	0	0

TOTAL:	23,211	23,413	24,115	0
---------------	---------------	---------------	---------------	----------

Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: March	Year: 2013
-----------------------	---------------------	-------------------

Income received from:	£
Voluntary income	21,044
Activities for generating funds	0
Investment income	3
Income from charitable activities	393,292
Other sources	0
Total Income:	414,339

Expenditure:	£
Charitable activities	498,403
Governance costs	26,545
Cost of generating funds	200
Other	0
Total Expenditure:	525,148
Net (deficit)/surplus:	-110,809
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	-110,809

Asset position at year end	£
Fixed assets	789,105
Investments	0
Net current assets	81,902
Long-term liabilities	-457,572
*Total Assets (A):	413,435

Reserves at year end	£
Restricted funds	74,167
Endowment Funds	0
Unrestricted funds	339,268
*Total Reserves (B):	413,435

* Please note that total Assets (A) and Total Reserves (B) should be the same.

Statutory funding

For your most recent financial year, what % of your income was from statutory sources?
61-70%

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	234,872	271,832	230,450
London Councils	23,828	0	0
Health Authorities	53,130	54,998	43,406
Central Government departments	0	0	0
Other statutory bodies	0	0	0

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
BIG Lottery Fund	38,000	301,581	0
Esmee Fairbairn Trust	27,064	2,460	0
Lloyds TSB Foundation	4,250	17,000	12,750
BBC Children in Need	0	17,028	22,993
29th May 1961 Charitable Trust	0	0	7,500

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Farida Yesmin**

Role within **Director**
Organisation:

The City Bridge Trust
Investing In Londoners:
Application for a grant



About your organisation

Name of your organisation: Redbridge Foodbank	
If your organisation is part of a larger organisation, what is its name? Redbridge Foodbank is independent	
In which London Borough is your organisation based? Redbridge	
Contact person: Ms. Jocelyn Davis	Position: Manager
Website: http://www.redbridgefoodbank.org	
Legal status of organisation: Registered Charity	Charity, Charitable Incorporated Company or company number: 1141637
When was your organisation established? 16/04/2010	

Grant Request

Under which of City Bridge Trust's programmes are you applying? Reducing Poverty
Which of the programme outcome(s) does your application aim to achieve? More Londoners with improved economic circumstances Fewer Londoners experiencing food poverty
Please describe the purpose of your funding request in one sentence. Funding would ensure people in Redbridge, at crisis point caused by financial poverty, will receive food, financial / health and welfare support alleviating their crisis.
When will the funding be required? 04/08/2014
How much funding are you requesting? Year 1: £18,786 Year 2: £19,384 Year 3: £19,993 Total: £58,163

Aims of your organisation:

Mission Statement -- the mission of Redbridge Foodbank is to facilitate the transformation of society through social justice -- fighting poverty at its point of need.

Our objective is to feed & support people facing crisis in Redbridge and neighbouring areas with the help of care professionals and other agencies from all sectors with whom we work collaboratively.

Main Aims -- the aims of Redbridge Foodbank are that :-

1. People in crisis will be relieved of hunger, immediate poverty and have access to a programme of emergency support leading to better social inclusion and progression towards living independently in the community with adequate financial means
2. People in the community, as volunteers, will acquire new skills and experience to progress them along their life pathways in order to compete for employment opportunities and participate in the 'Big Society' by supporting people in crisis to strengthen local communities

Main activities of your organisation:

Activities -- there are 3 main services provided by Redbridge Foodbank which are :-

1. Food Distribution -- our main service is to facilitate the donation of food [non-perishables] which is banked into our warehouse and prepared as emergency food parcels to be distributed to people in crisis of any age, ethnicity and both genders [packages also include items for cleaning, washing and hygiene]
2. Volunteering -- activities are underpinned by the efforts of volunteers who receive training and personal development to participate thus they can further their own progression whilst helping people in crisis
3. Support & Development -- Redbridge Foodbank develops activities to be delivered in the centre during Foodbank sessions which address the needs of people referred to us or who visit for support.

This might include advice, advocacy, health and personal development delivered directly by Redbridge Foodbank as projects are introduced or by groups within our networks e.g. health professionals and advice agencies such as CAB.

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
0	1	7	20

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Rented	Rent contributed in-kind

Summary of grant request

Project Need:-

1. Poverty -- people are progressing into crisis situations without means to feed themselves and / or their families caused by worklessness / rising unemployment, inadequate pensions, homelessness, substance misuse, mental ill-health and rising costs of living e.g. bankruptcy figures continue to rise
2. Health & Well Being -- their health suffers due to lack of nutrition leaving them vulnerable to illnesses and reduced immunity.
3. Building the 'Big Society' -- people in the community want to support those people in such crises -- they need opportunities, training and support to participate.
4. Project Experience -- collections of food have seen more than 15 tons donated / distributed annually to over 1,000 adults and children in crisis. Enquiries are increasing for our support, an unfortunate factor of today's climate.

Project Description -- "People In Crisis" comprises 4 spheres :-

1. Food & Hygiene Package Distribution -- provision of emergency food [non-perishables] and hygiene parcels for people / families in crisis.

Emergency food will last [on average] 3 days providing 10 balanced meals i.e. the minimum time for appropriate agencies to be in place and a longer term strategy developed to best support them.

2. Volunteer Development -- people from the community will be trained and supported as volunteers to collect / distribute the food, conduct driving duties, warehouse support and other tasks including mentoring & befriending.
3. Advocacy & Sign-posting -- project staff / volunteers will provide advice / support to individuals along with befriending and mentoring from volunteers. Furthermore, we will bring in other agencies which provide specialist help in order to develop a joined-up approach as a network and build capacity to support their many needs not just for food.
4. Partnership Development -- to facilitate the food for re-distribution, we will establish a network of donation / collection points working with food stores [e.g. Tesco], hospitals, schools, colleges, community centres, churches, shops etc.

Measurable Objectives -- the key targets set for the project over the next 3 years are as follows :-

1. Distribution of 3,000 food parcels for up to 3,000 people experiencing crisis [1,000 per year].
2. 30 new volunteers recruited / engaged [10 per year].
3. Development of 30 referral agencies to join the network
4. 30 collection points to be established [10 per year].

Overall Aim -- "People In Crisis" will ensure people in Redbridge who have reached crisis point are relieved of hunger, receive crisis support appropriate to their health, financial, social and welfare needs to progress them [back] to living independently.

Furthermore, local people will volunteer, gain new skills and improved life opportunities

whilst strengthening the community.

Track Record -- Redbridge Foodbank :-

- receives 16 tons of food donations annually.
- has created partnerships with 161 Care Professionals
- distributes 13 tons of food and non-food items to over 1,500 adults and children annually
- successfully set up 11 food Collection Points around Redbridge
- has engaged over 50 Volunteers as a community initiative.

Programme 'Reducing Poverty' : "People in Crisis" starts with ensuring people experiencing severe food poverty can eat by provision of actual food parcels. They can then gain access to advice, support and referral for financial / specialist services addressing debt, benefits, health care and employment training.

Meeting Principles of Good Practice -- Redbridge Foodbank is user led [Board level and user consultation] and "People In Crisis" is available to anyone experiencing food poverty from any community. Furthermore, the whole programme is supported by volunteers and as an organisation, we have a developing 'Environmental policy' taking steps such as recycling, energy saving and other methods.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

No planning or other consents are required for this project -- it is an existing programme which we are developing to add resources and make even more effective having already achieved part funding, a dedicated vehicle, free rent for our centre and donated food.

Do you have a Vulnerable Adults policy? ~~No~~ YES

What Quality Marks does your organisation currently hold?

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

Food & Hygiene Package Distribution -- provision of 3,000 food parcels for up to 3,000 people experiencing crisis [1,000 per year] comprising food and hygiene / wash goods -- the [free] emergency food will last [on average] 3 days providing 10 balanced meals per person / family.

Volunteer Development -- 30 people [10 per year].from the community [including service users] will be trained and supported as volunteers to collect / distribute the food, conduct driving duties, warehouse support and other tasks such as admin, mentoring & befriending.

**Advocacy & Sign-posting -- project staff / volunteers will provide advice / support to individual service users along with befriending and mentoring support.
Recruitment / engagement of 30 agencies to join the network enabling service user access to specialist providers of [financial] advice and personal health / development services.**

128
Partnership Development -- to facilitate the food for re-distribution, we will establish a network of 30 collection points [10 per year] working with food stores [e.g. Tesco], hospitals, schools, colleges, community centres, churches, shops and anywhere else that might want to gain involvement with the scheme.

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

Food Distribution - People experiencing crisis will be relieved of hunger, improve their health and hygiene by receiving food and wash / hygiene goods. They will receive 3 days crisis support whilst an emergency plan is established and initiated enabling them to gain essentials to live [food, shelter and income]

Volunteering - Local people [and service users] will have opportunities to volunteer and acquire new skills / experience assisting them to progress along their life pathways in order to compete for employment opportunities whilst supporting peers. This will also build a stronger community coming together to help people in crisis.

Advocacy & Sign-posting - People experiencing crisis will access advice, advocacy and services from the project and collaborating specialist agencies. This will enable service users to improve their health, welfare and work towards [re]gaining full independence as they become capable of progressing out of crisis and back to independence.

Partnership Development - Myriad agencies from all sectors will collaborate as a network to develop a strategic response locally to issues of poverty and particularly hunger which will build a stronger community, ready and prepared to assist people whose circumstances have led to crisis.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

Ideally, "People In Crisis" would not be needed once the recession ends, however we foresee the need continuing, therefore the project will continue as long as it is required funded through in-kind donations e.g. resources / rent / food and volunteer time, complemented by grants [Trusts] and statutory moneys for which we will continue bidding.

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

1,000

In which Greater London borough(s) or areas of London will your beneficiaries live?

Redbridge (85%)

Waltham Forest (5%)

Newham (5%)

Barking & Dagenham (5%)

What age group(s) will benefit?

All ages

What gender will beneficiaries be?

All

What will the ethnic grouping(s) of the beneficiaries be?

Other ethnic group (including Arab)

If Other ethnic group, please give details: **Food poverty is being experienced by people from all communities**

What proportion of the beneficiaries will be disabled people?

1-10%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Staff Salary [and NI]	28,786	29,384	29,993	88,163
Staff & Volunteer Costs	3,900	3,978	4,058	11,936
Project Revenue costs [Direct]	7,023	6,868	6,816	20,707
Capital Costs [Commercial Vehicle]	18,330	0	0	18,330
Overheads	9,000	9,180	9,364	27,544
Food and Goods for Packages	20,000	20,000	20,000	60,000
	0	0	0	0
	0	0	0	0
	0	0	0	0

TOTAL:	87,039	69,410	70,231	226,680
---------------	---------------	---------------	---------------	----------------

What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
Redbridge Foodbank	9,000	9,180	9,364	27,544
Clothworkers Foundation	18,000	0	0	18,000
The Community / Partners	20,000	20,000	20,000	60,000
Henry Smith Charity	20,000	20,000	20,000	60,000

TOTAL:	67,000	49,180	49,964	165,544
---------------	---------------	---------------	---------------	----------------

What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
City Bridge Trust, if successful, would be the final match	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0

TOTAL:	0	0	0	0
---------------	----------	----------	----------	----------

How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Project Manager	18,786	19,384	19,993	58,163
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0

TOTAL:	18,786	19,384	19,993	58,163
---------------	---------------	---------------	---------------	---------------

Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended: 31st	Month: March	Year: 2014
----------------------------	--------------	------------

Income received from:	£
Voluntary income	189,032
Activities for generating funds	
Investment income	
Income from charitable activities	
Other sources	
Total Income:	189,032

Expenditure:	£
Charitable activities	132,984
Governance costs	496
Cost of generating funds	9,313
Other	9,897
Total Expenditure:	152,690
Net (deficit)/surplus:	36,342
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	36,342

Asset position at year end	£
Fixed assets	13,620
Investments	
Net current assets	44,969
Long-term liabilities	
*Total Assets (A):	58,589

Reserves at year end	£
Endowment funds	
Restricted funds	57,090
Unrestricted funds	1,499
*Total Reserves (B):	58,589

*** Please note that total Assets (A) and Total Reserves (B) should be the same.**

Statutory funding

For your most recent financial year, what % of your income was from statutory sources?

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	0	33,015	8,254
London Councils	0	0	0
Health Authorities	0	0	0
Central Government departments	0	0	0
Other statutory bodies	0	0	0

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
1. ES Grassroots Dispossessed Fund	10,000	0	0
2. Redbridge Small Grants Fund	0	2,684	0
3. Sport Relief-ES Dispossessed Fund	0	16,002	0
4. Clothworkers' Foundation	0	0	18,000
5. The Henry Smith Charity	0	0	20,000

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Jocelyn Davis**

Role within **Manager**
Organisation:

This page is intentionally left blank

The City Bridge Trust

Investing In Londoners: Application for a grant



About your organisation

Name of your organisation: Sutton Borough Citizens Advice Bureaux	
If your organisation is part of a larger organisation, what is its name? Member of Citizens Advice	
In which London Borough is your organisation based? Sutton	
Contact person: Mr Steve Triner	Position: Borough Advice Services Manager
Website: http://www.suttoncabx.org.uk	
Legal status of organisation: Registered Charity	Charity, Charitable Incorporated Company or company number: 1061654/0
When was your organisation established? 04/09/1939	

Grant Request

Under which of City Bridge Trust's programmes are you applying? Reducing Poverty
Which of the programme outcome(s) does your application aim to achieve? More people accessing debt and legal services
Please describe the purpose of your funding request in one sentence. To develop our Welfare Benefit Appeal Project, currently an unfunded pilot project, into a larger project that better meets demand for welfare benefits appeal support
When will the funding be required? 02/06/2014
How much funding are you requesting? Year 1: £27,622 Year 2: £28,451 Year 3: £29,304 Total: £85,377

Aims of your organisation:

SBCABx, like all CABx, aims "to provide the advice people need for the problems they face and to improve the policies and practices that affect people's lives"

We provide free, confidential, independent and impartial advice.

Main activities of your organisation:

Our telephone and website 'gateway' system ensures that our work is focussed on those people and issues where our advice will make the greatest impact. In 2013/14, we took a total of 11,842 enquiries through our gateway. Our general advice service, i.e. advice provided by volunteers, provided 2218 appointments in the last year. Our projects include our Capitalise debt service that in 2012/13 advised 865 clients; our Independent Advice Services that advises clients referred by social services; our 'Check your Benefits' project that provides welfare benefits entitlement advice to 500 clients a year with disabilities / long term health problems. Our Sutton Advice Link project provides CAB advice at seven locations across the borough in partnership with multiple NFP agencies. We usually have 75 active volunteers.

SBCABx regularly makes recommendations and suggestions for service and legislative improvements to local and national decision makers. E.g we recently met with our MPs about the probable impact of further legal aid cuts.

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
11	9	8	75

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Leased	two years

Summary of grant request

We need to develop our Benefits Appeal Project (BAP) to meet demand. The BAP has run since September 2012 as a small, unfunded pilot project. In last 12 months, it assisted 24 clients out of the 109 people who requested support with their appeal. The project's appeal success rate is 82% (the national success rate is below 40%) with average financial gains of £6616 per client. The project is not sustainable without funding.

We have trained law students to assist clients with First Tier Tribunal appeals by producing submissions and helping them to collect relevant evidence. The students work on the FTT submissions at home but attend the bureau one evening a week to discuss their work with a supervisor. The supervisor approves the submissions before they are sent to the client and the Tribunal. The project is distinct from our core service as the students cannot usually volunteer during the day and do not have the time to train as actual advisers.

We will expand the project with a 0.5 FTE supervisor who would be available two evenings a week to support the students; provide email support at other times; check and co-ordinate their work and use the project's experience to identify and make recommendations to Decision Makers to tackle the causes of poor decision making. The supervisor would train and support the students with a wider range of appeals than currently available such as overpayment and sanctions appeals and Upper Tier Tribunals. Upper Tier appeals are currently particularly important as many aspects of new welfare benefits legislation need to be clarified by the UTT but justice requires support for clients with such appeals to ensure fair challenges to the DWP interpretations. The PIP roll-out will increase demand for appeals support.

We would easily recruit additional students to the project as many law students prefer volunteering for a charity to internships with commercial firms. We do not currently have adequate staff to train, support and supervise more students. The increased supervision would enable the students to interview clients to produce statements and therefore reduce the reliance on medical evidence. Many health professionals are reluctant to provide medical evidence.

The results from the successful pilot project would be replicated on a larger scale. We hold the Advice Quality Standard with case work in four advice topics including welfare benefits. We are the only organisation in the borough providing significant welfare benefits appeals support. We work with eight organisations such as the Mental Health Foundation and the Carers Centre, all of whom can / would refer clients to the BAP.

The project will reduce poverty by enabling more people to access legal advice. 60% of our debt clients are in receipt of welfare benefits. We anticipate that nearly all of the project's clients would be of working age. CPAG state that "the risk of a non-disabled child being in poverty in a household with a disabled adult is 29% in a household receiving disability benefits, but this rises to 43% in a household not receiving disability benefits."

We consult widely with our service-users in the management and running of the service. We have carried out three client telephone surveys in the last six months and used the data to make improvements such as to our telephone system. We welcome people from all backgrounds as clients, volunteers, staff and trustees. We have 'Two Ticks -- positive about Disabled People' accreditation. We have the 'Expert in Volunteering' certificate from our Volunteer Centre. We have had an environment audit and have taken steps such as loft insulation, default double sided printing and cycling promotion.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Not Applicable

Do you have a Vulnerable Adults policy? **No**

What Quality Marks does your organisation currently hold?

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

In the last year we have trained 12 students who worked on the project. We would increase that number to 36 students per year

We would expand the scope of the project to include 'Set Aside' applications and Upper Tier Tribunal appeals. We estimate that we would undertake at least 15 Upper Tier Tribunal appeals a year

In the last year, we produced 24FTT submissions. We would, with increased student numbers, increase that number to 140 and then 150 submissions per year

We would analyse the appeal cases and produce a report on the reasons for the incorrect original decisions. We would produce six monthly / four monthly reports to try to improve the accuracy of DWP decision making.

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

We would anticipate that scaling-up the project would increase total financial gains to at least £500,000 per annum

We would survey BAP clients to obtain data as to the impact of the successful appeals on poverty reduction and quality of life. We know from experience of a carers income maximisation project that the increased income not only reduces poverty but reduces stress and improves health

The evidence we submit to the DWP may help improve decision making which means that even people who have not directly accessed the service will indirectly benefit from it.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

We will seek alternative funding to continue the project.

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

150

In which Greater London borough(s) or areas of London will your beneficiaries live?

Sutton (100%)

What age group(s) will benefit?

0-15

16-24

25-44

45-64

65-74

What gender will beneficiaries be?

All

What will the ethnic grouping(s) of the beneficiaries be?

A range of ethnic groups

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

81-90%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
0.5 FTE Project Worker Salary costs	16,537	17,033	17,544	51,114
Management Time	3,027	3,118	3,211	9,356
Overheads / Volunteer Expenses / ICT etc	8,058	8,300	8,549	24,907
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0

TOTAL:	27,622	28,451	29,304	85,377
---------------	---------------	---------------	---------------	---------------

What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
Not applicable	0	0	0	0
Not applicable	0	0	0	0
	0	0	0	0
	0	0	0	0

TOTAL:	0	0	0	0
---------------	----------	----------	----------	----------

What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
None	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0

TOTAL:	0	0	0	0
---------------	----------	----------	----------	----------

How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
0.5 FTE Project Worker Salary costs	16,537	17,033	17,544	51,114
Management Time	3,027	3,118	3,211	9,356
Overheads / Volunteer Expenses /ICT etc	8,058	8,300	8,549	24,907
	0	0	0	0
	0	0	0	0

TOTAL:	27,622	28,451	29,304	85,377
---------------	---------------	---------------	---------------	---------------

Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: March	Year: 2013
-----------------------	---------------------	-------------------

Income received from:	£
Voluntary income	21,090
Activities for generating funds	2,006
Investment income	6,409
Income from charitable activities	676,312
Other sources	114,666
Total Income:	820,483

Expenditure:	£
Charitable activities	800,145
Governance costs	7,017
Cost of generating funds	0
Other	11,068
Total Expenditure:	818,230
Net (deficit)/surplus:	2,253
Other Recognised Gains/(Losses):	0
Net Movement In Funds:	2,253

Asset position at year end	£
Fixed assets	36,156
Investments	0
Net current assets	279,670
Long-term liabilities	0
*Total Assets (A):	315,826

Reserves at year end	£
Restricted funds	32,362
Endowment Funds	0
Unrestricted funds	283,464
*Total Reserves (B):	315,826

* Please note that total Assets (A) and Total Reserves (B) should be the same.

Statutory funding

For your most recent financial year, what % of your income was from statutory sources?
81-90%

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

In April 2013, our Legal Aid contracts for welfare benefits and debt ended. In 2012/13, our legal aid income was £103,659. In 2013/14, we expect legal aid income of approximately £30,000. Our ASTF funding for 13/14 is £87,722 (net). Our income for 13/14 is forecast to be £18600 lower than previous year but with increased costs on e.g. salaries, utilities and pensions

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	444,752	423,055	438,414
London Councils	0	0	0
Health Authorities	0	0	0
Central Government departments	226,328	167,343	106,175
Other statutory bodies	121,495	137,657	131,569

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
Lloyds TSB Foundation	0	12,800	12,000
Advice Services Fund	0	0	56,311
NHS Charitable Trust	0	16,900	21,350
Citizens Advice Financial Capability	0	6,436	0
Rayne Foundation	4,000	10,000	0

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Steve Triner**

Role within **Chief Executive**
Organisation:

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
0.5 FTE Project Worker Salary costs	16,537	17,033	17,544	51,114
Management Time	3,027	3,118	3,211	9,356
Overheads / Volunteer Expenses / ICT etc	8,058	8,300	8,549	24,907
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0

TOTAL:	27,622	28,451	29,304	85,377
---------------	---------------	---------------	---------------	---------------

What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
Not applicable	0	0	0	0
Not applicable	0	0	0	0
	0	0	0	0
	0	0	0	0

TOTAL:	0	0	0	0
---------------	----------	----------	----------	----------

What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
None	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0

TOTAL:	0	0	0	0
---------------	----------	----------	----------	----------

How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
0.5 FTE Project Worker Salary costs	16,537	17,033	17,544	51,114
Management Time	3,027	3,118	3,211	9,356
Overheads / Volunteer Expenses /ICT etc	8,058	8,300	8,549	24,907
	0	0	0	0
	0	0	0	0

TOTAL:	27,622	28,451	29,304	85,377
---------------	---------------	---------------	---------------	---------------

Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: March	Year: 2013
-----------------------	---------------------	-------------------

Income received from:	£
Voluntary income	21,090
Activities for generating funds	2,006
Investment income	6,409
Income from charitable activities	676,312
Other sources	114,666
Total Income:	820,483

Expenditure:	£
Charitable activities	800,145
Governance costs	7,017
Cost of generating funds	0
Other	11,068
Total Expenditure:	818,230
Net (deficit)/surplus:	2,253
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	2,253

Asset position at year end	£
Fixed assets	36,156
Investments	0
Net current assets	279,670
Long-term liabilities	0
*Total Assets (A):	315,826

Reserves at year end	£
Restricted funds	32,362
Endowment Funds	0
Unrestricted funds	283,464
*Total Reserves (B):	315,826

* Please note that total Assets (A) and Total Reserves (B) should be the same.

Statutory funding

For your most recent financial year, what % of your income was from statutory sources?
81-90%

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

In April 2013, our Legal Aid contracts for welfare benefits and debt ended. In 2012/13, our legal aid income was £103,659. In 2013/14, we expect legal aid income of approximately £30,000. Our ASTF funding for 13/14 is £87,722 (net). Our income for 13/14 is forecast to be £18600 lower than previous year but with increased costs on e.g. salaries, utilities and pensions

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	444,752	423,055	438,414
London Councils	0	0	0
Health Authorities	0	0	0
Central Government departments	226,328	167,343	106,175
Other statutory bodies	121,495	137,657	131,569

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
Lloyds TSB Foundation	0	12,800	12,000
Advice Services Fund	0	0	56,311
NHS Charitable Trust	0	16,900	21,350
Citizens Advice Financial Capability	0	6,436	0
Rayne Foundation	4,000	10,000	0

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Steve Triner**

Role within **Chief Executive**
Organisation:

This page is intentionally left blank

The City Bridge Trust

Investing In Londoners: Application for a grant



About your organisation

Name of your organisation: Turkish Cypriot Women's Project	
If your organisation is part of a larger organisation, what is its name?	
In which London Borough is your organisation based? Haringey	
Contact person: Mrs Leman Nami	Position: Development Worker/Fundraising Officer
Website: http://www.tcwp.org.uk	
Legal status of organisation:	Charity, Charitable Incorporated Company or company number: 1049089
When was your organisation established? 20/11/1984	

Grant Request

Under which of City Bridge Trust's programmes are you applying? Reducing Poverty
Which of the programme outcome(s) does your application aim to achieve? More Londoners with improved economic circumstances More people accessing debt and legal services
Please describe the purpose of your funding request in one sentence. Providing individual debt advice and money management training to low-income Turkish-speaking women in North London
When will the funding be required? 01/09/2014
How much funding are you requesting? Year 1: £20,737 Year 2: £20,737 Year 3: £20,737 Total: £62,211

Aims of your organisation:

Turkish Cypriot Women's Project(TCWP) - our mission is to transform the lives of Turkish speaking women who are in need due to hardship and distress. We aim to provide services geared to the enhancement and advancement of women and their families to enable them to become active citizens.

Our objectives are to:

- Promote health and well being for Turkish speaking women and their families by providing advice sessions and focus/discussion groups.
- Support women who have experienced mental and physical distress as a result of domestic violence.
- Identify and meet the developmental needs of women and their families by providing a range of services.
- Promote awareness of the needs of the Turkish speaking women amongst statutory and voluntary sector service providers to ensure effective service delivery.
- Ensure that all services are provided within an equal opportunities framework.
- Advance the education of women by the provision of classes and training courses.

Main activities of your organisation:

We provide advocacy and generic advice services covering social welfare law; housing and homelessness, welfare benefits, education, training, employment, debt management. We provide legal awareness sessions and facilitate opportunities for users to engage and learn skills so they become more confident and self reliant.

We provide activities and services to help reduce social isolation (Luncheon Club for older members of the community, and Housing Related Support (Supporting People) service to vulnerable Haringey residents.

We run a volunteering and work placement programme for young people where they learn skills in business administration and organising activities.

Support services are provided for women and children affected by domestic violence and deprivation.

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
2	4	8	7

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Owned	

Summary of grant request

60% of our clients experience difficulties managing their money compounded by: a lack of knowledge of 'the system'; issues of personal confidence and that they are ESOL speakers. The majority are social housing tenants living on benefit and failure to manage their finance results in rent arrears, court action and potentially loss of accommodation.

Turkish-speaking women need prompt access to advice, in their original language, when facing crisis situations. In addition to and seeking immediate help with debt issues, there is a need to 'up-skill' the women in regard to money management, giving them the confidence to deal with external factors (e.g. benefit agencies).

We will appoint a dedicated part-time female (for legitimate cultural reasons) Turkish-speaking qualified debt adviser who will work with women to:

- provide one to one debt advice to address crisis situations
- facilitate improved knowledge and understanding of money management and develop personal confidence working in small groups
- provide information, advice and practical help to women who need to make best use of their limited income either through income maximization (e.g. claiming for all benefits to which they are entitled) or access to lower cost services (e.g. concessionary prices)
- provide initial telephone assessment

Our project will provide debt crisis help and money management education to Turkish-speaking women in North London through 4 strands of work:

- face to face individual debt advice by appointment
- first-line telephone information concerning debt issues
- group-based money management workshops to provide skills and understanding for individuals and families to optimise their use of limited resources
- practical help accessing mainstream financial products and services that will facilitate effective money management

Turkish Cypriot Women's Project (TCWP) is an established voluntary organization with its own premises in Green Lanes, a hub for the Turkish-speaking community in London, which has operated successfully for 29 years. We are a quality-assured advice agency through the Advice Quality Service (n.b. have held the AQS Quality Mark in General Help with Casework for over 12 years) and renew our OISC Immigration Advice Level One accreditation annually.

Our project will make a positive contribution to Reducing Poverty, primarily through more people accessing debt and legal services. It will also make a contribution to more Londoners with improved economic circumstances and its targeting of Turkish-speaking women is directly related to your English for Speakers of Other Languages priority around people accessing mainstream services.

TCWP has a track record of providing a quality and caring service to all Turkish-speaking

women who come to us in need of advice and support. Feedback indicates that our service users feel comfortable approaching us as we provide a holistic and culturally sensitive service in their original language. Service users also report an improvement to their well-being, relationship with families and friends and their quality of life because of our knowledge and support. TCWP has recently updated its constitution to enable it to support women from non-Turkish-speaking Black and Minority Ethnic communities.

We address the Trust's 'Good Practice' principles by:

- involving service users in discussion groups that enable us to focus on clients' needs which are implemented into our organizational workplan. Our management committee includes service users
- ensuring that our working practices comply with equal opportunities obligations and that we embrace all nine equality categories
- empowering our service users as volunteers and active participants within our organisation
- reducing carbon footprint by reusing and recycling all paper where possible, increasing employee awareness, reducing the amount of energy used, buying more environmentally friendly products

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Not Applicable

Do you have a Vulnerable Adults policy? **No**

What Quality Marks does your organisation currently hold?

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

70 Turkish-speaking women (Year 1) receive individual debt advice from a qualified adviser at an Advice Quality Service accredited agency (increases by 10% in years 2 and 3)

7 money management workshops (Year 1-3) providing information and supporting Turkish-speaking women to build their confidence in dealing with debt and other money management issues

20 Turkish-speaking women per annum (Year 1-3) benefit from practical help in accessing mainstream financial and other services (e.g. help in opening an account with the credit union or low-cost healthy leisure activities)

90 Turkish speaking women per annum (Year 1-3) benefit from the initial telephone assessment

708
What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

232 Turkish-speaking women benefit from practical help dealing with debt issues over 3 years

210 Turkish-speaking women gain knowledge and understanding from the workshops which makes them more confident in day to day money management over 3 years

Family members in Turkish-speaking households benefit from the increased money management skills of women

Women and children experience some limited relief from poverty as a result of more effective use of their limited income

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

We will continue to seek further funding from other trusts and local authorities, and we will also organise fundraising events to raise money to continue providing this essential service. We also have office space for rent. We will promote our office space to help generate income too.

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

90

In which Greater London borough(s) or areas of London will your beneficiaries live?

London-wide (100%)

What age group(s) will benefit?

16-24

25-44

45-64

65-74

75 and over

What gender will beneficiaries be?

Female

What will the ethnic grouping(s) of the beneficiaries be?

Other ethnic group (including Arab)

If Other ethnic group, please give details: **Turkish Cypriot, Turkish, Kurdish**

What proportion of the beneficiaries will be disabled people?

1-10%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Salary (including NI)	15,685	15,685	15,685	47,055
Management Cost (15%)	2,352	2,352	2,352	7,056
Recruitment/Promotion/Advertising	300	150	100	550
Printing/Postage/Stationary	400	450	450	1,300
Training	400	350	250	1,000
Utilities (gas, water, electricity, telephone)	500	550	600	1,650
Insurance (contribution towards Prof Indemnity, Employer's Liability)	450	500	550	1,500
Audit and accountancy (contribution towards)	350	400	450	1,200
General running costs (contribution towards waste disposal, cleaning...)	300	300	300	900

TOTAL:	20,737	20,737	20,737	62,211
---------------	---------------	---------------	---------------	---------------

21,252 62,726

What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0

TOTAL:	0	0	0	0
---------------	----------	----------	----------	----------

What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0

TOTAL:	0	0	0	0
---------------	----------	----------	----------	----------

How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Salary(including NI)	15,685	15,685	15,685	47,055
Management Cost (15%)	2,352	2,352	2,352	7,056
Recruitment/Promotion/Advertising	300	150	100	550
Printing/Postage/Stationary	400	450	450	1,300
Training	400	350	250	1,000
Utilities (gas, water, electricity, telephone)	500	550	600	1,650
Insurance (contribution towards Prof Indemnity, Employer's Liability)	450	500	550	1,500
Audit and accountancy (contribution towards)	350	400	450	1,200
General running costs (contribution towards waste disposal, cleaning...)	300	300	300	900

TOTAL:	20,737	20,737	20,737	62,211
---------------	---------------	---------------	---------------	---------------

21,252 62,726

Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: March	Year: 2014
-----------------------	--------------	------------

Income received from:	£
Voluntary income	129,274
Activities for generating funds	12,755
Investment income	0
Income from charitable activities	0
Other sources	343
Total Income:	142,372

Expenditure:	£
Charitable activities	131,146
Governance costs	0
Cost of generating funds	0
Other	1,560
Total Expenditure:	132,706
Net (deficit)/surplus:	9,666
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	9,666

Asset position at year end	£
Fixed assets	294,239
Investments	0
Net current assets	43,687
Long-term liabilities	0
*Total Assets (A):	337,926

Reserves at year end	£
Endowment funds	0
Restricted funds	0
Unrestricted funds	337,926
*Total Reserves (B):	337,926

*** Please note that total Assets (A) and Total Reserves (B) should be the same.**

Statutory funding

For your most recent financial year, what % of your income was from statutory sources? 82%

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts: -

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	152,337	105,300	106,370
London Councils	0	0	0
Health Authorities	0	0	0
Central Government departments	0	0	0
Other statutory bodies	0	0	0

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
Nationwide Foundation	0	5,000	0
Transition Fund	0	19,996	0
Lloyds TSB Foundation	0	0	24,200
	0	0	0
	0	0	0

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Leman Nami**

Role within **Community/Volunteer Co-ordinator**
Organisation:

This page is intentionally left blank

The City Bridge Trust

Investing In Londoners: Application for a grant



About your organisation

Name of your organisation: Camden Volunteer Bureau	
If your organisation is part of a larger organisation, what is its name? n/a	
In which London Borough is your organisation based? Camden	
Contact person: Ms Hayley Watts	Position: Director
Website: http://www.volunteercentrecamden.org.uk	
Legal status of organisation: Registered Charity	Charity, Charitable Incorporated Company or company number: 1001907
When was your organisation established? 01/03/1990	

Grant Request

Under which of City Bridge Trust's programmes are you applying? Strengthening London's Voluntary Sector
Which of the programme outcome(s) does your application aim to achieve? More organisations with the skills to improve their volunteer management
Please describe the purpose of your funding request in one sentence. To improve the experience of involving volunteers for organisations, volunteers and the communities in which they operate.
When will the funding be required? 01/08/2014
How much funding are you requesting? Year 1: £62,184 Year 2: £63,039 Year 3: £0 Total: £125,233

Aims of your organisation:

To improve quality of life in Camden through active citizenship.
 To increase volunteering in Camden.
 To improve the accessibility of volunteering to all in Camden.
 To increase the quality of volunteer involvement in Camden for the benefit of volunteers, community organisations and the wider community.

Main activities of your organisation:

- 1) To offer a brokerage service that empowers people who are looking to volunteer to find a role that interests them, and to help promote organisations volunteering opportunities. This includes a general brokerage service as well as a specialist project helping to place trustees in organisations.
- 2) To excite and inform people in Camden about the potential benefits of volunteering to themselves and their communities. This includes marketing and outreach activity.
- 3) To promote the development of good practice in relation to the involvement of volunteers among volunteer involving organisations. This includes one to one support, workshops and written resources.
- 4) To create new volunteering opportunities in Camden. We do this through supporting groups to identify volunteering roles, and develop them so that they can be advertised.
- 5) To comment and campaign on national and local issues that affect volunteering or volunteers.
- 6) To take an active role in the strategic development of volunteering.

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
1	5	10	43

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Leased	currently under negotiaition

Summary of grant request

Project Need.

In our 2013 annual survey of organisations we asked what services people would like to keep. Training for Volunteer Coordinators was one of the most popular responses. 84% said that they would /do use Volunteer Coordinators' Forums, several people were not aware of this service so we are increasing the marketing and promotion. 82% said that they would use /use one to one support for volunteer coordinators.

Delivery.

We will deliver some of the training courses in partnership with other Volunteers Centres, allowing each centre to deliver less courses but making sure that places are full and available to Camden groups. The one to one support sessions will be delivered by our paid worker using existing health checks and checklists, and will include an action plan of improvements to make over time. Support will also be provided for one off questions by phone, email and social media. One to one support will showcase examples of good practice to share across our networks.

Planned achievements.

- 1) Increase the confidence of people coordinating volunteers in Camden
- 2) Increase the quality of volunteering roles on offer, including supporting organisations to develop volunteering roles that make best use of professional skills and expertise
- 3) Help organisations have a better understanding of what best practice in volunteer management comprises and how to implement this
- 4) Increase opportunities for people coordinating volunteers to share ideas, experiences and to develop joint initiatives

Right organisation to deliver.

We are already in contact with 400 people coordinating volunteers in Camden based not for profit organisations that involve volunteers, this number is growing. We have the council contract to be a Lead Volunteering Infrastructure in Camden, placing us as the recognised expert in volunteer involvement. Best Practice Support is a function we already have a good reputation for delivering on, as shown in our organisational survey.

Voluntary Sector Support.

We will enable voluntary, community and social enterprise organisations to improve volunteer management. We will do this by providing a point of contact for queries, offering training and one to one coaching, on going support and facilitating networking in person and online.

Tracking benefits.

We ask organisations accessing training and networking opportunities to evaluate the service including what if any changes they will make to their organisation, and we ask them to rate changes in confidence. This is followed up over a period of time to assess differences made and any further support needed. The coaching and one to one support is more on going, and we will ask recipients to provide feedback at the end of the action plan being completed, or after 12 months, whichever is sooner.

We conduct an annual online survey to gather feedback on our work and gain ideas for future improvements.

Smaller less well resourced organisations usually involve less volunteers by their nature. We will offer training and networking opportunities to these organisations. We will advertise these via Camden Council, and Voluntary Action Camden. We will offer 2 group sessions per year in addition to quarterly Volunteer Coordinator Forum's to outline services available to these organisations to increase awareness of our services and current best practice in volunteering. We will work closely with Voluntary Action Camden who support smaller groups to set up to refer them to our services once they are ready to start engaging

volunteers.

We will share learning with the wider sector through our mailing list (400 people coordinating volunteers) and networking events. We will share learning using online resources such as UKVPM's, Linked In, Camden Councils and Greater London Volunteering Networks.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

n/a

Do you have a Vulnerable Adults policy? **No**

What Quality Marks does your organisation currently hold?

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

Camden Volunteer Coordinators' Forum. This is a quarterly meeting to share good practice. We will also develop a Linked In group to encourage networking online.

One to one support to organisations. This will include completing a health check with organisations, drafting an action plan and supporting them to implement the improvements identified. It will also include sharing of good practices for wider replication.

Training in Best Practice in volunteer management. This will include introductions to volunteer involvement, volunteer recruitment and selection, assessing the impact of volunteer involvement

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

People coordinating volunteers will have improved peer support networks and better knowledge about best practice in volunteer involvement

Increased confidence of people coordinating Camden volunteers to develop best practice in volunteer management in their organisations

Increased number of Camden organisations meet best practice standards as set out in the Volunteer Management Charter

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

We plan to develop ways of working with partners in London to consider how we can make this service more sustainable through shared learning, advertising and provision of training and best practice support offered through increased collaboration among volunteer centres.

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

45

In which Greater London borough(s) or areas of London will your beneficiaries live?

Camden (100%)

What age group(s) will benefit?

All ages

What gender will beneficiaries be?

All

What will the ethnic grouping(s) of the beneficiaries be?

A range of ethnic groups

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

1-10%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Best Practice Manager (3 days per week)	22,061	22,503	0	44,563
Marketing Manager (contributing 1 day per week to this role)	7,354	7,501	0	14,854
Staff travel, training/ development and recruitment	1,217	1,217	0	2,433
Website, publicity, and events	1,500	1,500	0	3,000
Monitoring and evaluation	800	800	0	1,600
Volunteer involvement (including out of pocket expense, training and rewards)	3,666	3,666	0	7,333
Contribution to overheads (including utilities, rates, postage, insurance, audit and book keeping, equipment etc)	10,583	10,583	0	21,167
IT support	1,667	1,667	0	3,333
Management support	13,337	13,604	0	26,941
TOTAL:	62,184	63,039	0	125,244

What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	0	0	0	0

What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	0	0	0	0

How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Best Practice Manager (30 hours per week)	22,061	22,502	0	44,563
Marketing Manager (7.5 hours per week)	7,354	7,501	0	14,854
Staff travel, training/ development and recruitment	1,217	1,217	0	2,433
Website, publicity, and events	1,500	1,500	0	3,000

Monitoring and evaluation	800	800	0	1,600
Volunteer involvement (including out of pocket expense, training and rewards)	3,666	3,666	0	7,333
Contribution to overheads (utilities, postage, insurance, audit/ book keeping, equipment etc)	10,583	10,583	0	21,167
IT support	1,667	1,667	0	3,333
Management support	13,337	13,604	0	26,941
TOTAL:	62,184	63,039	0	125,224

Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: March	Year: 2013
-----------------------	---------------------	-------------------

Income received from:	£
Voluntary income	2,964
Activities for generating funds	0
Investment income	204
Income from charitable activities	412,751
Other sources	0
Total Income:	415,919

Expenditure:	£
Charitable activities	397,616
Governance costs	2,728
Cost of generating funds	0
Other	0
Total Expenditure:	400,344
Net (deficit)/surplus:	15,575
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	15,575

Asset position at year end	£
Fixed assets	0
Investments	0
Net current assets	92,842
Long-term liabilities	0
*Total Assets (A):	92,842

Reserves at year end	£
Endowment funds	0
Restricted funds	12,660
Unrestricted funds	80,182
*Total Reserves (B):	92,842

* Please note that total Assets (A) and Total Reserves (B) should be the same.

Statutory funding

For your most recent financial year, what % of your income was from statutory sources?
31-40%

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

No significant changes.

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	155,752	128,877	14,303
London Councils	0	0	0
Health Authorities	0	0	0
Central Government departments	0	0	0
Other statutory bodies	0	0	0

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
City Bridge Trust	0	54,485	63,188
Volunteering England/ NCVO	0	11,810	48,912
Capacity Builders	39,955	0	0
Transforming Local Infrastructure	0	0	29,739
Hampstead Wells an Campden Trust	5,000	5,000	5,000

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Hayley Watts**

Role within **Director**
Organisation:

The City Bridge Trust
Investing In Londoners:
Application for a grant



About your organisation

Name of your organisation: Ethical Property Foundation	
If your organisation is part of a larger organisation, what is its name? n/a	
In which London Borough is your organisation based? Hackney	
Contact person: Ms Antonia Swinson	Position: Director
Website: http://www.ethicalproperty.org.uk	
Legal status of organisation: Registered Charity	Charity, Charitable Incorporated Company or company number: 1101812
When was your organisation established? 01/01/2003	

Grant Request

Under which of City Bridge Trust's programmes are you applying? Strengthening London's Voluntary Sector
Which of the programme outcome(s) does your application aim to achieve? More organisations with improved skills in financial management
Please describe the purpose of your funding request in one sentence. Provide high quality property advice to London's voluntary sector to reduce property costs, risks and worry and enable organisations to focus on vital frontline work.
When will the funding be required? 01/05/2014
How much funding are you requesting? Year 1: £49,710 Year 2: £49,256 Year 3: £48,442 Total: £147,408

Aims of your organisation:

Our aims are driven by our core beliefs:

We believe that buildings can be used to deliver financial, social and environmental returns.

Use of buildings should balance the interests of owners, managers, tenants, staff and the community.

Balancing the interests of all stakeholders in a building involves changing behaviour.

Balancing the interests of all stakeholders in a building challenges unequal power relations.

Challenging unequal power relations requires access to knowledge, resources and advice.

All involved with a building can work together as a positive force in society.

To this end our core aims are:

- 1 - to work proactively for a charity sector where no charity suffers reduced effectiveness due to lack of appropriate property support
- 2 - to work proactively for a commercial property sector driven by a triple (environmental, social and financial) rather than single financial bottom line.
- 3 - to continue developing with care and imagination as a sustainable, well run organisation, capable of creating lasting change.

Main activities of your organisation:

1 - A Free Property Services for Charities

Our Service was launched in 2006. We have since provided individual property advice to over 1,000 charities and community groups (736 charities in London saving more than £1.7m.) We have successfully helped them to rent, buy, let and manage property, empowering them to spend less time, money and worry on property issues, transforming buildings into assets that support frontline work.

We also offer in-depth consultancy which contributes to our sustainability.

2 - Research

To deepen knowledge of charities' property concerns, we work in partnership with the Charity Commission, developing our annual Charity Property Matters survey; online resources plus a new property advice portal.

3 - Delivering high industry standards in the commercial property sector

Since 2011, the Foundation, championed by charities, academics and property professionals, have developed the fairplace award -- a unique quality mark which recognises socially and environmentally responsible management of buildings. Successfully piloted, fairplace will be launched this summer.

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
3	3	7	80

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Leased	Ongoing, a rolling agreement

Summary of grant request

1 - Need

We are immensely grateful to the Trust for previous funding which helped establish our free London-wide Property Advice Service. There remains a fundamental and enduring lack of capacity within the sector, we are therefore seeking funding to maintain and increase this service from 100 to 150 client organisations p.a, with marketing support to ensure we maintain and deepen our reach in all 32 boroughs.

Funding cuts and changes in local borough policies on rent setting, non-domestic rates, asset transfers as well as community rights and the push to engage in public service delivery are the key factors creating a crushing need for charities to access our free quality property advice. We bring clarity to trustees and staff and prevent expensive mistakes which can lead to closure. We currently handle 100 cases p.a. and cannot satisfy demand.

We help evaluate property offerings, and work with borough property managers to understand the culture, constraints and language of the voluntary sector.

Since 2006, the Foundation has built a strong reputation as a trusted provider of property advice to small and medium sized charities. We have to date helped 736 London charities with individual support.

Our recent Charity Property Matters survey showed:

40% of charities consider their building is the greatest risk facing their organisation

40% found the cost and availability of professional advice a problem in the last 3 years.

Our prompt advice delivers a multiple of each grant pound: saving local projects from closure, enabling groups to raise new income from their premises, reduce property risks and enabling more people to access existing and new services.

2 - Delivery

We will deliver:

Tailored telephone advice and support e.g. site visits

Hands-on support to the least well-resourced groups, including those working in disadvantaged areas, with disabled people, and black and minority ethnic-led organisations.

A comprehensive free website with jargon-free, regularly updated information on finding, renting, buying and managing premises - from a charity perspective.

A Register of 35+ London Property Professionals including solicitors, surveyors, relocation and refurbishment experts and agents, who offer pro bono/discounted advice and services.

Marketing our service to a wide range of infrastructure and network organisations

A pilot training workshop tailored to non-property managers

In 2016 - a 10th Anniversary celebration of the London Property Advice Service

3 - Aims

Over the three years our London Property Advice Service aims to:

- * support 450 small & medium charities and community groups. Calculating at a conservative 100 stakeholders per organisation this would benefit 45,000 Londoners
- * Market proactively to networks and organisations across London to deepen our reach
- * Create vibrant online support for 570 registered London organisations

Our Service will be delivered by our current team with 35+ years' combined property experience. We will also recruit a Senior Property Adviser. Marketing will be undertaken by the Director and Marketing Co ordinator.

The Foundation offers a unique and comprehensive service, combining passion for charities with practical commercial property knowledge.

Strengthening London's Voluntary Sector

Our work improves the financial management and planning skills of staff and trustees through better understanding of property costs, risks, waste, and increased confidence in working with professionals.

'Principles of Good Practice'

- We track cascade benefits through six monthly client surveys which show savings made and income generated.
- Feedback on our training, 6 monthly surveys, independent client follow up, equip us for continuous improvement e.g. updating online resources.
- We improve access to our services through network marketing, exhibiting at conferences, and tailoring services to need
- We share learning across the wider sector -- collaborating with key partners e.g. the Charity Commission

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

n/a

Do you have a Vulnerable Adults policy? **No**

What Quality Marks does your organisation currently hold?

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

Our London Property Advice team will deliver tailored property advice for 450 voluntary organisations. This includes telephone, face to face and written advice as well as site visits and client surgeries.

Refer 87 London based voluntary organisations over three years for pro bono or discounted professional support via our Register of London Property Professionals - which include valuers, project managers, solicitors and surveyors.

Provide on-line information resources to 570 London based voluntary organisations over three years through our website support, which will include regularly updated resources.

Work with City Bridge Trust to pilot a 'Property Management for Non Property Managers' workshop for 25 City Bridge Trust grantholders and selected participants drawn from across London.

Market our activities to London's third sector with a full marketing charity2charity communications plan including quarterly newsletters, articles in the charity press, extensive of social media, speeches/appearances at London charity events plus a 10th Anniversary celebration of the London Property Advice Service in 2016.

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

We will save these 450 organisations around £261,000 in avoidable property and organisational costs. The savings in staff stress, lost organisational capacity and other personal consequences are harder to quantify, but we know from our surveys, these are very real off balance sheet realities.

We will save at least 87 client organisations around £175,500 in professional fees through referrals to our Register of committed property professionals.

We will help 450 organisations generate £513,000 in new finance and income.

Through marketing across London we will expand the reach of our services and ensure we hit and preferably exceed our property advice service targets.

Through offering free 'Property Management for non Property Managers' training for City Bridge Trust grant holders, we will equip 25 senior managers & trustees to understand the complex role property plays in their organisational development; questions to ask stakeholders and suppliers and how to access support.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

Yes. We are working diligently to diversify income: building a consultancy portfolio, planning sponsorship packages and developing our industry standard fairplace award which will be launched later this year. However to continue to give quality, detailed free property advice to London's smallest and most vulnerable charities, we will always require some element of grant funding.

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

15,000

In which Greater London borough(s) or areas of London will your beneficiaries live?

London-wide (100%)

What age group(s) will benefit?

All ages

What gender will beneficiaries be?

All

What will the ethnic grouping(s) of the beneficiaries be?

A range of ethnic groups

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

1-10%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Property Advice Service team salaries & related costs	35,250	35,276	36,335	106,861
Marketing - staff salaries & related costs	6,753	6,956	7,164	20,873
Marketing costs - photography, webinars, events & publications	5,600	4,738	4,880	15,218
Office overheads	10,251	10,558	10,875	31,684
Web hosting and development	4,456	4,590	4,727	13,773
Travel and subsistence	1,000	1,030	1,061	3,091
Staff training	900	900	900	2,700
	0	0	0	0
	0	0	0	0

TOTAL:	64,210	64,048	65,942	194,200
---------------	---------------	---------------	---------------	----------------

What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
Trust for London	12,500	7,292	0	19,792
Consultancy Income (to be raised)	2,000	5,000	15,000	22,000
Sponsorship Income (to be raised)	0	2,500	2,500	5,000
	0	0	0	0

TOTAL:	14,500	14,792	17,500	46,792
---------------	---------------	---------------	---------------	---------------

What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0

TOTAL:	0	0	0	0
---------------	----------	----------	----------	----------

How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Property Advice Service team salaries & related costs	22,750	27,984	26,830	77,564
Marketing - staff salaries & related costs	4,753	5,147	5,230	15,130
Marketing costs - photography, webinars, events & publications	5,600	3,506	3,562	12,668
Office overheads	10,251	7,813	7,939	26,003
Web hosting and development	4,456	3,397	3,450	11,303
Travel and subsistence	1,000	762	774	2,536

026

Staff training	900	647	657	2,204
	0	0	0	0
	0	0	0	0
TOTAL:	49,710	49,256	48,442	147,408

Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended: 30	Month: September	Year: 2013
--------------------------	------------------	------------

Income received from:	£
Voluntary income	
Activities for generating funds	206,505
Investment income	734
Income from charitable activities	73,175
Other sources	
Total Income:	280,414

Expenditure:	£
Charitable activities	210,050
Governance costs	17,010
Cost of generating funds	23,338
Other	
Total Expenditure:	250,398
Net (deficit)/surplus:	30,016
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	30,016

Asset position at year end	£
Fixed assets	
Investments	
Net current assets	157,411
Long-term liabilities	
*Total Assets (A):	157,411

Reserves at year end	£
Endowment funds	
Restricted funds	25,484
Unrestricted funds	131,927
*Total Reserves (B):	157,411

* Please note that total Assets (A) and Total Reserves (B) should be the same.

Statutory funding

For your most recent financial year, what % of your income was from statutory sources? 1-10%

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:
--

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	0	0	0
London Councils	39,000	39,295	39,000
Health Authorities	0	0	0
Central Government departments	0	0	0
Other statutory bodies	0	0	0

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
Esmee Fairbairn Foundation	20,000	37,500	61,250
Tudor Trust	30,000	22,500	30,000
Big Lottery Basis	23,436	22,087	28,001
Trust for London	12,083	14,500	14,500
Woodlark Trust	0	11,181	23,819

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Antonia Swinson**

Role within **Director**
Organisation:

323

The City Bridge Trust

Investing In Londoners: Application for a grant



About your organisation

Name of your organisation: Hackney Council for Voluntary Service	
If your organisation is part of a larger organisation, what is its name?	
In which London Borough is your organisation based? Hackney	
Contact person: Mr Jake Ferguson	Position: Chief Executive Officer
Website: http://www.hcvs.org.uk	
Legal status of organisation: Registered Charity	Charity, Charitable Incorporated Company or company number: 1069736
When was your organisation established? 06/05/1997	

Grant Request

Under which of City Bridge Trust's programmes are you applying? Strengthening London's Voluntary Sector
Which of the programme outcome(s) does your application aim to achieve? More organisations with improved capabilities in monitoring, evaluation and impact reporting More organisations with improved skills in financial management
Please describe the purpose of your funding request in one sentence. This project aims to increase the confidence and capabilities of frontline organisations to monitor, evaluate, report on impact and better manage their finances.
When will the funding be required? 06/02/2014
How much funding are you requesting? Year 1: £51,808 Year 2: £52,281 Year 3: £52,761 Total: £156,850

Aims of your organisation:

Promote the voluntary and community sector.

TO PROMOTE ANY CHARITABLE PURPOSE FOR THE BENEFIT OF RESIDENTS OF THE LONDON BOROUGH OF HACKNEY AND SURROUNDING AREAS, (HEREINAFTER CALLED THE AREA OF BENEFIT) AND IN PARTICULAR THE ADVANCEMENT OF EDUCATION, THE PROTECTION OF HEALTH, THE RELIEF OF POVERTY, DISTRESS AND SICKNESS, AND IN FURTHERANCE OF THE SAID PURPOSES BUT NOT OTHERWISE, TO PROMOTE AND ORGANISE CO-OPERATION IN THE ACHIEVEMENT OF THE SAME AND TO THAT END TO PROMOTE AND ORGANISE CO-OPERATION IN THE ACHIEVEMENT OF THE SAME BETWEEN COMMUNITY ORGANISATIONS, VOLUNTARY ORGANISATIONS, STATUTORY AUTHORITIES AND OTHERS AS APPROPRIATE WITHIN THE SAID AREA OF BENEFIT

Main activities of your organisation:

We provide a range of services which include:

- Supporting the sector to develop evidence based approaches that demonstrate impact and measure effectiveness
- Working with local commissioners and decision makers to ensure the social and economic value of the VCS is maximised
- Developing and leading projects which address community needs where there are gaps in local service provision, utilising expertise in local organisations and networks
- Supporting organisations to deliver quality services to the highest standard by offering learning and development opportunities which meet recognised criteria and qualification requirements.
- Providing opportunities for VCS organisations to form partnerships and bid for contracts and funding opportunities as robust, evidence-based consortia
- Supporting the local VCS to co-produce strategies with the public sector which address the needs of the most vulnerable and disadvantaged people of Hackney

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
8	20	7	10

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Leased	2015 with 6 month break

Summary of grant request

1. Need for the project

Hackney's frontline organisations (FLOs) play a key role in providing services to marginalised, poorer communities. Surveys and consultations identify infrastructure needs to meeting the quality and legal requirements for grant funding and commissioning. Only a few have a quality assurance system in place and many are unaware of impact reporting. Survey findings: 100% reported needing support with fundraising and writing funding applications; 72% needed help with managing their finances. Other priorities identified to stabilise their organisations: financial management skills; meeting monitoring requirements; and demonstrating and reporting the effectiveness, quality and impact of their work.

2. Project Delivery

Delivered by our Organisational Development team, working in partnership with CAP, equipping groups with effective financial management skills

1-to-1 surgeries - provide advice and support

Training - associate trainers and CAP

Offsite support - work with group's onsite to co-design and implement bespoke monitoring and evaluation systems

Action Learning Sets - facilitated to embed learning into the workplace

Financial advice and support

3. Project Aims to:

Increase the confidence and skills of FLOs to effectively monitor, evaluate, report on impact and manage their finances.

FLOs will:

- a. Increase their skills and ability to design and implement monitoring and evaluation systems
- b. Recognise the role of monitoring and evaluation in learning and improving performance
- c. Implement an outcomes approach to better demonstrate reporting and impact
- d. Embed good practice to have greater ability to report on performance and impact
- e. Better equipped to manage finances responsibly and be accountable

4. Track Record

Hackney CVS is well known and trusted for running projects helping the sector to develop and thrive. We are committed to fairness and equality. We prioritise the needs of smaller, under-resourced groups and deliver projects to address those needs, e.g. Journey to Success. We have an experienced staff with the appropriate systems in place to ensure project delivery is successful. To empower FLOs we support the continuous professional development of staff and volunteers because we know the 'deficit' model does not work. Our database gathers and collates information about the development needs of the FLOs, yielding valuable information about gaps and how best to respond to meet those gaps.

5. Meeting the Trust's programme outcome

- Taking a targeted approach enabling FLOs to implement and embed user-friendly systems with onsite support
- Strengthening infrastructure of FLOs so that they are confident in monitoring and evaluating their work, ensuring the know-how to report their impact and are operating robust financial systems with transparency and accountability
- Providing one to one surgeries enabling access to detailed advice
- Providing training to make sure these organisations have the most up-to-date policies, procedures in place and understand how best to manage finances

6. Meeting the Trust's 'Principles of Good Practice'

- Cascading benefit - Outreach will show us how FLOs are utilising the support given to their organisations. Direct support to community works/forums, e.g. Health and Social

Care Forum so that they can share the learning with members

- User involvement - Involving FLOs in the development and delivery of this project. FLOs will evaluate the effectiveness of different interventions (1-to-1 advice, training, onsite support) they receive from HCVS and CAP.
- Improving access - We will target smaller, under-resourced disadvantaged groups. With free services addressing the inequality caused by the strategic advantage that larger organisations have because of size
- Sharing learning - The Action Learning Sets will meet regularly; enabling participants to put into practice what they've learned and share with peers. Our OD tools will be available online to be accessible to members.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

not applicable

Do you have a Vulnerable Adults policy? **No**

What Quality Marks does your organisation currently hold?

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

TRAINING - 12 training courses per year x 3 years to provide a total of 60 community organisations with the following skills:

- monitoring and evaluation
- impact reporting
- financial management

1-to-1 SURGERIES

To get advice on implementing M&E, impact and financial systems to 100 identified community organisations

2 days of hourly surgeries to 4 organisations per day = 2 days x 3 surgeries x 40 weeks = 240 surgeries per year x 3 years = 720 total surgeries to be delivered

ACTION LEARNING SETS

Supporting peer-to-peer learning and development and embed the learning from training courses.

These will be held fortnightly and facilitated = 24 per year x 3 years = 72 Action Learning Sets held

ONSITE SUPPORT

To co-design and implement systems, i.e. monitoring and evaluation, impact, financial.

This will be made available to 10 groups on an outreach basis per year x 3 years = A total of 30 groups

FINANCIAL ADVICE AND SUPPORT

Will be delivered by CAP that will help groups to develop and implement financial management systems. Made available through training, one to one surgeries and onsite work.

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

60 FLO's (Frontline organisations) Increase their skills, knowledge and ability to design and implement monitoring and evaluation systems

90 FLO's Recognise the role of monitoring and evaluation in learning and improving performance

60 FLO's Implement an outcomes approach to better demonstrate their social impact

60 FLO's have greater ability to report on performance and impact

60 FLO's gain increased skills and are equipped to manage their finances effectively, efficiently and be financially compliant with legislation and funding regulation.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

No.

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

60

In which Greater London borough(s) or areas of London will your beneficiaries live?

Hackney (100%)

What age group(s) will benefit?

All ages

What gender will beneficiaries be?

All

What will the ethnic grouping(s) of the beneficiaries be?

A range of ethnic groups

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

51-60%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Staff cost	30,408	30,712	31,019	92,139
Delivery partner development cost	7,290	7,290	7,290	21,870
Venue Hire	3,000	3,000	3,000	9,000
Refreshments	700	700	700	2,100
PQASSO Resources	1,200	1,200	1,200	3,600
Publicity	300	300	300	900
Premises and Overheads costs	4,200	4,326	4,456	12,982
Management Cost	4,710	4,753	4,796	14,259
	0	0	0	0

TOTAL:	51,808	52,281	52,761	156,850
---------------	---------------	---------------	---------------	----------------

What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0
	0	0	0	0

TOTAL:	0	0	0	0
---------------	----------	----------	----------	----------

What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0
	0	0	0	0

TOTAL:	0	0	0	0
---------------	----------	----------	----------	----------

How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Staff cost	30,408	30,712	31,019	92,139
Delivery partner development cost	7,290	7,290	7,290	21,870
Venue Hire	3,000	3,000	3,000	9,000
Refreshments	700	700	700	2,100
PQASSO Resources	1,200	1,200	1,200	3,600
Publicity	300	300	300	900
Premises and Overheads costs	4,200	4,326	4,456	12,982
Management Cost	4,710	4,753	4,796	14,259
	0	0	0	0

TOTAL:	51,808	52,281	52,761	156,850
---------------	---------------	---------------	---------------	----------------

Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: March	Year: 2013
-----------------------	---------------------	-------------------

Income received from:	£
Voluntary income	86,552
Activities for generating funds	105,170
Investment income	14,125
Income from charitable activities	898,532
Other sources	0
Total Income:	1,104,378

Expenditure:	£
Charitable activities	1,043,295
Governance costs	26,253
Cost of generating funds	49,326
Other	0
Total Expenditure:	1,118,874
Net (deficit)/surplus:	-14,495
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	0

Asset position at year end	£
Fixed assets	5,006
Investments	0
Net current assets	1,085,125
Long-term liabilities	0
*Total Assets (A):	1,090,131

Reserves at year end	£
Restricted funds	-4,543
Endowment Funds	0
Unrestricted funds	1,094,673
*Total Reserves (B):	1,090,131

* Please note that total Assets (A) and Total Reserves (B) should be the same.

Statutory funding

For your most recent financial year, what % of your income was from statutory sources?
31-40%

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	1,107,239	1,293,729	330,299
London Councils	0	0	0
Health Authorities	88,618	89,471	151,747
Central Government departments	0	0	0
Other statutory bodies	480,811	55,082	4,137

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
Big Lottery Fund	282,635	312,208	119,546
St Katharine & Shadwell Trust	163,079	238,617	0
Community Builders	0	51,709	0
Barts & London Charity	0	0	19,985
Capacity Builders	91,021	0	0

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Mr Jake Ferguson**

Role within **Cheif Executive Officer**
 Organisation:

This page is intentionally left blank

332

The City Bridge Trust

Investing In Londoners: Application for a grant



About your organisation

Name of your organisation: HAVCO	
If your organisation is part of a larger organisation, what is its name?	
In which London Borough is your organisation based? Havering	
Contact person: Mrs. Kim Guest	Position: Chief Executive
Website: http://www.havco.org.uk	
Legal status of organisation: Registered Charity	Charity, Charitable Incorporated Company or company number: 1088267
When was your organisation established? 22/01/2001	

Grant Request

Under which of City Bridge Trust's programmes are you applying? Strengthening London's Voluntary Sector
Which of the programme outcome(s) does your application aim to achieve? More organisations with the skills to improve their volunteer management
Please describe the purpose of your funding request in one sentence. To continue the development of the place of volunteering in Havering to reflect the growing need for frontline services met by the not-for-profit/voluntary sector.
When will the funding be required? 02/06/2014
How much funding are you requesting? Year 1: £51,757 Year 2: £51,921 Year 3: £52,670 Total: £156,348

Aims of your organisation:

1. HAVCO will work to ensure that the voluntary and community sector in Havering is strong, vibrant and informed in order to better benefit from new challenges and opportunities.
2. HAVCO will work with the local voluntary and community sector to ensure they are able to maintain their independence.
3. HAVCO will strive to be a credible and authoritative representative of the voluntary and community sector.
4. HAVCO will not only respond to the needs of the local voluntary and community sector but by keeping awareness of trends and external forces will endeavour to anticipate the needs of the local voluntary and community sector.
5. HAVCO will encourage, facilitate and support the development of sustainable services for the Black and Minority Ethnic Community, Adults, Children and Young People, disabled people, faith groups and communities.

Main activities of your organisation:

1. Provide strategic level representation on issues affecting the local voluntary sector.
2. Develop new projects and support partnerships in order to fill gaps in provision.
3. Develop good publicity and marketing materials to promote the services provided by HAVCO and our members.
4. Provide our services in a way that is accessible to the widest client group and make additional efforts to accommodate the special needs of some of our members.
5. Provide support to groups and organisations in need of suitable premises.
6. Provide a DBS checking service for the staff and volunteers of voluntary and community organisations.
7. Assist in partnerships which aim to regenerate the local community.
8. Provide advice and support with funding applications.
- 10 Recruit and place volunteers in local settings.
11. To support the strategic development of volunteering and volunteer management in the borough
12. Continue to respond to the needs of our users and judge our success by their satisfaction.

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
3	20	7	17

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Leased	3 years

Summary of grant request

We plan that over three years of this project at least 21 organisations will be supported to achieve an Investing in Volunteers accreditation. This will help embed best practice within those organisations when working with local volunteers.

The work will be delivered through training volunteer managers from the Havering Volunteer Manager's Network to improve the policy and practice in their organisations. Offering this service will capture the interest of those small to medium vso's who have not been fully committed to working with volunteers to date. Achieving the quality standard will stimulate their commitment to quality volunteering. The evidence is that where groups achieve a quality mark the general level of performance is raised and confidence grows in the capability of the organisation. The changes needed by organisations to meet the quality standards also encourages better skills and practice throughout the organisation.

The strategy would include training events, peer to peer meetings and the potential for some Action Learning Sets.

This will improve the volunteers' experience within the organisation, leading to sustainability within the placement and fewer recruitments and training as fewer volunteers leave. Working closely as a mentor to each organisation we will be able to capture evidence of improved outcomes within the organisation; help them overcome obstacles, capture and share learning between the organisations through peer to peer and mentoring support and through articles in our newsletter and on our website in order that all of the 550+ organisations on our database can benefit from the programme.

As the local Volunteer Centre in the borough, we have achieved the VCQA standard of good practice for our own work and wish to build on that in our work with the volunteering involving organisations where we place volunteers. Customer surveys have identified that local volunteer managers primarily look to Havco for their support needs. We co-ordinate the Havering Volunteer Manager's Network and respond to the support needs of those managers. Many Volunteer managers tell us that have no previous experience of management or working with volunteers except as a volunteer themselves and there is a local need to upskill the workforce in order that quality is embedded within their organisation. Many of the volunteers who present have a disability or mental health condition requiring particular support and time spent with them in order that they can participate. We aim to develop principles of best practice and customer care for when managers are working with volunteers with additional support needs in order that volunteering can be an inclusive activity.

In recent years we have seen a significant increase in the number of volunteers offering themselves with the increase in local unemployment due to the economy and this has stretched our resources in the type of support we are able to offer to both the traditional clients of the Volunteer Centre and those new groups working with volunteers for the first time. Those volunteers seeking work tend to only stay with a voluntary position until they are able to find paid work. Even in these time limited experiences of volunteering, if that experience is positive and useful links are made, it is more likely that an ongoing connection with the organisation can be established.

Additionally we are being offered the opportunity to host corporate volunteering days and we need to ensure these volunteers also have a productive experience. As we develop best practice within our own organisation we are learning alongside our member organisations. We need to develop our services and improve our practice in order that all of our membership can benefit and that will affect the local community.

455
If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? **No**

What Quality Marks does your organisation currently hold?

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

Training and mentoring the volunteer managers of at least 15 organisations to achieve the Investing in Volunteers quality accreditation through training, peer mentoring and Action Learning sets.

Developing materials, policies and learning from the programme to support the achievement of the standard to be shared with those going through the standard but also those who want to use the materials in a less formal way. These will be available on our website after the project stops.

Cascading best practice learned through the programme to all volunteering involving organisations in Havering through newsletter articles in 4 issues per year, information sharing at least monthly and website resources to be developed throughout the lifespan of the project including references to other sources of support.

Increasing the number of organisations who attend and benefit from the Havering Volunteer Manager's Forum, letting the participants drive and set the agenda in order that the issues are live and relevant.

236
What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

Easy access to best practice will fit the needs of each organisation to help reduce the drop out rate. This will reduce the time needed to achieve the standard and the number of organisations which do not complete the process.

Resources - There will be a wider range of support documentation for local groups in relation to supporting volunteers.

This will be explored in the forum meetings to ensure there is awareness of the resource and practical support.

Training and mentoring. We expect that there will be an increase in the number of volunteers who have a positive experience of volunteering and more sustainability in placements.

More effective results in seeking funding and contracting for services will be tracked on the assumption that confidence in doing the quality mark will feed through into activities.

Policy development - the number of groups who amend or improve their policies to match best practice.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

Through continued fundraising and income generation if the need still exists

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

100

In which Greater London borough(s) or areas of London will your beneficiaries live?

Havering (92%)

Barking & Dagenham (4%)

Redbridge (4%)

What age group(s) will benefit?

All ages

What gender will beneficiaries be?

All

What will the ethnic grouping(s) of the beneficiaries be?

A range of ethnic groups

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

11-20%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Staff costs	38,683	39,264	39,853	117,800
Support costs	2,100	2,132	2,164	6,396
Building costs	1,984	2,014	2,044	6,042
Set up costs (new PC)	500	0	0	500
Management fee including evaluation	6,490	6,511	6,609	19,610
project costs, venues, printed materials, assessment costs	2,000	2,000	2,000	6,000
	0	0	0	0
TOTAL:	51,757	51,921	52,670	156,348

What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
None	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	0	0	0	0

What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
None	0	0	0	0
	0	0	0	0
TOTAL:	0	0	0	0

How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Staff costs	38,683	39,264	39,853	117,800
Support costs	2,100	2,132	2,164	6,396
Building costs (rent & heating)	1,984	2,014	2,044	6,042
Set up costs (new PC)	500	0	0	500
Management fee	6,490	6,511	6,609	19,610
Project costs etc	2,000	2,000	2,000	6,000
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	51,757	51,921	52,670	156,348

Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: March	Year: 2013
-----------------------	---------------------	-------------------

Income received from:	£
Voluntary income	0
Activities for generating funds	0
Investment income	5,049
Income from charitable activities	556,566
Other sources	0
Total Income:	561,615

Expenditure:	£
Charitable activities	703,611
Governance costs	9,322
Cost of generating funds	0
Other	0
Total Expenditure:	712,933
Net (deficit)/surplus:	-151,318
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	151,318

Asset position at year end	£
Fixed assets	4,729
Investments	0
Net current assets	548,870
Long-term liabilities	0
*Total Assets (A):	553,599

Reserves at year end	£
Restricted funds	297,306
Endowment Funds	0
Unrestricted funds	256,293
*Total Reserves (B):	553,599

* Please note that total Assets (A) and Total Reserves (B) should be the same.

Statutory funding

For your most recent financial year, what % of your income was from statutory sources?
81-90%

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

We have closed our Community Accountancy service due to grants being discontinued

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	228,016	529,523	256,541
London Councils	89,395	33,523	0
Health Authorities	54,000	54,000	54,000
Central Government departments	34,900	6,536	0
Other statutory bodies	382,348	188,921	153,159

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
Trust for London	0	0	21,500
Big Lottery (Basis)	46,528	0	0
	0	0	0
	0	0	0
	0	0	0

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Kim Angela Guest**

Role within **CEO**
Organisation:

This page is intentionally left blank

141

The City Bridge Trust

Investing In Londoners: Application for a grant



About your organisation

Name of your organisation: Timebanking UK	
If your organisation is part of a larger organisation, what is its name?	
In which London Borough is your organisation based? Outside London	
Contact person: Mrs. Sarah Bird	Position: CEO
Website: http://www.timebanking.org/	
Legal status of organisation: Registered Charity	Charity, Charitable Incorporated Company or company number: 1101204
When was your organisation established? 16/12/2003	

Grant Request

Under which of City Bridge Trust's programmes are you applying? Strengthening London's Voluntary Sector
Which of the programme outcome(s) does your application aim to achieve? More organisations with improved capabilities in monitoring, evaluation and impact reporting More organisations with improved skills in financial management
Please describe the purpose of your funding request in one sentence. Supporting London Time Banks to be more sustainable through collaboration, robust evidence and quality marks and training, encouraging growth and development of the network.
When will the funding be required? 01/09/2014
How much funding are you requesting? Year 1: £50,048 Year 2: £42,310 Year 3: £39,729 Total: £132,087

342

Aims of your organisation:

Timebanking UK is the national umbrella charity linking and supporting timebanking across the country by providing inspiration, guidance and practical help. We provide support, advice, guidance, resources and training to anyone interested in starting up community time banks or to those who want to incorporate timebanking into organisations. We also offer operational support and project management for the implementation of timebanking across larger geographical areas.

Timebanking UK's mission is to ensure the contribution of all is valued equally giving people access to a wealth of resource from across private, public and community sectors. Timebanking is a key mechanism to bring about change in public services, at community level and between organisations.

Timebanking links people to share their time and skills. Everyone's time is equal: one hour of help earns one time credit to spend when you need it. Timebanking breaks down barriers and encourages collaboration and co-operation between people and organisations sharing skills, resources and time.

Main activities of your organisation:

Our activities include support for both our members and the wider sector.

Membership Support:

- Supporting the development of new time banks
- Developing regional networks of time banking to share local expertise, best practice, training, capacity and advice.
- Membership support for time banks (resources, training and paid mentoring opportunities).
- Bespoke Time On Line timebanking software
- Bi- monthly learning events

Support for Members and Wider Sector:

- Training, guidance and toolkits to support the development of time banks: initial development; specialist areas (safeguarding, asset mapping etc.); thematic support (older people, working in prisons etc.) and development of regional hubs.
- Working with organisations to seed the time banking approach into their their mainstream service delivery, ensuring their services are co-produced.

There are currently 310 time banks in the UK covering Wales, N Ireland, Scotland and England, involving 20,000 people timebanking who have generated over 1.3 million hours of support for each other.

Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
1	3	6	2

Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Leased	Annual rolling agreement

Summary of grant request

We are seeking funding to develop the London Time Banking Network to ensure that it becomes sustainable, focusing on collaboration between time banks, creating an evidence base and quality mark and improving volunteer management through training.

NEED

There are currently 66 time banks in London, covering 26 boroughs and reaching 9,000 people. Most of the time banks are small charities and community organisations. The majority have less than one full time member of staff and a turnover of less than £250,000 (with many having a turnover of less than £100,000).

In June and October 2013 we consulted with 35 time banks about their needs, and they told us that they want to see the London network developing and providing:

- Buddying and mentoring
- Networking both boroughs and time banks of similar interest with software
- The introduction of a quality mark which will enable them to gain funding and credibility
- New ways to raise funds and create social enterprise
- Ways in which time bank members can take more control over their own time exchanges, logging of hours and giving feedback thus freeing up the essential time of the Broker/co-ordinator for more strategic development work
- Sharing of best practice and evaluation processes, toolkits and impact measuring tools in a written guide
- Partnership working with national and corporate organisations
- Updated research and evidence on the health and wellbeing benefits of timebanking

ACTIVITIES

As a result of consultation with the time banks we want to focus on three key aims:

- Encouraging knowledge sharing across time banks (with a view to greater collaboration and sustainability)
- Producing evidence to support impact and quality (with a view to sustainability)
- Providing easy to use, free of charge software which will benefit local people, time banks and communities by networking everyone (breaking down competitive barriers and promoting collaboration)
- Improving volunteer management, organisational sustainability (such as social enterprise) and increasing co-production (with a view to improved experience of individuals and managers)

We will deliver this work through:

- Our core team of staff
- Existing Time Brokers who work as our Associates and have been identified as having specialist skills and have been trained by TBUK

TIME BANKING UK

As the national organisation representing time banks and the host of the existing London Network, we believe that we are the right organisation to undertake this work. Since 2008, we have grown the network from 30 time banks in 9 London Boroughs to 66 time banks, covering 26 boroughs. We have contracts working with a number of London Boroughs to develop time banking practice.

CITY BRIDGE PRIORITIES

Our work fits with the City Bridge priority 9: Strengthening London's Voluntary Sector in that it will:

- Enable time banks to improve their volunteer management
- Enable 66+ time banks to develop an evidence base including impact reporting and share common monitoring systems
- Improve financial management in **Page 63** including collaboration to secure

funding and developing social enterprise

We meet the PRINCIPLES OF GOOD PRACTICE THROUGH:

- Monitoring the impact of our support to time banks through the growth of time banks, engagement in the network and annual feedback questionnaires from all time banks
- Co-producing our services with time banks and participants, and responding to their feedback and emerging needs so that we can continue to develop both our services and our approach
- Working with a wide range of organisations in London from small community groups to Local Authorities to ensure full access to our support and sharing our learning with the sector

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

N/A

Do you have a Vulnerable Adults policy? **No**

What Quality Marks does your organisation currently hold?

Outputs and outcomes

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

1. Collaboration and Knowledge Sharing

6 Network meetings per annum, reaching 120 organisations, groups and businesses

Information sharing systems established (expertise, findings etc.) involving 300 organisations

Buddying set up involving 100 organisations

2. Evidence Base and Quality Mark

Full evaluation of London time banks and common monitoring systems, establishing robust (and easily updated) evidence base, involving 40 organisations

Development of Capital Time Bank quality mark focusing on volunteer management, monitoring, etc. linked to above systems

3. Investing in Expertise

6 training courses per annum, reaching 75 organisations

Training to focus on volunteer management, lone working and safeguarding, social enterprise, fundraising and quality and evaluation (linked to quality mark) and co-production through collaboration

576
What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

1. Collaboration and Knowledge Sharing

Time banks increase sharing of learning and ideas, resulting in stronger time banks with greater collaboration and sharing of expertise. Greater collaboration will result in greater sustainability

2. Evidence Base and Quality Mark

Time banks have evidence of quality systems and impact and improved 'case for support' to engage stakeholders, improving sustainability

3. Investing in Expertise

Improved management of volunteers and improved management systems and greater understanding of achieving sustainability through co-production

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

The project focuses on the sustainability of the network and individual time banks

- **Promoting collaboration through information sharing using IT, social media, and written reports**
- **Providing an evidence base and quality mark to engage a range of stakeholders and funders, particularly corporates and commissioners**
- **Developing the expertise of time banks**

Who will benefit?

About your beneficiaries

How many people will benefit directly from the grant per year?

260

In which Greater London borough(s) or areas of London will your beneficiaries live?

London-wide (100%)

What age group(s) will benefit?

All ages

What gender will beneficiaries be?

All

What will the ethnic grouping(s) of the beneficiaries be?

A range of ethnic groups

If Other ethnic group, please give details:

What proportion of the beneficiaries will be disabled people?

21-30%

Funding required for the project

What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Management (TBUK CEO, 5 hours per week)	4,931	5,079	5,232	15,242
Project Manager (new post, 0.4 FTE)	10,500	10,815	11,139	32,454
IT Manager (0.2 FTE - development and training)	5,478	5,642	5,811	16,931
Admin and Finance Manager (0.1 FTE)	2,739	2,821	2,906	8,466
Recruitment and Staff Expenses	2,000	1,030	1,061	4,091
Software development, Quality Mark and Mentoring	6,200	2,266	2,334	10,800
Training, Network Meetings & Events (venues, trainers)	6,300	6,489	6,684	19,473
EvaEvaluation, Evidence, Impact Assessment, Sustainability Plan	8,000	8,240	8,488	24,728
Publicity & Office Costs	3,900	2,987	2,045	8,932
TOTAL:	50,048	45,369	45,700	141,117

What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	0	0	0	0

What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
Miller Philanthropy	2,500	2,500	0	5,000
	0	0	0	0
	0	0	0	0
	0	0	0	0
TOTAL:	2,500	2,500	0	5,000

How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Management (TBUK CEO, 5 hours per week)	4,931	5,079	5,232	15,242
Project Manager (new post, 0.4 FTE)	10,500	10,815	11,139	32,454
IT Manager (0.2 FTE - development and training)	5,478	5,642	5,811	16,931
Admin and Finance Manager (0.1 FTE)	2,739	2,821	2,906	8,466
Recruitment and Staff Expenses	2,000	1,030	1,061	4,091
Software development, Quality Mark and Mentoring	6,200	1,266	1,000	8,466
Training, Network Meetings & Events (venues,	6,300	4,430	4,080	14,810

845

trainers)				
EvaEvaluation, Evidence, Impact Assessment, Sustainability Plan	8,000	8,240	7,500	23,740
Publicity & Office Costs	3,900	2,987	1,000	7,887
TOTAL:	50,048	42,310	39,729	132,087

Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: March	Year: 2013
-----------------------	---------------------	-------------------

Income received from:	£
Voluntary income	0
Activities for generating funds	30,448
Investment income	258
Income from charitable activities	148,693
Other sources	0
Total Income:	179,399

Expenditure:	£
Charitable activities	340,207
Governance costs	39,645
Cost of generating funds	0
Other	0
Total Expenditure:	379,852
Net (deficit)/surplus:	-200,453
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	-200,453

Asset position at year end	£
Fixed assets	2,517
Investments	0
Net current assets	75,458
Long-term liabilities	-49,789
*Total Assets (A):	28,186

Reserves at year end	£
Restricted funds	27,077
Endowment Funds	0
Unrestricted funds	1,109
*Total Reserves (B):	28,186

* Please note that total Assets (A) and Total Reserves (B) should be the same.

Statutory funding

For your most recent financial year, what % of your income was from statutory sources?
31-40%

Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

We have a new management structure and board of Trustees, with revised financial policies and procedures. This improved company structure has meant that in the past 5 months we have secured new partnerships and funding, enabling the organisation to move into a more stable position. We continue to be optimistic about the future and have a revised Business Plan which is attached.

Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	0	0	0
London Councils	0	0	0
Health Authorities	0	0	0
Central Government departments	102,448	55,372	55,372
Other statutory bodies	0	800	0

Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
Royal British Legion	170,416	0	0
Dunhill Medical Trust	42,378	32,065	21,771
City Bridge Trust	38,500	42,750	8,250
NESTA	0	32,500	150,000
Southern Housing	0	0	30,000

Declaration

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: **Sarah Bird**

Role within **CEO**
Organisation: